

M4 Kenya meeting transcript 02.12.24

1 "Sunny Watts" (1655479296)

00:00:00.000 --> 00:00:32.206

Here we go. Okay, so welcome to our information meeting about this really exciting opportunity. Many of you I'm sure know Mr. Isabelle Giles Isbel, who's head of M four and five, and also we have Sophie Roy with us today from Camps International, which is this amazing organization that we're partnering with for this opportunity.

2 "Sunny Watts" (1655479296)

00:00:32.206 --> 00:00:51.690

I just, before we start, I just a quick question for the parents, have you ever done any volunteer work abroad? No.

3 "Sunny Watts" (1655479296)

00:00:51.690 --> 00:01:08.700

No, ok. Just wanted to just to get a sense of where we were on that. So as you know, part of the.

4 "Sunny Watts" (1655479296)

00:01:08.700 --> 00:01:28.700

Part of the IB program is international mindedness. You know that that big circle with all of the different elements we have in the middle, we have action and service and on the bottom in blue, different from everything else is international mindedness, and it really is.

5 "Sunny Watts" (1655479296)

00:01:28.700 --> 00:01:45.180

Something that we are trying to make happen a bit more than we have in the past. And after a lot of discussion, we thought that it would be really wonderful to.

6 "Sunny Watts" (1655479296)

00:01:45.180 --> 00:02:01.860

Offers some service opportunities for our students that are a little bit beyond a bake sale, which is, you know, what we see a lot of in the M one to five. And while those are wonderful initiatives, we want to make.

7 "Sunny Watts" (1655479296)

00:02:01.860 --> 00:02:21.860

Opportunities that are a bit deeper and really more connected and helping our students see the world from a different place. So I know as I speak to you as the experiential learning coordinator, as a teacher, as a mentor, and I understand.

8 "Sunny Watts" (1655479296)

00:02:21.860 --> 00:02:42.860

Understand that there is a huge value in looking at things in a different way, seeing things from a different set of eyes, a new set of eyes, a different perspective, and really going beyond the curriculum because we do a lot of trips that are correct connected.

9 "Sunny Watts" (1655479296)

00:02:42.860 --> 00:03:04.700

To the curriculum directly, and those enhance their learning. But an experience like this is really something that can transform their development in a different way. I think that there, there is value in going to a European capital and going to museums and doing workshops there and those are wonderful.

10 "Sunny Watts" (1655479296)

00:03:04.700 --> 00:03:28.640

Opportunities. This is really something that can broaden their perspective and and nurture a sense of purpose. And so, you know, I I speak to you tonight as, you know, a coordinator and a mentor and a teacher, but really in my heart of hearts, I'm speaking to you as a mom, also.

11 "Sunny Watts" (1655479296)

00:03:28.640 --> 00:03:58.160

My kids also go to the school and so I feel like this type of trip is really important because they provide my children, our children with these transformative experiences that can really shape their character and and broaden their understanding of the world. So I just wanted to offer that to you to understand a bit of the reason why we.

12 "Sunny Watts" (1655479296)

00:03:58.160 --> 00:04:15.150

Chosen to, to offer an experience like this. A little bit later I will talk about service action and the importance of service action, what it is and also.

13 "Sunny Watts" (1655479296)

00:04:15.150 --> 00:04:46.758

That, on 10 December, there's an information meeting about services action to understand deeper the seven different elements of it and how this connects directly to all of those seven elements which in M four and five, each student needs to kind of tick those boxes two times and so a trip like this really helps them move forward in, in accomplishing that goal. So I will stop talking, I'll pass it on to you Gile.

14 "Giles Isbell" (3735899648)

00:04:46.758 --> 00:05:07.429

Thank you. Thank you. Good evening everybody. Thank you Sonny for organizing this this session for all of us to to discuss and for all of you as parents to to consider this, this, this new approach and and thank you Sophia for in a moment sharing with us the the intro.

15 "Giles Isbell" (3735899648)

00:05:07.429 --> 00:05:26.909

Of, of, of camps, internationals, expeditions. But you know, I, I I want to start by saying that I really think that that these trips matter, they matter enormously and as, as head of program, I think it's, it's it's really important that.

16 "Giles Isbell" (3735899648)

00:05:26.909 --> 00:05:46.909

That our residential trips are, are meaningful and they're memorable. And, and what we're doing here at H farm is actively attempting to change the focus of our trips as, as, as Sonny has, has touched upon, so that they, they.

17 "Giles Isbell" (3735899648)

00:05:46.909 --> 00:06:12.229

They they really do embody the the the the meaning of internationalism, but also so that they align with the IB mission statements and I'm going to quote this to you. The international backlari aims to develop inquiring knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect.

18 "Giles Isbell" (3735899648)

00:06:12.229 --> 00:06:45.289

And of course we do that in the classroom, and we attempt in different ways to do that each and every day that your children come to school. But what better way to do that than through these trips that are designed to be really immersive? It's a 2047 experience for the students, and what they will get to do is to see some of these global challenges up close. They'll be able to smell and see and understand at a, at a level and to really understand the complexity.

19 "Giles Isbell" (3735899648)

00:06:45.289 --> 00:07:05.289

Of some of the challenges that the the the the the world, has to, has to to deal with. But importantly what they will also do with with our trip to proposed trip to Kenya is is they'll start to understand their.

20 "Giles Isbell" (3735899648)

00:07:05.289 --> 00:07:39.199

Their their active role as as as contributors to solutions because that's what I'm really interested in. And that's where I feel that these trips, these meaningful trips, really come into their own. Now when students will engage with the communities that they visit and they'll visit a number of communities on their, on their journeys overseas, they're not just learning about the world, they're learning with the world. And I think that's such an important point to stress to you if you're concerned about.

21 "Giles Isbell" (3735899648)

00:07:39.199 --> 00:08:04.909

Your children traveling to so far away from home. We're doing it for such a good reason. And I feel that, you know, not only is as the, the head of program, but like Sonny mentioned I feel that as a parent, very strongly that I want my children somehow to, to connect with the world that they are gonna go and live in, not just within the school, how better to connect them with the place that they're going to live.

