

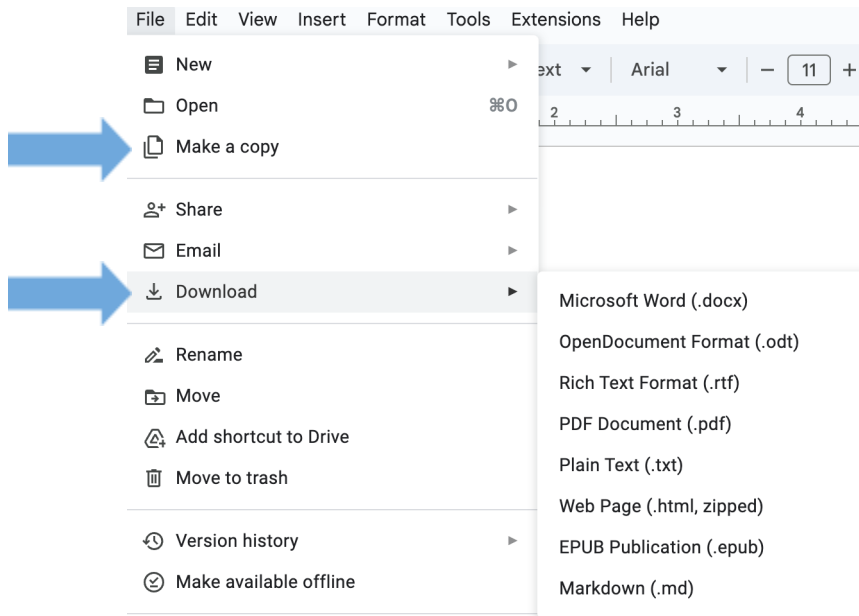


Stash And Emergency Plan Checklist

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This document corresponds to Activity 6 in the [Be 2 Weeks Ready program](#) by the Oregon Department of Emergency Management. It was created by the [PrepLO](#), Lake Oswego, to facilitate our neighbors in the creation of their family emergency plans.

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ITEM	DONE!	EASIEST EFFORT	MORE EFFORT	MOST EFFORT
CONTAINERS				
Old backpack		X		
Large plastic bin			X	
Waterproof container				X
PERISHABLE ITEMS				
ITEM	DONE!	EASIEST EFFORT	MORE EFFORT	MOST EFFORT
First-Aid Supplies			X	
Water				
a. Empty water containers		X		
b. Filled water containers			X	
c. Two weeks of water stored for all				X
d. Water purifications, filtration supplies			X	
Food				
a. Some items added to the emergency kit		X		
b. Three days of food			X	
c. Two weeks of food for all				X
NONPERISHABLE ITEMS				
ITEM	DONE!	EASIEST EFFORT	MORE EFFORT	MOST EFFORT
Flashlights and lanterns			X	
Radio (battery, hand crank or solar powered)			X	
Extra batteries			X	
Plates, cups and utensils		X		
Infant and small children's needs (if appropriate)			X	
Fire extinguisher				X
Tools to shut off utilities			X	
Clothing		X		
Bedding		X		
Footwear			X	
Matches or lighters in a waterproof container			X	



Cash			X	
Plastic sheeting and duct tape for sheltering in place			X	
Cell phone chargers			X	
Solar chargers				X
Set of keys, including cars and house				X
Work gloves			X	
SANITATION AND TOILETRY ITEMS				
ITEM	DONE!	EASIEST EFFORT	MORE EFFORT	MOST EFFORT
Sanitizer		X		
Sunscreen and bug spray			X	
Feminine care products			X	
Prescription medicines				X
Common over-the-counter medicines			X	
Filtered masks for nose and mouth		X		
Moist wipes			X	
Garbage bags		X		
Disinfecting wipes			X	
Paper towels		X		
Soap		X		
CRITICAL DOCUMENTS				
ITEM	DONE!	EASIEST EFFORT	MORE EFFORT	MOST EFFORT
Copy of driver's license and passport			X	
Social Security card or number		X		
Copy of birth certificates			X	
Property titles or lease agreements for your car and home			X	
Bank, credit card and investment account numbers and corresponding customer service telephone numbers				X
Health insurance and life insurance account information			X	
Home possessions catalog			X	
Wills				X
Marriage certificate			X	
Adoption and citizenship papers			X	



