Tab 1



CARBONDALE MIDDLE SCHOOL

Palabra Semanal Abierta En Español



Link to 90 second Color Games video from Thursday!

Bell Schedule

Blue/Gold Calendar

Bus Routes

CMS Website

Food Menu

Athletics

District Calendar

School Fees

Infinite Campus

Remind

Habits of a Scholar

Schoology

Monday 11/10	☐ Kicking off Aspen Words Poetry Week in ELA Classes!		
Tuesday 11/11	(8th home/7th Away) 4:30PM		
Wednesday 11/12	Basketball Sports Photos Coaches will have order forms or Click Here to Order Online		
Thursday 11/13	Homework Help 3:15-4:00 FREE Register		
Friday 11/14	Aspen Words Poetry Assembly All Grades - Assembly Schedule 6-8:30pm 7/8th Grade "Country" Dance for *eligible students *at school all day and not on a behavior contract		
Coming up	□ 11/17 7th Graders PreCollegiate Information Session during Lunch and Recess □ 11/17 - ½ of 8th grade to Rock Bottom Ranch □ 11/18 - ½ of 8th grade to Rock Bottom Ranch □ 11/19 & 11/20 CREW Gratitude & Hot Chocolate Lesson 12/1-12/2 SEL survey during Crew □ 12/10 7th Graders Precollegiate Application Day during Lunch and Recess □ 12/1-12/18 - Panorama Student Survey □ 12/18 Trombone Shorty performance and Assembly		

From Principal, Mr. Logan...

Dear CMS families,

By now, you should have received a paper letter explaining the upcoming survey called the Behavior Assessment System for Children (BASC) that students will take in the first week of December. This survey provides helpful data that allows our student support team to assist students in specific social and emotional areas where they might need support, and it also informs teachers and counselors about students' social and emotional strengths. Here is a digital copy of the <u>letter</u> that was sent home. If you wish to opt out of this survey, please send an email to our counselor, Lindsay Selig, at <u>lseliq@rfschools.com</u>.

Michael Logan

From Ms. Porter, Dean of Culture...

Some date reminders!

1. **Monday, November 10th:** The start of Trimester 2! This is a perfect opportunity to help your student set new goals, help organize their binder, and ask them what other things might help them start strong for trimester 2. Parents can use the Infinite Campus button (always linked at the top of Weekly Word) to find their student's 2nd trimester specials classes.

Infinite Campus

- 2. **7th and 8th Grade Dance on Friday, November 14, 2025 from 6-8:30**: This dance is for 7th and 8th grade CMS students only and is themed The Country Dance. The WEB leaders are planning all of the decor, food, and games. Entry to the dance is \$5 and there will be food, games, and drinks for sale. Your student must be at school the entire day of the dance and not on a behavioral contract. We will have several CMS staff chaperoning the dance.
- 3. School-Wide Gratitude Lesson on Wednesday, November 19 (5th/6th) or Thursday, November 20, 2025 (7th/8th): WEB Leaders will deliver hot chocolate or apple cider while students participate in a gratitude activity in crew!



Thanks, Sara Porter

Sara H. Porter CMS Dean of Culture sporter@rfschools.com pronouns: she/her/ella

Counseling Corner



Kindness as a Strength

Kindness is powerful—it builds friendships, reduces conflict, and creates a positive school environment. Challenge your student to complete one small act of kindness each day this week, whether it's holding the door, sharing a compliment, or helping a peer. These small actions often have ripple effects, inspiring others to be kind as well. When kindness becomes a habit, it strengthens communities and boosts students' self-esteem too.

Lindsay Selig School Counselor, MA, LPCC (970)384-5713 • <u>Iselig@rfschools.com</u>

Pronouns: she/her

Ali Silcox

School Counselor, MA, LPC, NCC 970-384-5735 || <u>asilcox@rfschools.com</u> ||

Pronouns: she/her



Athletic Info

Basketball Photo Day- Wednesday, Nov 12

Coaches will have order forms or Click Here to Order Online





Click here if you'd like to donate

to new track uniforms for CMS Track & Field



Physical Forms: English Spanish

Fees: Complete this form for reduced fees (confidential!)

\$50 for CMS Students, \$75 for non-CMS Students

Jason Kreiling

CMS STEM Teacher & Athletic Director

kreiling@rfschools.com

Connect with CMS

□ Roaring For Precollegiate

November 17th: PreCollegiate Information Session during Lunch and Recess for 7th Graders December 10th: Precollegiate Application Day during Lunch and Recess for 7th Graders



☐ Homework Help - *Thursdays from 3:15-4:00 pm* FREE!

Register Here or in front office



Homework Help

Need a little extra help with homework? Join FREE Homework Help, where you'll get the support you need to tackle tough assignments, stay ahead in class, and feel confident in your work. Sign up today and take the first step toward success!