22 "Giles Isbell" (3735899648)

00:08:04.909 --> 00:08:32.749

Been working than for them to visit without you somewhere somewhere more far flung, should I say. Now, I've been to Africa a number of times, I've been to South Africa, I've been

to the east and west and the north of Africa and I've always felt, not only welcome but safe, I've visited rural communities and I've visited cities.

23 "Giles Isbell" (3735899648)

00:08:32.749 --> 00:08:52.999

And I've always loved the, the diversity that the Africa has to offer, but I want to just talk to you briefly about my relationship with, with camps because it's it's through Camps International that I did my 1st service learning trip.

24 "Giles Isbell" (3735899648)

00:08:52.999 --> 00:09:13.669

Or expeditions as they're known, I did three of those to to in in Asia to rural Cambodia, one of which I led, and we we amongst lots of things that we did that were enormously memorable, specifically. I just wanted to talk to you about eco toilets and I'm gonna.

25 "Giles Isbell" (3735899648)

00:09:13.669 --> 00:09:42.229

Share my screen with you, and I'm just gonna show you some pictures if I can share my screen just to give you an idea of the sorts of things that we got up to. Can you see my screen? Good. The 1st pictures that you can see are students being tested making, this was a one day activity making.

26 "Giles Isbell" (3735899648)

00:09:42.229 --> 00:10:07.279

To carriers for communities to store drinking water. They oops, I also, this specifically is what I want to show you and how our students will not only be involved in in the communities that they have they visit and get to know the people.

27 "Giles Isbell" (3735899648)

00:10:07.279 --> 00:10:32.599

People during the time that they're visiting these communities, but they will in in rural Cambodia, they were, as you can see here, getting dirty, working hard, understanding the importance not only understanding how people live in other parts of the world, but also doing something to make a difference, and in this instance, it was.

28 "Giles Isbell" (3735899648)

00:10:32.599 --> 00:10:52.849

Not just building toilets but also digging the students made these concrete inserts. The only thing they didn't make were the bricks or the plastic piping, but everything that you see going on here was dealt with Doug, and and the.

29 "Giles Isbell" (3735899648)

00:10:52.849 --> 00:11:25.009

The product of of a number of days of hard work by all of my students, in setting digging holes in setting these big containers, and as you can see here, building the on top of those foundations laying bricks, creating cemented foundations that were eventually going to sit, a toilet, but also a fully plumbed.

30 "Giles Isbell" (3735899648)

00:11:25.009 --> 00:11:45.009

And functioning toilet. But what was beautiful about this activity is that the families that lived and that were using these toilets had for years had NO means of using a proper toilet. In other words, when they wanted to go to the toilet, they had to go into the field.

31 "Giles Isbell" (3735899648)

00:11:45.009 --> 00:12:03.029

And if you can imagine doing that in the middle of the night, in all sorts of weather, it, it's not the safest and most pleasant experience. So these toilets completely transformed the the the lives of the people that got to use them. They were shared by three houses.

32 "Giles Isbell" (3735899648)

00:12:03.029 --> 00:12:23.029

Here's another one that they made in a on the same trip, another, another, another camp in a, a an a separate part of Cambodia. We went to two separate camps and you can see this one here and everything was done by the students, and there was that sense.

33 "Giles Isbell" (3735899648)

00:12:23.029 --> 00:12:40.529

Surprise based on on on the hard work and the determination and the tears. It was fantastic to see. And what, what then had to go on to this toilet was the little cabin, and adore that the the local Camps International team.

34 "Giles Isbell" (3735899648)

00:12:40.529 --> 00:13:00.529

Finished finish them off, but but the the the team themselves made these toilets and and and that the sense of accomplishment and the sense of achievement, I thought was something really special. And I know all of these students will do.

35 "Giles Isbell" (3735899648)

00:13:00.529 --> 00:13:30.809

All sorts of things at school, but I bet in 40 years, they won't remember much that they did at school, but they'll absolutely remember the time they went to Cambodia and spent three days building a toilet because that's what they did and I'm certain that that that will have a really meaningful impact on, on, on how they understand the world and how they understand, their place in the world.

36 "Giles Isbell" (3735899648)

00:13:30.809 --> 00:13:46.769

Now let me stop sharing my screen with you, and I hope those photos, oh, what I did actually want to do, sorry I'm gonna share those again with you. What I did want to quickly show you is.

37 "Giles Isbell" (3735899648)

00:13:46.769 --> 00:14:05.309

Is it's not just about the, the, the work element, it's also about getting to know the local community and these were three of the many children I met on my, on my two trips to actually three trips to Cambodia, but these.

38 "Giles Isbell" (3735899648)

00:14:05.309 --> 00:14:25.309

Pictures were from two of those trips. These were some of the children in the local villages and in the local school that we visited, where either before or after, I can't remember, but there was opportunity for students to organize and design English lessons and.

39 "Giles Isbell" (3735899648)

00:14:25.309 --> 00:14:45.309

Go into schools to deliver those English lessons and I thought that was a wonderful thing they got to do. And these are some of the pictures of those real schools. They got to meet animals, all sorts of animals are weird and wonderful and here are two of my favorites, a local pick and a given, that's a free that's.

40 "Giles Isbell" (3735899648)

00:14:45.309 --> 00:15:13.069

Wildgiven, by the way. They're an endangered species, but, but these trips are also about, as I mentioned, meeting the community and here are some of the children in the village that we visited having fun in a haystack. And there was a buffalo standing nearby that you can't see a big place friendly buffalo. But these pictures just mean so much to me and I know that all of the students that went on that trip, they'll mean mean the same to them. So.

41 "Giles Isbell" (3735899648)

00:15:13.069 --> 00:15:40.669

It's not just about the service learning, it's also about understanding beyond that and understanding how those communities live. I'm just gonna stop sharing my screens with you, and what I wanted to sort of finish up with saying that, that it's it's this type of experience, we can't replicate in a classroom, it's impossible. The only.

