

DEPARTMENT OF ATHLETICS



WHAT: 2026 Union Redhawk Varsity Track and Field Invitational

WHERE: Union High School

WHEN: Thursday, March 12, 2026

TIME:

Field Event warm-ups at 9:30

Field Events begin at 10:30

Running Starts at 11:30

- Timing and entry instructions will be forwarded to all confirmed teams.
- This will be a seeded meet. Invitation codes will be sent to invited teams.
- Cutoff date is, **March 10th by 5 P.M. NO LATE ENTRIES**
- You may enter a Varsity team and only 1 JV team. Four athletes in each event and Unlimited relays.
 - Varsity + JV- \$200/gender
 - Please make checks payable to Union Public Schools
- There will be a table on the field so athletes can check heat, lanes, and get hip numbers prior to their event. All entries are pre heated and it is your responsibility to have that shared with your team. We will not wait for athletes to show up to start an event.
- This will be a rolling schedule
- All OSSAA rules apply
- Scoring: 10-8-6-4-2-1 and double for relays
- Contacts:
 - Tim Dial dial.timmy@unionps.org
 - Jana Patterson patterson.jana@unionps.org
 - Luke Snider snider.lucas@unionps.org

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ORDER OF EVENTS:

10:30 FIELD EVENTS

High Jump:	Boys, Girls
Pole Vault:	Girls, Boys
Long Jump:	Girls, Boys
Discus:	Girls, Boys
Shot:	Boys, Girls

11:30 RUNNING EVENTS: TIME FINALS IN ALL EVENTS

4x100m:	Girls, Boys
4x800m:	Girls, Boys
100m Hurdles:	Girls
110m Hurdles:	Boys
100m Dash:	Girls, Boys
400m Dash:	Girls, Boys
3200 M Run:	Girls, Boys
4x200m Relay:	Girls, Boys
800m:	Girls, Boys
300m Hurdles:	Girls, Boys
200m Dash:	Girls, Boys
1600 M Run:	Girls, Boys
4x400m:	Girls, Boys

IMPORTANT INFORMATION: UHS dismisses from school at 3:37 PM. From 3:20 to 4pm expect heavy traffic.

