2024 LHS FALL TRYOUT SCHEDULE

Listed below are the first few dates of tryouts/practices. The coach will communicate directly with the student-athletes about any additional dates, changes or movement at tryouts.

Cheerleading - Wednesday August 21, 2:45-4:45 pm at North Star Athletics

Boys Cross Country - Monday August 19, Tuesday August 20, Wednesday August 21, 7-9 am meeting at in the bleachers at the John Devine Track.

Girls Cross Country - Monday August 19, Tuesday August 20 6-8 pm, Wednesday August 21 8-10 am meeting at the John Devine Track.

Field Hockey - Monday August 19, Tuesday August 20, Wednesday August 21 7:30-10:30 am at Russell Field.

Football - Friday August 16 and Saturday August 17 8 am-Noon, Monday August 19 3-5:30 pm meet in the BTC

Golf – Monday August 19 at 4:15 pm, Tuesday August 20 at 10 am and Wednesday August 20 at 6 pm. All 3 days at Twin Hills CC.

Boys Soccer - Monday August 19, Tuesday August 20, Wednesday August 21 2-5 pm at Russell Field

Girls Soccer - Monday August 19 (meet at the Track at 9:30 am), Tuesday August 20, Wednesday August 21 10 am-Noon at Russell Field

Girls Volleyball - Monday August 19, Tuesday, August 20, Wednesday August 21, Returning JV/Varsity 3-6 pm, Returning FR/New Players 6-8 pm

Unified Basketball - Will start the Second week in September. More information will follow once the school year starts.