42 "Giles Isbell" (3735899648)

00:15:40.669 --> 00:16:00.669

Any way that we can actually collect connect students to the, to the real world is to take them there. And I'm certain as I say that that all of the students that I took on these trips will remember these experiences until for for for for a very, very, for a long time. Now, I I do want just to finish by saying that I, I do understand that these.

43 "Giles Isbell" (3735899648)

00:16:00.669 --> 00:16:20.669

These trips can be daunting for you as parents, sending your children to to somewhere such a long way away, but they're safe, they're carefully planned, and they're gonna help your children to grow immensely as, as individuals, and I'm I'm absolutely certain that they will return with stories and friendships and lessons.

44 "Giles Isbell" (3735899648)

00:16:20.669 --> 00:16:36.299

That as I say, will stay with them for for a lifetime. And as I say also, you know, lessons that that we cannot provide in the classroom, and I'm I'm sure that these trips will will provide something invaluable for them all.

45 "Giles Isbell" (3735899648)

00:16:36.299 --> 00:16:44.706

Okay, thank you. That's. Thank you.

46 "Sunny Watts" (1655479296)

00:16:44.706 --> 00:16:48.767

Thank you. All right. Sophie, can we.

47 "Sophie Roy" (783704576)

00:16:48.767 --> 00:17:01.859

Of course. Thank you so much, Sonny and Giles. Good evening, everybody. Thank you for joining us this evening. My name's Sophie. I'm from I am going to walk you through.

48 "Sophie Roy" (783704576)

00:17:01.859 --> 00:17:17.729

The expedition process this evening, I'm just gonna share my screen, so hopefully in a moment you should be able to see presentation from my end. Fingers crossed you can see this now.

49 "Sophie Roy" (783704576)

00:17:17.729 --> 00:17:37.729

I'm gonna take the silence as a yes, perfect. Thank you. So folks, just to introduce myself. So as I said, my name's Sophie. I've worked for camps for over three years now. I'm one of the regional managers here at camps, and have worked with supported many schools and hundreds of s.

50 "Sophie Roy" (783704576)

00:17:37.729 --> 00:17:57.269

Students through their expedition journey. So I work directly with schools and with families to help them give them the information about the expeditions, what the expedition is involved in, and then I'm also an expedition leader for Camps International as well. So over those three years, I've led four expeditions.

51 "Sophie Roy" (783704576)

00:17:57.269 --> 00:18:17.269

Out to Bonio, Cambodia, Ecuador, and Costa Rica this summer, and my family lived in Africa for a number of years, so it is a confident that I love to talk about, and we are here this evening just to give you all of the information about the expedition and how Cancer International works as a company as well.

52 "Sophie Roy" (783704576)

00:18:17.269 --> 00:18:50.929

Well, so in terms of this evening, I'm gonna run through the different aspects here that you can see. So a bit more detail about us, the history of camps, types of projects that the

students are gonna get involved in, things like our safety procedures, and fundraising will be mentioning through the school over the next couple of weeks. And then at the end of the presentation, any questions that come up from that, then between myself, Sonny and Giles will be able to answer those as well as we possibly can for you tonight as well. So in terms of this expedition itself.

53 "Sophie Roy" (783704576)

00:18:50.929 --> 00:19:10.929

And the students are gonna travel out for eight days and they'll be getting involved in these four key elements that you see on the screen. So they will get involved in community projects, wildlife, environmental conservation, and then they also have an adventure element as well. So they'll get to go off on a full day safari so they get to see the magic of what.

54 "Sophie Roy" (783704576)

00:19:10.929 --> 00:19:42.259

What Kenya has got to offer, so that service level, that project work will be emulated throughout the expedition and then they have that adventure element of their full day safari as well. Just to give you a bit of a whistle structure of Campson International and kind of walk you through the history of Campson International. So we have been running award winning expeditions for over 20 years now. We started all the way back in 2002. And Kenya was actually our 1st camp. So originally.

55 "Sophie Roy" (783704576)

00:19:42.259 --> 00:20:01.319

The company was called Camp Kenya, but as you can see from the map, over the years we've slowly spread our wings, also operating in Southeast Asia and Latin America as well. So in Africa, we operate of course in Kenya and Tanzania. Southeast Asia, we operate in Borneo and Cambodia.

56 "Sophie Roy" (783704576)

00:20:01.319 --> 00:20:21.319

And then over in Latin America and Central America, we are in Costa Rica, Ecuador, and Peru. So all of our camps and country are permanent camps, so they have been built just on the outskirts of the communities that we work with. So we employ the local community, we pay local taxes, we are rooted in every country that we operate in.

57 "Sophie Roy" (783704576)

00:20:21.319 --> 00:20:41.659

So our projects continue throughout the year, so it's not just for the eight days that your students will be out on expedition. We have our projects continue all year round. Our UK head office in the UK is based out of Bournemouth, which is in the south of England. We also have an office over in.

58 "Sophie Roy" (783704576)

00:20:41.659 --> 00:21:07.349

Dubai, and then we have an office over in Australia as well. So we are a global company and we have English speaking regional directors in every continent that we operate in. So we've got about a hundred and 20 staff worldwide, so between our different global offices and then

our in country team as well across Africa, Asia and Latin america. So we are ridded in every single country that we operate in.

59 "Sophie Roy" (783704576)

00:21:07.349 --> 00:21:27.349

Campson International is a social enterprise. We are very proud to say that we're a social enterprise, but essentially what that means is we trade as a company to benefit not only people, but also the planet. So this is our business model that you can see. So we listen to the look.

60 "Sophie Roy" (783704576)

00:21:27.349 --> 00:21:47.789

We are invited in to every community and village that we work with across the globe. So we sit down with the village elders, with the chiefs to find out the main issues that each community is facing and then how collectively with the help of our students, we can slowly help to overcome those issues.

61 "Sophie Roy" (783704576)

00:21:47.789 --> 00:22:03.539

So as I mentioned, we employ the local community, we build using local sustainable materials, and we have a hundred percent commitment to every project that we start. And this is a really key aspect for us because some of our projects can take a number of days, sort of.