Visit accessafterschool.org to sign up!
FREE, 3:15-4:15 Thursdays

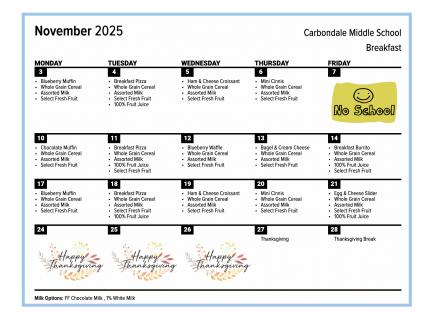
Contact Alondra Zepeda for any questions or help signing up! alondra@accessafterschool.org 970.281.5437



Starts Sept 4th

District News

RFSD School **Meal Menus** <u>HERE</u> or click calendars below.



November 2	2025	Carbondale Middle School		
			Lunch	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
adia Entrée Choices: Mac & Cheese DR Yogurt Parfait DR Ohef Salad Side Choices Include: Salad Bar Variety 1% Lowfat Milk	Main Entrée Choices: Birria Tacos (Pork) OR Uncrustables (PB&J) OR C hef Salad Side Choices Include: Salad Bar Variety 7% Lowfat Milk	Main Entrée Choices: - Crispy Chicken Sandwich OR - Oven Toasted Cheese Sandwich OR R Salad Side Choices Include: - Salad Bar Variety - 1% Lowdat Milk	6 Main Entrée Choices: Bean & Cheese Pupusa OR Turkey & Cheese Silder OR Chef Salad Side Choices Include: Salad Bar Variety 1% Lowfat Milk	7 No School
Alin Entrée Choices: Chicken Drumstick New Yogurt Parfait Buffalo Chicken Salad idde Choices Include: Salad Bar Variety 1% Lowfat Milk	Main Entrée Choices: - Walking Tacos OR - Uncrustables (PB&J) OR - Buffalo Chicken Salad Side Choices Include: - Salad Bar Variety - 1% Lowfat Milk	Main Entrée Choices: French Toast Sticks w/Sausage OR Oven Toasted Cheese Sandwich OR Buffalo Chicken Salad Side Choices Include: Salad Bar Variety 1% Lowfat Milk	Main Entrée Choices: - Chicken Posole OR - Turkey & Cheese Silder OR - Buffalo Chicken Salad Silde Choices Include: - Salad Bar Variety - 1% Lowfat Milk	Main Entrée Choices: - Big Daddy's Pepperoni Pizza OR - Big Daddy's Cheese Pizza OR - Buffalo Chicken Salad Side Choices Include: - Salad Bar Variety - 1% Lowfat Milk
Main Entrée Choices:	THANKSGIVING MEAL Roasted Turkey Mashed Potatoes Cinnamon Apples Dinner Roil Pumpkin Bar	Main Entrée Choices: Hot Dog on a Bun OR Oven Toasted Cheese Sandwich OR Chef Salad Side Choices Include: Salad Bar Variety 1% Lowder Milk	Main Entrée Choices: Mandarin Orange Chicken With Steamed Brown Rice OR Chef Salad Side Choices Include: Salad Bar Variety 1% Lowfat Milk	Main Entrée Choices: Big Daddy's Pepperoni Pizza OR Big Daddy's Cheese Pizza OR C Chef Salad Side Choices Include: Salad Bar Variety Salad Bar Variety Salad Bar Variety
Happy =	25 Happy	26 Happy	27 Thanksgiving	28 Thanksgiving Break

Community Partnerships



TACAW has a fun new after-school program for middle schoolers

The Jokester's Journey — A One-Week Comedy Workshop for 6th-8th Graders

Dates: November 10–14
Time: 4:15–5:45 PM

Location: TACAW (400 Robinson Street, Willits)

\$ Cost: \$150 for the week or \$30/day drop-in. Scholarships available here

Registration and details: HERE

Featured NOVEMBER 19 @ 6:00 PM - 7:30 PM

Doktor Kaboom: Under Pressure!

Wheeler Opera House 320 E Hyman Ave, Aspen, CO, United States

Join Doktor Kaboom for "Under Pressure!" — a high-energy blend of science, comedy, and life lessons. This interactive show explores the physics of pressure while delivering empowering messages about mental and emotional resilience. Perfect for families and students, it's a fun and educational experience that inspires laughter and learning.



Wheeler Student Matinee: **Doktor Kaboom: Under Pressure!**

Date: Thursday, November 20th

Time: 10:00–11:00 AM

Location: Wheeler Opera House

Recommended Grades: 3rd-5th (also suitable for 6th grade)

HAZELDEN BETTY FORD CHILDREN'S PROGRAM

The Hazelden Betty Ford Children's Program is providing a free, 3-day substance-use prevention group for kids in 1st-8th grade. This evidence-based group is designed specifically for families with a history of substance use and has been serving children and families in Colorado for 20 years.

