

Title (max 20 words)

First Author¹, Second Author², Third Author¹ (Presenting Author*)

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Abstract (maximum 500 words; Times New Roman 12; 1.5 spacing; no tables/figures/photos; avoid abbreviations)

Background:

[Write 1–2 sentences on context and rationale.]

Objectives:

[State primary aim(s) / research question(s).]

Methods:

[Design; setting; participants/data; measures; analysis; ethics approval if applicable.]

Results:

[Report key findings with essential numbers.]

Conclusion:

[Main conclusion and implications for health literacy.]

Keywords:

[3–7 keywords, alphabetical order]