62 "Sophie Roy" (783704576)

00:22:03.539 --> 00:22:20.459

Three to five days. Some of our other projects can take up to ten years over the past two decades, we've built two medical centers. Each of those have taken ten years at a time to complete. So that hundred percent commitment is through every single project that we start across the globe.

63 "Sophie Roy" (783704576)

00:22:20.459 --> 00:22:40.459

I briefly just want to touch on our accreditations to highlight why the school has chosen us as the expedition provider for the skull. So we own what's called the BS 8848. So just this one here that you can see at the top, and with this award, this shows that we have the highest achieving safety.

64 "Sophie Roy" (783704576)

00:22:40.459 --> 00:23:04.249

Procedures for expeditions that are led outside of the UK. We are part of IPAP, which means that you as a family are covered under the package travel regulations. We're also at all protected, but of course gives you that extra layer of security and all of our expeditions are geared towards the United Nations sustainable development goals, those 17 stgs, and we're gonna talk.

65 "Sophie Roy" (783704576)

00:23:04.249 --> 00:23:19.709

Touch on those slightly later on in tonight's presentation. And these are all on our website, so once you finish this evening, if you would like to look at them in a bit more detail, please just head on to the accreditation section of our website and they're all there ready for you to access as well.

66 "Sophie Roy" (783704576)

00:23:19.709 --> 00:23:39.709

So in terms of the package itself, we just want to go through kind of what that includes from, from a Campson international perspective. So all of your accommodation, your food, in country travel, all of that will be organized through us. The two you'd like to bring to your attention are the bottom two. So the 24 h emergency support and.

67 "Sophie Roy" (783704576)

00:23:39.709 --> 00:24:01.219

Then your reserved location. So with the 24 h emergency support, you will have access to the hotline number and you'll be have access to speak directly with our team that's based in the UK, and then if you need to get an immediate contact with a member of the team, you pop the hotline a call and then they will patch through directly to the team out in Kenya so we'll all.

68 "Sophie Roy" (783704576)

00:24:01.219 --> 00:24:23.759

Always have that open flow of communication. Now with the reserve location, this has always been built into our packages. So we follow the advice of the foreign Commonwealth Development office. So if they advise for any reason during May of 2025, the travel to Kenya is not possible, your reserved location will kick in.

69 "Sophie Roy" (783704576)

00:24:23.759 --> 00:24:43.759

And the school will be offered a life for like expedition and travel to your reserved location. So that was always being built into your package as well. Now what's not included is your flights for the expedition and again the school will be organized with flights for the students, your passports and your visas, of course, you will need a valid pa.

70 "Sophie Roy" (783704576)

00:24:43.759 --> 00:25:10.319

Passport at the time of travel. In terms of visas, so Kenya have recently updated their entry requirements and you have to apply what's called for an ETA, which is the equivalent of about 40, sorry, 35 US dollars, but camps International will let families know. We will email you when and where you should apply for that ETA. So you will be guided through that process. So you won't be left.

71 "Sophie Roy" (783704576)

00:25:10.319 --> 00:25:30.319

You won't know when, when to apply for that. We will guide you through this. In terms of the vaccinations as well, pamps are not the medical professionals. We can only guide you into what is the legal entry requirements for that country. But again, families you will have a full list of optional vaccination.

72 "Sophie Roy" (783704576)

00:25:30.319 --> 00:25:58.769

And if there are any specific vaccinations that you may require to enter into Kenya, you'll have access to that. We'll guide you through that as well, so you have all of this information for you to go towards. With your travel insurance, your travel insurance is covered in the cost of your expedition and then the excess for that is the equivalent of \$75. So we should ask our students to keep that separate to their spending money. So travel tune from the UK airport.

73 "Sophie Roy" (783704576)

00:25:58.769 --> 00:26:18.769

So again, the schools either decide to travel together to the airport or simply meet at the airport just before you travel. With your spending money, because pretty much everything is included when the students land in Kenya, this is really just a wee bit of pocket money. So we would recommend between sort of €80 to a hundred euros max for.

74 "Sophie Roy" (783704576)

00:26:18.769 --> 00:26:48.878

For those eight days, this is really if they are maybe with a peckish at the airport or they want to buy some souvenirs for their friends and family at home that have helped them get out to Kenya in the 1st place. And then with their kit. So things like sort of walking boots and things like that are perfect for the expedition. And a list of all of these things folks, you will have access to, list of recommended kits and your vaccinations. We Campson International will guide you through this, so you'll have a list of all the res.

75 "Elisa" (110895616)

00:26:48.878 --> 00:26:53.306

Well.

76 "Sophie Roy" (783704576)

00:26:53.306 --> 00:27:13.249

Okay, so folks kind of zooming into all things Kenya, for anybody who just has a bit of a recap wondering where Kenya actually is. So it's all the way over in East Africa. The border is Tanzania, Uganda, and it has the beautiful Indian ocean that is spread across the coastline.

77 "Sophie Roy" (783704576)

00:27:13.249 --> 00:27:33.249

By when oceans land in Kenya, they won't just be in one area, so they'll have a chance to travel through the country. So all of our camps are along the Tanzanian border, as you can see at the bottom, and they'll move through camp through our vehicles as well, so they'll stay as a group with Camps International across those full eight days on expedition.

78 "Sophie Roy" (783704576)

00:27:33.249 --> 00:28:08.059

And when they move from the two different camps, they'll have a chance to see the different scenery and what Kenya's got to offer, so for more inland and then done by the coast as

well. So they're getting to see everything that Kenya has got to offer over the course of those eight days. Now some of you here might be wondering why has the school chosen Kenya for this next adventure and for their expectation? In 2024, over 50 % of the population still do not have access to fresh clean drinking water. So this will be a key focus for our students when they.

79 "Sophie Roy" (783704576)

00:28:08.059 --> 00:28:31.069

Head out on their expedition in May of next year. Now education is free in this part of the world, but children struggle to have access to education due to a lack of infrastructure. So part of the projects that our students will be getting involved in, in those initiatives is helping to build new classrooms and build new skills to make education more accessible.