EVENT DETAILS

- Join us at: Glenwood Springs Middle School
- Friday (12/5), 4pm-7pm
- Saturday (12/6), 9am-2pm
- Sunday (12/7), 9am-2pm
 - Caregivers are invited for lunch, information session, and graduation ceremony on Sunday, 11am-2pm
- Meals provided
- Interpretation upon request

For more information, Contact Bridget Derkash at Bridget@aspenhopecenter.org





GROUP BENEFITS:

- Helps kids understand that a loved one's substance use is not their fault
- Teaches age-appropriate facts about

 addiction, recovery, and healthy
 choices
- Provides a safe space to share

 feelings and connect with peers who
 understand
- Builds confidence and coping skills to manage stress and emotions
- Strengthens family communication and understanding

REGISTER HERE





JAS Community Paint Day

Noll Up Your Sleeves and Be Part of Something Special! Join us for a community art experience for all ages! Grab a smock and help bring the Paul JAS Center mural to life by painting parts of the mural with co-artists Miriam Singer and Chris Erickson.

When completed, each painted square will come together to form a stunning mural at the Paul JAS Center, 422 E Cooper Ave, Aspen, CO 81611.

Come create, connect, and color our community!



WHEN

Sunday, November 16, 2025 Two Paint Sessions: 11:00 AM – 12:30 PM 1:30 PM – 3:00 PM

WHERE

Third Street Center – Community Hall 520 S 3rd St, Carbondale, CO 81623



RSVP HERE

COMMUNITY PAINT DAY RSVP



Need a little extra help with homework? F Join FREE Homework Help. where you'll get the support you need to tackle tough assignments, stay ahead in class, and feel confident in your work. Sign up today and take the first step toward success! 🎉

Starts Sept 4th

Visit accessafterschool.org to sign up! FREE, 3:15-4:15 Thursdo Contact Alondra Zepeda for any questions or help signing up! 970.281.5437

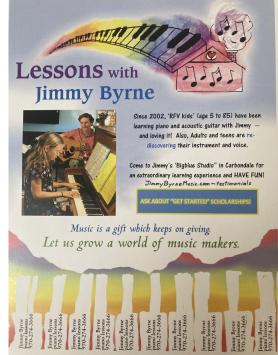
> Thursdays after school 3:15-4:00, FREE Register Here or in front office





Info@brainfuse.com





Nov 10 & 17





Roaring ForkFC.com/beginners

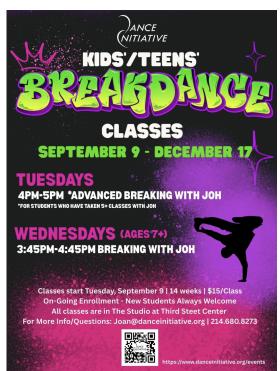




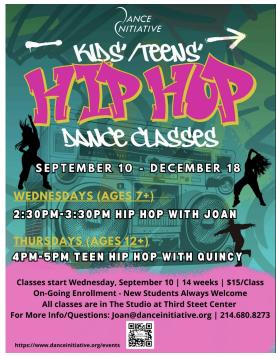
NOW ACCEPTING APPLICATIONS FOR FALL 2026



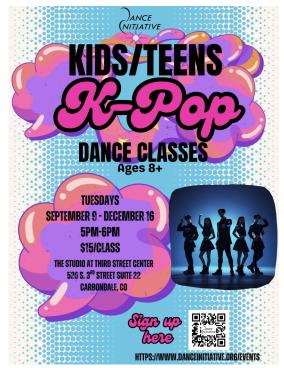




https://www.danceinitiative.org/events





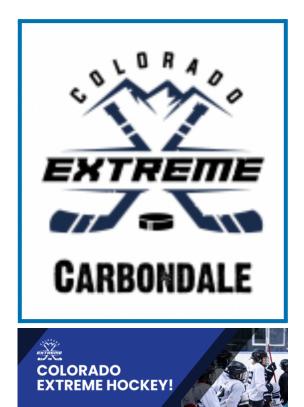


https://www.danceinitiative.org/events





Roaring Fork Cycling







troop242.org
Join:
beascout.scouting.org





www.teamavsc.org

www.teamavsc.org

Visit the GRAND OPENING of our **ONLINE CMS STORE**

For a limited time, enjoy 20% OFF with code SPIRIT20

Shop CARBONDALE MIDDLE SCHOOL Sideline Store



Shop CARBONDALE MIDDLE SCHOOL Sideline Store









Follow us on <u>Facebook</u> <u>Instagram</u>

CMS Webpage

Have an item to share in the parent newsletter?