Medications and eyeglass prescriptions			X	
Important files backed up on an external hard drive			X	
ENTERTAINMENT ITEMS				
ITEM	DONE!	EASIEST EFFORT	MORE EFFORT	MOST EFFORT
Books		X		
Games		X		
Cards		X		
Comfort foods			X	
Paper and pencils, coloring books		X		



EMERGENCY PLAN

FAMILY MEMBERS AND OTHER VITAL INFORMATION				
ITEM	DONE!	EASIEST EFFORT	MORE EFFORT	MOST EFFORT
Family and contacts		X		
Service provider information			X	
Insurance information			X	
Utility information			X	
Banking information				X
ESTABLISH A DISASTER MEETING PLACE				
ITEM	DONE!	EASIEST EFFORT	MORE EFFORT	MOST EFFORT
Outside your place		X		
Outside your neighborhood			X	
EVACUATION PLANNING				
ITEM	DONE!	EASIEST EFFORT	MORE EFFORT	MOST EFFORT
Notification (when do you evacuate)		X		
Location (where do you go, preferably not a shelter)			X	
Transportation (how are you getting there, have a backup plan)			X	
Communication (who do you tell you're evacuating)				X
FAMILY CONTACT PLAN				
ITEM	DONE!	EASIEST EFFORT	MORE EFFORT	MOST EFFORT
Family contacts		X		
Out-of-area family contact			X	
HOME SAFETY MAP				
ITEM	DONE!	EASIEST EFFORT	MORE EFFORT	MOST EFFORT
Utility shut-off locations		X		
First-aid kit		X		
Evacuation kit location		X		



Smoke detectors		X		
Fire extinguishers		X		
SPECIAL FAMILY NEEDS				
ITEM	DONE!	EASIEST EFFORT	MORE EFFORT	MOST EFFORT
Mobility devices				X
Accessibility devices				X
Backup power for critical devices				X
Extra eyeglasses			X	
A list of the style and serial number of medical devices (include special instructions for operating your equipment if needed)			X	
Written instructions, such as languages spoken, medical requirements, people to notify, etc., that can help first responders and others assisting you get you the services you need		X		
Diapers and any other personal hygiene items		X		
Establish a support network of family, friends, neighbors or co-workers who can help prepare and help you during a disaster				X
Post emergency instructions on the refrigerator or by a door easily accessible to responders — include medications, necessary equipment information and emergency contacts			X	
Sign up for emergency alerts through your city, county or state emergency management office				X
Identify the location of life-sustaining treatments, such as dialysis, at multiple sites		X		
Medical alert tags or bracelets			X	
PET CONSIDERATIONS				
ITEM	DONE!	EASIEST EFFORT	MORE EFFORT	MOST EFFORT
Tag ID with contact information			X	
Microchip				X
Critical information documented including age, vet, vaccinations		X		
Current picture of pet			X	
Pet evacuation kit				
a. Kennel			X	
b. Food		X		



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c. Leashes and collars		X		
d. Water		X		
e. Bowls		X		
f. Pads			X	
g. Litter			X	
h. Toys and beds			X	
i. Garbage bags for cleanup and disposal		X		
Written instructions in case your pet has to be housed separately from you				
a. Feeding schedules		X		
b. Medical conditions		X		
c. Behavior problems		X		
d. Name and number of their vet		X		
List of boarding kennels that can care for your pets in a disaster			X	
List of pet-friendly hotels			X	



FAMILY MEMBERS AND OTHER VITAL INFORMATION				
ITEM	DONE!	EASIEST EFFORT	MORE EFFORT	MOST EFFORT
Identify the hazards that are a risk in your area			X	
Identify the hazards in your home			X	
Where and how you'll be notified of an emergency or disaster			X	
Find your local emergency management agency website and social media accounts		X		
Sign up at ORalert.gov to receive emergency notifications		X		
List local radio and TV stations		X		
NOAA all-hazards weather radio channel		X		
Enable your phone to receive WEA		X		
Identify other trusted sources of information		X		
Test your plan			X	
Volunteer with an agency that helps disaster survivors (Red Cross, CERT, VOAD, Habitat for Humanity)				X

NOTES

[illegible]