80 "Sophie Roy" (783704576)

00:28:31.069 --> 00:29:00.739

Both for the young people. And with those two things combined in 2024, the life expectancy is still only 66 years old. So folks, we are so grateful that you have taken the time out tonight to find out more about this expedition to see how your students can get involved in this expedition to help us to ultimately turn those statistics around. So when the students land in Kenya, all of our camps are co located within the communities. So.

81 "Sophie Roy" (783704576)

00:29:00.739 --> 00:29:30.419

Just on the outskirts, the communities and the villages that they will be working in. So that means that they get to wake up every single day and see the impact that they're having on these communities and these young people's lives. Now as I mentioned, all of our expeditions coaline with the United Nations sustainable development goals, which are targets set by the EM for 2030 so that nobody is left behind. So our students are working to actively help achieve these goals.

82 "Sophie Roy" (783704576)

00:29:30.419 --> 00:29:50.419

And we'll be playing a key part in the end solution. So they'll be working on the goals such as number one, NO poverty, zero hunger. Number four quality education, gender equality, clean water and sanitation. So through the projects that they will be getting involved in out in Kenya, they will be working towards trying to.

83 "Sophie Roy" (783704576)

00:29:50.419 --> 00:30:20.239

Achieve these goals, goals that are within our lifetime and making a real impact, not only on our students, but the communities that we're heading out to Kenya to help. So when they land in Kenya, they'll be paired up with the local tradesment or Findi as they're known as Swahili. So helping to pick up new skills, so things like hinting, plastering, cement mixing, building, essentially low level construction. So they could be starting a project for the very 1st time and learn the foundations of a toilet.

84 "Sophie Roy" (783704576)

00:30:20.239 --> 00:30:38.819

Maybe getting stuck straight into the middle of a project, so building the walls up of a community center or a classroom or putting the finish and touches and then handing that project back to the communities. But every piece of work that they do, we're working in partnership with the locals to help us reach that common goal.

85 "Sophie Roy" (783704576)

00:30:38.819 --> 00:30:58.819

Now, as I'd mentioned to you, in terms of the community project work that our students will be getting involved in, we'll really take on two elements. Education and community housing as well. So this will be a key focus for our students heading out in May. So as I mentioned, education is a key focus for us.

86 "Sophie Roy" (783704576)

00:30:58.819 --> 00:31:22.009

And we want to make education more accessible. As I mentioned, Kenya was where we started 22 years ago. One of my colleagues was leading an expedition out to Kenya this summer, and he was in one of our communities in a place called Savo and was speaking to an elderly woman, and she spoke to us and said that her granddaughter.

87 "Sophie Roy" (783704576)

00:31:22.009 --> 00:31:42.009

Water is the 1st woman in her family that is now heading off to university because she had an education and moved through education in the schools that previous international students had built because education had become accessible in that small community for her grandchild. Now that is an amazing story, but it's.

88 "Sophie Roy" (783704576)

00:31:42.009 --> 00:32:00.509

What we want to echo, we want to be able to echo that through the different communities that we work alongside with in Kenya. That's one tiny aspect, and we want to be able to emulate that. So this will be a key focus for our students, so that might be building a classroom. It might be painting a classroom.

89 "Sophie Roy" (783704576)

00:32:00.509 --> 00:32:20.509

So it's an inviting learning environment for the children to come into. It could be building tables and chairs so that when a classroom can be opened, children have somewhere to sit and learn, so they get to bring education to the forefront. Something that a lot of us do take for granted on a daily basis, but it can completely change their quality of life.

90 "Sophie Roy" (783704576)

00:32:20.509 --> 00:32:50.809

And the fact that the students are working alongside the local community, they can see directly where their hard efforts are going towards and helping to improve the quality of life as well. My building housing is another key focus for our students heading right in May as well. For a lot of our communities towards the coastline of Kenya, quite often what we find in villages is that if a woman has been widowed, she NO longer has a home. So we are naturally trying to change that.

91 "Sophie Roy" (783704576)

00:32:50.809 --> 00:33:19.939

So Oceans are helping to build housing for whatever worse for the elderly and for the homeless as well. So again, working alongside the local tradesman, building houses in the traditional method. So that could be getting the mud and the sand together for the mud walls, having the structure in place and then working with another local tradesman for the roof to weave the roof together in a traditional method and then handing a house back, giving a family a home that they will have never had before.

92 "Sophie Roy" (783704576)

00:33:19.939 --> 00:33:39.939

So that one on one interaction that our students will get to have on expedition is something that they truly will never forget as Jealous mentioned about things like claypots and here it's gonna be education and building housing for more vulnerable members of society as well. So that one on one interaction and.

93 "Sophie Roy" (783704576)

00:33:39.939 --> 00:34:00.299

Efforts that they know will last the lifetime. Now not only is it going to be hard work for our students, but they're gonna have a chance to interact a lot with the local children and our students often say that this is one of the highlights of the expedition. So they might be hopping in their wheelbarrow on their cumulative work each day, teaching them some heli as well hopefully coming back with some.

94 "Sophie Roy" (783704576)

00:34:00.299 --> 00:34:20.299

New songs and dances to learn, but also an opportunity not only to work in schools and trying to improve the educational system in Kenya, but also similar to experience in Cambodia, but going back into those schools and teaching some English and teaching them different songs and dancers, so really have.

95 "Sophie Roy" (783704576)

00:34:20.299 --> 00:34:44.239

On that one on one interaction with the young people out in Kenya as well. But they're gonna have a chance to soak up the culture that Kenya has got to offer as well. So things like meeting the local Masa tribe, they're a nomadic tribe who have been roaming the planes of Africa for centuries. And you can see the vibrant culture and they'll be teaching our students different sort of bushcraft skills and how they can jump from standing still to over two months.

96 "Sophie Roy" (783704576)

00:34:44.239 --> 00:35:04.239

Leaders in the air, so our students get to soak up this culture during their expedition. They're gonna have a full day of goat deworming as well. Now this is one of the most exciting projects that our students seem to love, so if our farmers have healthy livestock, then they have a healthy income to support our families. So the students will be working in.

