



## COMMUNITY RESOURCES

### **NATIONAL HOTLINES**

#### **National Suicide Hotline**

Phone: 1-800-784-2433 or 1-800-442-4673

Website: [www.hopeline.com](http://www.hopeline.com)

#### **Crisis Text Hotline**

Text 741741 from anywhere in the USA to text with a trained Crisis Counselor

Website: [www.crisistextline.org/](http://www.crisistextline.org/)

#### **National Suicide Prevention Lifeline**

Phone: 1-800-273-8255

Website: <https://suicidepreventionlifeline.org/>

### **LOCAL COUNSELING CENTERS**

#### **Western Tidewater Community Services Board**

Phone: 757-647-2808, *24-Hour Behavioral Health Emergency Line* 757-925-2484

Website: <http://www.wtcsb.org>

\* Crisis services are available 24-7 for all individuals of any age, ethnicity, or disability, who are in crisis due to mental illness or substance abuse. The services include counseling and phone consultations with or for people in crisis, as well as admission screenings for crisis stabilization, psychiatric hospitalizations, and/or substance abuse inpatient treatment.

#### **Center for Child & Family Services**

Phone: 757-838-1960

Website: <http://kidsandfamilies.com/2008/counseling-services.html>

Address: 2021 Cunningham Drive, Suite 400 Hampton, VA 23666

#### **Churchland Psychological Center**

Phone: 757-483-3404

Website: <http://www.counselinghr.com>

Address: 3101 American Legion Road, Suite 21B Chesapeake, VA 23321

#### **Genesis Counseling Center – Hampton & Suffolk**

Phone: 757-827-7707

Website: <http://genesiscounselingcenter.com>

Address: 2202 Executive Drive, Suite C, Hampton, VA 23666

Address: 1540 Breezeport Way, Suite 500, Suffolk, VA 23435



### **National Counseling Group**

Phone: 757-240-5595

Website: <http://www.ncgcommunity.com/care-locations/newport-news>

Address: 610 Thimble Shoals Blvd. Suite 303 B Newport News, VA 23606

\* Locations also in Chesapeake (757-325-9570) and Suffolk (757-847-9386)

### **Smithfield Christian Counseling**

Phone: 757-356-1813

Website: <http://www.freewebs.com/sccounseling/>

Address: 341 Main St. Smithfield, VA 23430

## **BEHAVIORAL HEALTH HOSPITALS FOR ALL AGE GROUPS**

### **Bon Secours Maryview Behavioral** (Portsmouth)

Phone: 757-398-2400 for crisis counselor and Medicine Center

Phone: 757-398-2367 for information

### **Riverside Behavioral Health Center** (Hampton)

Phone: 757-827-3199 for assessment and information

### **Virginia Beach Psychiatric Center**

Phone: 757-496-6000

### **Acute Care Center**

Phone: 757-888-0400 or 1-800-697-0999

Address: 17579 Warwick Blvd. Newport News, VA

Website: [newportnewsbhc.com](http://newportnewsbhc.com)

*\* Children may be brought directly to the facility for evaluation and admission by parents, community service boards or under temporary detention orders by law enforcement.*

## **NATIONAL ORGANIZATIONS FOR ACCURATE INFORMATION ABOUT MENTAL HEALTH**

### **NAMI (National Alliance on Mental Illness), Richmond**

Phone: 804-285-8264 or 800-950-6264

Website: [www.nami.org](http://www.nami.org)

### **Mental Health America of Virginia, Richmond**

Phone: 804-257-5591

Website: <https://mhav.org/>



**Bipolar Disorder Treatment Information Center**

Phone: 608-827-2470

**Borderline Personality Disorder Resource Center**

Phone: 888-694-2273

Website: <http://www.nyp.org/bpdresourcecenter>

**American Psychiatric Association**

Phone: 703-907-7300 or 800-368-5777

Website: [www.psychiatry.org](http://www.psychiatry.org)

**Anxiety Disorders of America**

Phone: 240-485-1001

Website: <https://adaa.org/>

**American Association of Suicidology**

Phone: 202-237-2280

Website: <http://www.suicidology.org/>

**Brain and Behavior Research Foundation**

Phone: 800-829-8289

Website: [www.bbrfoundation.org](http://www.bbrfoundation.org)

**National Institute of Mental Health**

Phone: 866-615-6464

Website: [www.nimh.nih.gov/](http://www.nimh.nih.gov/)