

Benchmark Advance-VA: The slides come from [the primary coach](#) and have been updated for the VA edition. Feel free to make a copy and make it your own, but please do not sell it as your own. Enjoy!

Unit 1

[Week 1](#)

[Week 2](#)

[Week 3](#)

Unit 2

[Week 1](#)

[Week 2](#)

[Week 3](#)

Unit 3

[Week 1](#)

[Week 2](#)

[Week 3](#)

Unit 4

[Week 1](#)

[Week 2](#)

[Week 3](#)

Unit 5

[Week 1](#)

[Week 2](#)

[Week 3](#)

Unit 6

[Week 1](#)

[Week 2](#)

[Week 3](#)

Unit 7

[Week 1](#)

[Week 2](#)

[Week 3](#)

Unit 8

[Week 1](#)

[Week 2](#)

[Week 3](#)

Unit 9

Week 1

Week 2

Week 3

Unit 10

Week 1

Week 2

Week 3