97 "Sophie Roy" (783704576)

00:35:04.239 --> 00:35:36.319

Sort of groups of two or three to try to catch the goats and then administer the medicine so that they have healthy livestock. So definitely a project that they'll come away with feeling with a massive sense of achievement. The students are also gonna be working with women's groups are in Kenya who are helping to empower women by helping them to become self sufficient, so helping them to grow their own fruit and vegetables, helping them to wear their own livestock and times even helping them to set up their own businesses. But the women will be teaching our students traditional methods as well, things like.

98 "Sophie Roy" (783704576)

00:35:36.319 --> 00:36:04.879

Basket weaving, jewelry making, and the chaptly making that you see here as well is always a big highlight of the expedition for our students too. So then from inland, we're then gonna move our students down to the coastal amp as well that we've got in Kenya. So they get to see two different elements of what Kenya's got to offer and along the beautiful Indian ocean, so they'll be getting involved in final conservation projects, things like beach cleanups and marine conservation projects.

99 "Sophie Roy" (783704576)

00:36:04.879 --> 00:36:36.439

As well so seeing how this new communities live compared to the inland communities that we work with as well and things like turtle conservation projects is an element that our students can be working towards. And then the adventure element of the safari as well. So they're heading off on a full day safari. So East Africa is home to over a quarter of Africa's wildlife, so there is really NO better place for our students to transport some of the big five when they head off on their safari.

100 "Sophie Roy" (783704576)

00:36:36.439 --> 00:36:55.949

Every photo that I'm showing you today has been taken by students and it shows you exactly what our students can expect when they head out on their expedition as well. So not only do they get to experience the wildlife, but then also get involved in vital conservation projects as well. So they'll be working to help build elephant determine fences like this.

101 "Sophie Roy" (783704576)

00:36:55.949 --> 00:37:15.949

And this means that the farmers can live in harmony with the wildlife rather than killing and poaching them. Because with this very simple method, the metal once the light hits the metal, it naturally will deter the elephants away, so the elephants aren't ruining the farmer's crops, so they can live in harmony with.

102 "Sophie Roy" (783704576)

00:37:15.949 --> 00:37:40.639

Wildlife. So the vital conservation projects that they'll get involved in as well. So now you know a bit more about the projects that the students will get involved in and the vital importance of those. I sort of want to zoom into life in camp and really what our students can

expect when they land in Kenya. So, this is Simon at the top of the table. He is our regional director. He lives in Kenya.

103 "Sophie Roy" (783704576)

00:37:40.639 --> 00:38:02.329

So like I said at the beginning, we have bits on the ground, we operate 365 days a year in every country that we operate in. So the students are gonna meet lots of different camp staff cooks, cleaners, drivers, camp managers, and they have been employed from the communities that we work alongside with. So the.

104 "Sophie Roy" (783704576)

00:38:02.329 --> 00:38:28.080

The students will be staying in our camps, which as I mentioned, is just on the outskirts of the communities that we work alongside. Our camps are built in the traditional methods, which is traditionally Bandas, which is dormitory style accommodation. So accommodation will be separate for boys and girls. And the camps that they shouldn't stay in with the accommodation, the only people that they will come across will be affiliated through Camps International.

105 "Sophie Roy" (783704576)

00:38:28.080 --> 00:38:48.080

So from our in country team, our teachers, our students, and our expedition leaders, everybody is affiliated through Camps International. And you can see this is set set on a hill and then there's a beautiful vista across down to a watering hole and the students can see all the animals coming down in the evening.

106 "Sophie Roy" (783704576)

00:38:48.080 --> 00:39:03.810

In terms of food, of course the students have three meals a day, lots of snacks. We have to keep their energy levels high for all of their project work. If they have any data requirements, that is absolutely fine. All they need to do is put it on their medical form.

107 "Sophie Roy" (783704576)

00:39:03.810 --> 00:39:23.490

And we're more than happy to cater to those, you know, vegetarian, vegan, Halal, gluten free, dairy free. There's also zero nut products in our camps as well, so if any students have any nut allergies, you can be safe knowing that there are zero nut products in our camps as well.

108 "Sophie Roy" (783704576)

00:39:23.490 --> 00:39:43.490

In terms of drinking water, it is super important that our students stay hydrated on expedition. So there will be fresh, plain, bottle drinking water at all times throughout their expedition. So when they're in camp, they'll have their water and station and then when they're done at project work, we'll take all of the water with us as well.

109 "Sophie Roy" (783704576)

00:39:43.490 --> 00:40:12.530

Also, we make sure that they drink as much as possible because we understand they're in a different climate and getting involved in some pretty strong project work as well. Now once the students finish their food in evening time, this is what we call their downtime. So they might want to challenge the locals, add a game of football or a volleyball and have that one on one interaction with the students, which they always love or they might want to just chill out, read a book, maybe write in their diary. I always really recommend that my students.

110 "Sophie Roy" (783704576)

00:40:12.530 --> 00:40:41.850

To take a diary and they can then reminisce on their experience when they come back from expedition, but they have that one on one interaction with, with the communities across those eight days or enjoy the beautiful sunsets as well, that Kenya's got to offer and a reincarnation of the line king. So they'll have plenty of downtime to kind of take in the expedition, enjoy it, soak it all up, because trust me, those eight days will go very, very quickly that they're having such an amazing time.

111 "Sophie Roy" (783704576)

00:40:41.850 --> 00:41:01.850

My personal development is something that we are extremely passionate about here at camps, and of course it's one of the reasons why the school is promoting this new and exciting expedition for the ford's students. Now this expedition, as we know, is it's here to help our students step outside their comfort zone. School, as we know, of course.

112 "Sophie Roy" (783704576)

00:41:01.850 --> 00:41:28.580

Is here to help our students with their grades and their academia, that is such an important aspect, but it's all about learning outside the class classroom, giving our students an extra edge for when they do move on from school. So whether they're looking at jobs, apprenticeships, maybe university might be on the cards slightly later down the line. Simply traveling on an expedition like this, they can put this towards their university.

