

Hidden Valley Elementary

5100 Snow White Lane
Charlotte NC 28213

School Counseling Corner

Quarterly September- December



What School Counselors do?

Individual Counseling (no more than 5 sessions)

Group Counseling

Academic Counseling/Classroom Guidance

504 Accommodations

McKinney Vento

Bullying Prevention

Self Awareness

School Adjustment (making friends, getting along with people)

Peer relationships

Study skills

Information about enrichment programs

Orientation to guidance and counseling services and how to use them

Monthly Activities

October Pillar of the Month- Trustworthiness

Student Observations- Mondays

Classroom Guidance
Trustworthiness

Classroom Guidance- The
importance of attendance

Red Ribbon Week

Small Group- Coping skills

Individual Student Meetings

All Groups and classroom guidance are data driven.

November Pillar of the Month- Citizenship

Student Observations- Mondays

Classroom Guidance-
Citizenship

Classroom Guidance- The
importance of attendance

Small Group-Social skills

Individual Student Meetings

December Pillar of the Month-Caring

Student Observations- Mondays

Classroom Guidance-
Caring

Classroom Guidance- The
importance of attendance

Small Group-Anger Management

Individual Student Meetings

Our School Counseling Program

The Hidden Valley Elementary School Counseling Program is designed to support elementary students and their families as they navigate through the unique and diverse challenges of PK-5th grades. In this effort, we provide all students with strategies for academic achievement, personal and social development, while helping them understand the relationship between school and community.

School Counselors

Marlo L. Wilson, M.Ed.

Valorie Schien,

Individual Student Planning

Emphasis is on the individual with regard to academic advising, appraisal and planning with a focus on personal, social and academic goal setting.

Responsive Services

Emphasis is placed on counseling, consultation and referral. Students may participate in small group counseling sessions such as career planning, girls group, anger management, study skills and transition. These groups are not intended to be therapeutic, but allow students the opportunity to share common thoughts and experiences, and learn coping skills strategies.

Indirect Student Services

Indirect services are provided on behalf of students as a result of the school counselors' interactions with others, including referrals for additional assistance, consultation and collaboration with parents, teachers, and other educators and community organizations.

School Counseling Core Curriculum

This curriculum consists of structured lessons designed to help students attain the desired competencies and to provide all students with the knowledge, attitudes and skills appropriate for their developmental level. The school counseling core curriculum is delivered throughout the school's overall curriculum and is systematically presented by school counselors in collaboration with other professional educators in the classroom.