CROSSING THE CANYON 2017 ITINERARY WORKING DOCUMENT

North Rim Average Low Temp: 38°F
Canyon High Temp Average: 90s °F (prepare for heat)
South Rim Average Low/High Temp: 35/72°F
Sunrise: 6:22 a.m. | Sunset: 6:18 p.m.

Stay tuned via email and GroupMe for updates!

We're so glad you'll be with us!

09/25 TEAM ARRIVES IN LAS VEGAS

Vans depart Las Vegas, NV at 9 a.m on 9/26 from Fairfield Inn & Suites Las Vegas South so we're requesting all participants be in Las Vegas on 09/25

• **9/25 Lodging:** Available through 3000 Miles to a Cure at **Fairfield Inn & Suites Las Vegas South** or you're welcome to take a night to have your own mini Vegas vacation!

09/26 DEPARTURE FROM LAS VEGAS

8 a.m. - arrive at Fairfield Inn Las Vegas South (or be downstairs if you stayed there) to check in.

9 a.m. - All vans depart Las Vegas, NV at 9 a.m.

DEPARTURE LOCATION Fairfield Inn & Suites Las Vegas South Grand Canyon Lodge - North Rim https://goo.gl/maps/jZpP]9GhAD52

Stop in St. George for Groceries: Harmons Neighborhood Grocer, 1189 East 700 South, St. George, UT 84790

4 p.m. North Rim Meet-Up with everyone! Exact location TBD, picnic tables near the lodge - we will gather on the Rim, distribute room keys and introduce ourselves before we check into rooms and prepare to meet for dinner

5:10 p.m. Group Dinner: Meet outside North Rim Lodge dining room at 5:10, we will seat you in your Buddy Teams (plus or minus!) The hosts at the dining room will seat tables individually, but we should all be seated at roughly the same time.

7:30 p.m. - 8:30 p.m. Equipment Checks, Buddy and Group assignments and Wristband and Coupon Handouts: Have hydration, nutrition and gear ready in rooms for a quick check by Maria or Lucia

9:30 p.m. Bedtime

09/27 WEDNESDAY HIKE DAY

Our Route:

We begin our descent on the North Kaibab Trail. The majority of the descent takes place in the first 6.8 miles from the trailhead (start) to Cottonwood Campground (we'll lose 4,161 feet). The next seven miles we'll be crossing the mellower bottom portion of the canyon and will only descend an additional 1,600 feet. We'll ascend on Bright Angel

Trail (it has shelter from sun and opportunities to fill water bottles and hydration packs) . The route will total 23.5 miles.

Trail Maps: https://www.nps.gov/grca/planyourvisit/upload/intro-bc-hike.pdf

All groups:

- 4:30 a.m. Meet at the vans to have breakfast snacks and depart Grand Canyon North Rim Lodge
- Breakfast will be snacks at the trailhead: fruit, trail mix, bars, coffee
- Start Group Photo
- 4:45 a.m. depart parking lots and drive to trail head
- 5:00 a.m. First steps down North Kaibab Trail (will be dark, headlamps with spare batteries needed)
- **6:18 p.m.** Arrive at South Rim by sunset (6:18 p.m.)

Note: Cell coverage in the Canyon is pretty much non-existent. But, we've been able to get a call or text out the past couple of years when we are a mile or two from the South Rim. All groups should contact rim crew as they approach the South Rim

Rim Support Team // CONDOR Barb Morguelan: (502) 648-3312 Nathan Dowdy: (704) 441-2475 Vince Paparella: (717) 877-6706

Rim Support Group

- See teams off at the trailhead
- Enjoy breakfast at the Grand Canyon North Rim Lodge
- Drive to Maswik Lodge on the South Rim: 5 hour drive time
- Arrive at South Rim by: 1 p.m.
- Check in at Maswik Lodge on behalf of group, hand out room keys and meal coupons as runners/hikers arrive
 - Meal Coupons: Pick up the coupons from the Maswik Lodge front desk. It is on the left hand side when they enter the lobby. Identify yourselves as part of Maria Parker's group.

All Groups:

• 6:00 p.m. Be at Rim to welcome walking/hiking group, celebrate and take group photo at 6:00 p.m.

Dinner:

• Beginning at 4:00 p.m. Maswik Lodge: eat at your leisure, coupons provided

Afternoon/Evening: Enjoy the Grand Canyon, shower, sleep.

09/28 THURSDAY CELEBRATION & ENJOYING THE GRAND CANYON DAY

- 9:00 a.m Group Breakfast Arizona Room Breakfast Buffet (LOCATION LINK half mile walk from Maswik Lodge)
- Explore and enjoy the incredible Grand Canyon, stretch and recover from your hike
- Lunch: On your own
- **5:30** p.m. Group Celebratory Dinner begins with wine and beer, dinner served at 6 a.m. Santa Fe Room

09/29 FRIDAY DEPARTURE DAY

- 5:30 a.m. Group Breakfast Arizona Room (LOCATION LINK)
- Vans Depart 6:30 a.m.