113 "Sophie Roy" (783704576)

00:41:28.580 --> 00:42:01.560

Applications, they're becoming global citizens, they're stepping outside their comfort zone, they're developing their confidence, their leadership skills, their independence, all of those things that our students can only learn from stepping outside the classroom. This is what this expedition is about, and then through the safety of our camps, of our procedures, with your teachers in place as well and your expedition leaders. So it's given students the opportunity to sort of expand their horizons, but done in a controlled and safe environment as well.

114 "Sophie Roy" (783704576)

00:42:01.560 --> 00:42:18.720

So in terms of our safety procedures, as I mentioned at the beginning, we own the BS 8848, which is the highest standard of safety procedures for expeditions led outside of the UK. So all of our vehicles are approved.

115 "Sophie Roy" (783704576)

00:42:18.720 --> 00:42:38.720

Vetted and scheduled through Camps International. So we avoid night transfers where possible. So the students will travel just on Camps international vehicles. All of our drivers go through a pretty rigorous selection process. All of your vehicles will have seatbelts with them as well.

116 "Sophie Roy" (783704576)

00:42:38.720 --> 00:42:58.500

And your expedition leader will accompany the team across those eight days and make sure that everybody's seatbelts are working for every single journey and you'll stay together as a team. So the students aren't having to take public transport, we're taking private transport and vehicles that are fully vetted and scheduled through Cancer International.

117 "Sophie Roy" (783704576)

00:42:58.500 --> 00:43:18.500

Now we operate off the traffic light system when it comes to our safety procedures. So in stage one, this comes down to your expedition leader. So they go, they are DBS or equivalent qualified, and they will have a massive medical kit with them at all times. So.

118 "Sophie Roy" (783704576)

00:43:18.500 --> 00:43:38.580

If any cuts, scripts, bruises that that can happen from project work, we will be able to get them cleaned up straight away. Now in stage two, if a student does require medical attention, meaning that they have to leave our camp to head to an approved medical facility, that student will never be left unattended.

119 "Sophie Roy" (783704576)

00:43:38.580 --> 00:43:58.580

So they'll be accompanied by a teacher from the school and some of our in country team as well. So when they get to that medical facility, if their treatment is under 75 year olds that we mentioned, if you keep separate to your spending money because your travel insurance is included in the excess is 75 points. So if their treatment is.

120 "Sophie Roy" (783704576)

00:43:58.580 --> 00:44:23.120

Under 75 points, they will pay for that using their excess money. And then if their treatment is over 75, their travel insurance will kick in. So they're fully covered. And then in stage three, in the highly unlikely event that a student has to be medically repatriated, again, that is also covered with us as we have access to our emergency assistance provider as well. So all of that is.

121 "Sophie Roy" (783704576)

00:44:23.120 --> 00:44:48.800

Through your insurance and the safety procedures that we have in place out in country as well. So in terms of your support network, as I said, I have worked with hundreds of schools over my three year history with camps and I'm here, we are here between myself, Sonny and Jails to answer all of the questions that you have. This is probably a corner of our UK team. We are smiley.

122 "Sophie Roy" (783704576)

00:44:48.800 --> 00:45:16.740

Happy friendly bunch. We are here to answer any questions that that you do have folks that come up, and help guide you through that process. So, we're gonna be here with you and please feel rest assured that you don't have to go this alone. You will have access to all of the different resources available to you should you have any further questions as well. And then just a final stage for me is once the students sign up and then they confirm they're placed on the team.

123 "Sophie Roy" (783704576)

00:45:16.740 --> 00:45:36.740

They will have access to what is called the traveler gateway. So this will go live for every individual student and it'll have access to everything. So things like you want to remember what the currency is for Kenya, things like your kit list, your vaccinations, your visas, all of the information to get you ready.

124 "Sophie Roy" (783704576)

00:45:36.740 --> 00:46:11.165

For your expedition and really what to expect during your time in Kenya will be on this and that will go live for every family as well once they've confirmed their place on the expedition team. But, look, that's that's everything from me. That's a bit of a, gives you an idea of the types of projects that they're gonna get involved in, the end to end management that we will offer you throughout this expedition journey that you're not in this alone. I'll stop sharing my screen now and then I can hand back over to to Sonny or Giles if there's anything else that you want to add.

125 "Sunny Watts" (1655479296)

00:46:11.165 --> 00:46:13.980

But thank you.

126 "Sunny Watts" (1655479296)

00:46:13.980 --> 00:46:33.245

Thank you so much, Sophie. Amazing. Makes me so excited. Are there any questions that we can answer for anybody regarding the trip regarding the logistics regarding any of the elements that we've, that we've covered so far?

127 "A. Oswana" (1681646848)

00:46:33.245 --> 00:46:44.447

Yes, please. Yeah, I just wanted to ask in terms of the school going as a team, how many other teams would be going from other schools at the same time?

128 "Sophie Roy" (783704576)

00:46:44.447 --> 00:47:02.966

It's a great question. So the school will travel independently on its own and there might be one other team from, one of our schools in Dubai in one camp for like a day or two, but that.

129 "A. Oswana" (1681646848)

00:47:02.966 --> 00:47:07.222

That would probably be the only crossover. Okay.

130 "Sunny Watts" (1655479296)

00:47:07.222 --> 00:47:08.962

Thank you.

131 "A. Oswana" (1681646848)

00:47:08.962 --> 00:47:53.303

Thank you. Great question. Oh, actually, sorry, I do have another question with regards to, I know that you said Sophie that Camp International kind of don't have any oversight in terms of vaccinations and stuff. So I guess my question would be to you Sonny. In terms of vaccinations, how would the school, especially for borders I suppose, how would they help help the process because I'm I'm of kenyan descense so I know you need loads of vaccinations when you go so like yellow fever, you need, you should have like you should have like your ty foid dips theory, all that stuff, and you should have malaria as well because I've had danger fever when I've been. Is the school gonna help make sure that those.

132 "Sunny Watts" (1655479296)

00:47:53.303 --> 00:48:13.183

I'm sure that they will. I will connect with the school, the student office as well as the boarding parents and we will, we will set up, we will see which boarding students are coming on the trip. Hopefully all of them in M four and we will be able to help arrange.

133 "A. Oswana" (1681646848)

00:48:13.183 --> 00:48:16.962

Things are locally for sure. Okay, awesome. Thank you.

134 "Tenenti" (613387776)

00:48:16.962 --> 00:48:20.327

Okay.

135 "Sunny Watts" (1655479296)

00:48:20.327 --> 00:48:22.170

I have a question as well.

136 "Tenenti" (613387776)

00:48:22.170 --> 00:48:41.439

Hello? Yes, please. Okay, so my son has a condition. He's diabetic, so I would like to ask if, the count, I mean he would have, he'd be carrying his own insulin and he's very independent, but, do you have people or staff of medical staff that are prepared?

137 "Sophie Roy" (783704576)

00:48:41.439 --> 00:48:44.280

For that as well.

138 "Sophie Roy" (783704576)

00:48:44.280 --> 00:49:04.280

I'm happy to take that sunny, if that's ok. Yes. Great question, thank and thank you for for asking. We have quite, we have a number of students that that have diabetes that travel with us. What we would, request that you do is that once you complete an application form, should your child decide to join the team.

139 "Sophie Roy" (783704576)

00:49:04.280 --> 00:49:24.280

That you give us as much information for this goes for any student that's joining. Our medical lawyers will review every case just to make sure that we have enough procedures in place and that we can fully look after each child. We have obviously electricity in all of our camps, so we do recommend that students carry their insulin with them at all.

140 "Sophie Roy" (783704576)

00:49:24.280 --> 00:49:52.631

All times. But if they want to take out extra then as precaution they can, it can always go into, our fridges and things like that. I had a student that climbed to Kelly this year and she had she had to have her incident on her at all times as well. So we never want something like diabetes to becomes a barrier for our students to travel, but of course we then have all the procedures in place to make it feasible for them.

141 "Tenenti" (613387776)

00:49:52.631 --> 00:50:08.310

She was to travel with us as well. Not his 1st time. He's done Sri Lanka with week without wars, with his previous school, but I just wanted to make sure and I've had an older son who went to Kenya as well, so I know how to program this.

142 "Sophie Roy" (783704576)

00:50:08.310 --> 00:50:10.669

Kind of programs work, but I wanted to make sure thank you.

143 "Sunny Watts" (1655479296)

00:50:10.669 --> 00:50:13.590

Of course.

144 "Sunny Watts" (1655479296)

00:50:13.590 --> 00:50:33.300

Of course yes, we would do every everything to ensure the safety of every single student that's there and every single adult that's there. I mean, we wouldn't have we wouldn't have chosen to partner with Campus International if we didn't feel like it was incredibly safe for all of us.

145 "Sunny Watts" (1655479296)

00:50:33.300 --> 00:50:52.290

Are there any other questions that we can answer for anybody? No, ok. Just a few, a few words in closing then.

146 "Sunny Watts" (1655479296)

00:50:52.290 --> 00:51:12.290

Obviously, Giles and myself and Sophie and the school are incredibly excited about this opportunity and really as, as something that can be life changing, you know, and I know as a mom I want my kids to have a.

147 "Sunny Watts" (1655479296)

00:51:12.290 --> 00:51:46.280

A better life than me. I want them to have more experiences. I want them to have a better understanding of the world in which they live in and I really believe in my heart of hearts that this is a beautiful way to, to do that. And so I just wanted to, to share that with you. Also in this Thursday's son in the newsletter, there will be information about an upcoming service action meeting on 10 December. It will be with all the.

148 "Sunny Watts" (1655479296)

00:51:46.280 --> 00:52:07.920

Parez and Michael Moll, so you can learn more information about the service action elements of the IB program and how this trip connects directly to taking all seven of those boxes. Also this morning the student office sent out.

149 "Sunny Watts" (1655479296)

00:52:07.920 --> 00:52:27.510

A quick Google form because in looking at the calendar and what Sophie and I had originally spoken about, there were some concerns about the holiday which falls on 1 May and if some people some families are going to take that phone day and.

150 "Sunny Watts" (1655479296)

00:52:27.510 --> 00:52:47.510

And travel. And so we've sent to the parents an email this morning just to see your preferences. So once we have those preferences, then we align with Sophie, we align with our travel agency who's working on flights and logistics in country in Italy. And then.

151 "Sunny Watts" (1655479296)

00:52:47.510 --> 00:53:05.460

And next week, our plan is to send out information to all of the families regarding all the things reiterating what Sophie has gone through, the things that are included, the things that are extra, the price, and then.

152 "Sunny Watts" (1655479296)

00:53:05.460 --> 00:53:26.670

The request is one week after that for us to know who is interested in going on the trip and to secure their place for the deposits so that we can move ahead and, and make those reservations. So that's kind of the the flow for the next few weeks regarding the trip.

153 "Sunny Watts" (1655479296)

00:53:26.670 --> 00:53:45.120

I'm always available. Please feel free to email me at any time. I'm happy to answer questions, have another call as you wish, and completely available. So please let me know if you do need anything and if I can help.

154 "Sunny Watts" (1655479296)

00:53:45.120 --> 00:54:05.120

With anything. I think if, if there are NO other questions this evening, I would like to thank you for joining us and really thank you for, for being here because it's a really important opportunity and I'm glad that you're curious and that you want to know more. And so.

155 "Sunny Watts" (1655479296)

00:54:05.120 --> 00:54:25.214

Thank you Sophie for sharing more with us. Thank you, Giles for sharing your stories about your experiences with camps. I'm so, I'm so inspired by all of this and and I, and I hope that you are as well. So I wish you all a wonderful evening and a beautiful holiday.

156 "Sophie Roy" (783704576)

00:54:25.214 --> 00:54:32.666

Thank you so much. Have a wonderful night. Bye bye.

157 "Sunny Watts" (1655479296)

00:54:32.666 --> 00:54:53.160

Bye. Bye. Bye bye. Bye, thank you. Thank you. Have a great night. Thank you Lucia. Thank you, Sophie.