



Cuda Zone News

ISSUE 5 / April 30, 2024

broadstone.barracudas@gmail.com

Note From Coach Wendy

Hello Everyone!

The first week is done and that means it is time to get serious. We have a lot to teach our swimmers and would appreciate your support by having them properly equipped for practices. All equipment should come every day just in case. We will be using flip flops (10&U) and hand paddles (11+) this week!!

As a reminder:

10&U: flip flops, swim fins, caps (EVERYONE), goggles

11&Up: hand paddles, swim fins, caps (EVERYONE), goggles

Also, I know everyone would love to talk to me about their situation. However, I need you to please email me instead. My coaches and I are unavailable to chat between 4pm & 8pm. It is unsafe for our swimmers. I am happy to set up a time to meet if you need to speak with me. The grey gutter rule is in force at all times: which is, please do not enter the area between the gutter and the pool unless absolutely necessary.

Thank you!

Wendy

Time To Declare Your Swimmers

The Friday before (week prior) every meet you will need to go in and declare whether or not your swimmer will participate in the meet. The intention to swim **has to be declared** so that our computer operations team can submit our roster to the league and so that our coaches can “seat the meet” (put swimmers in the individual and relay races they feel they are best suited for). Once those rosters are submitted we cannot add you so please be mindful of deadlines.

To make your life easier our amazing computer operations folks have built all of our meets for the season. You can now declare your swimmers for each meet instead of doing it week-by-week. If your swimmer will NOT be swimming please also declare the swimmer as a “No.” If you leave your commitment blank you will start getting reminder emails to register your swimmer. You are still able to go in and change it until the deadline.

How to register your swimmer:

- Go to the Barracudas website at www.broadstonebarracudas.org
- Login to your account
- Click on Events and Competition

- Click on “Edit Commitment” in each meet.

Age Group Season Kick-off Pool Parties

While our team loves to swim we also like to have fun! At the beginning of every season we have done a week of activities by age group. This allows the kids the ability to get to know one another or rekindle friendships that maybe they made the season before. For the past season or two we have held “Unity Week” at the beginning of the season. However, in order to reduce the number of shifts that families were required to fulfill, we have decided to hold a pool party and potluck for each age group instead of a week of activities.

We have had awesome responses but we are still needing a parent lead for the Junior Barracudas, 6 and under, 7&8 and the 11&12 age groups. If you would be willing to be the lead for your age group **please contact Heidi Garner at 928-243-8537**. (Junior Barracudas, 6 and under and 7-8 parties will be held at the club so that parents can attend and supervise their child due to their age)

The following age group parties have set their dates and times. You will be receiving an email in the next week with more details for your specific age group party.

Ages 9-10 - May 11th @ 4pm at the Bickel Family Home

Ages 13-14 - June 1 @ 6-8pm at the Garner Family Home

Ages 15-18 - June 10 @ 6pm at the Dean Family Home

2024 Volunteer Commitment Updates

This year our team released all of the jobs for the season on Friday, April 26th. If you have not gone in and signed up for your **6 required** jobs please go in and do that now. There are a lot of jobs open still but you will have to go through each event. If you are swimming on June 22nd please start with that meet since we have a lot of open shifts still available. We thank you in advance for your cooperation- without all of our amazing families we could not run the successful swim program that we are known for.

Important Dates:

- Friday, April 26th @ 8pm - ALL meet jobs will be opened on the Barracudas website.
- Friday, May 3rd @ 8pm - ALL meet jobs will be closed for the remainder of the season. You will need to trade with someone if you cannot fulfill the shift that you have registered for.

What are these jobs? [Click here](#) to see what all of these jobs are.

How do I register for a job:

- Go to the Barracudas website at www.broadstonebarracudas.org
- Login to your account
- Click on Events and Competition
- Click on Team Events
- Click on Sign-Up for a job under whichever meet you plan to work at

Rules for registering for a job:

1. Each family can register for 1 job at each **away** meet and 2 jobs at each **home** meet.
2. Please put your phone number in next to your name when you sign-up.
3. If your family cannot do the job that you signed up for **YOU** must find someone to trade with or pay to do your job. Anyone you pay must be 16 years or older and some jobs are 18 years or older. It is up to you to check the age.
4. Please only register for **6 shifts** total.

5. If your family has an extreme hardship and will be unable to fulfill the volunteer requirements please contact our volunteer coordinator, Michelle Craft barracuda.swim@gmail.com. She will work with you to find a way that your family can contribute.
6. After the sign-up period all meet job sheets will be posted so that people can find someone to trade with in the event that they cannot fulfill their position.

*If you have any questions please contact Michelle Craft, Barracudas Volunteer Coordinator at barracudaswim@gmail.com

New Member Orientation and Meet Walk-Through: Wednesday, May 8

Join us for our *New Member Orientation* and *Meet Walk-through*! This is an important night for **NEW** families to the Broadstone Barracudas. We will have a quick orientation about the team, what to expect, etc. capped off with a swim meet walkthrough. The event will be held on Wednesday, May 8th at 6pm and will start on the Broadstone pool deck.

Time Trials: Saturday, May 11th

Time Trials (Barracudas only) is a mock swim meet used to establish baseline times for all swimmers, so it is important for swimmers to attend. If your swimmer is not able to attend, he/she will get a baseline time at his/her first swim meet. Having a baseline time helps the coaches place your child in the right race and compete against other kids at **their** level. Time trials are also a chance for our parent volunteers to familiarize themselves with the meet procedures.

- Online registration deadline for swimmers: Friday, May 3rd at 11:59pm.

2024 Swimsuits/Team Apparel

We have added one more swimsuit try-on day- May 8th! If you are looking for a used suit please take a look at our Team Buy/Sell/Trade Google Sheet. If you have any fins/paddles you would like to sell there are families looking for those as well. Please add those to the Google sheet so that people can find you. If you have any apparel questions please email our Cuda Apparel Chair - Blair Sturm- broadstonecudasapparel@gmail.com.

Swimsuit Try-On Day-

It can be hard to find the right size swimsuit for your swimmer. We understand just how hard it can be and therefore have scheduled two swimsuit try-on days. At the try-on event we will have swimsuits for both boys and girls in different sizes. You will come try them on and once you find a swimsuit size that you like you will then go online and order from the team store. The team store will gather orders for a 2 week time period and will then close. At that time all orders will be processed and delivered 2-3 weeks later.

May 8 - 6pm-7pm @Broadstone Sports Club

Team Apparel Store will be open the following dates:

April 26-May 10th @5pm.

Team Apparel Website:

<https://bsnteamsports.com/shop/NJfBKkJ8fW>

Team Buy/Sell/Trade Google Sheet:

Kids are expensive and so is sports gear and swimsuits. If you have a new or gently used team swimsuit or swimsuit gear to buy/sell/or trade please check out this google sheet. If you want to sell something please just

enter the info into the google sheet. If you sell/trade something please come back and cross the item off the list so that others know.

Link to Sheet:

https://docs.google.com/spreadsheets/d/1gInmj5kVo-fBIxOtU0er-Wxha9gRDOykPyNMk_AhpJQ/edit#gid=0

2024 Summer Swim Practice Schedule- Updated 4/23

April 22-May 24

4:00-5:15pm - 15-18* +14yr

5:15-5:45pm - 7-8

5:45-6:15pm - 6&Under (Front Pool) and Junior Barracudas (Back Pool)

6:15-7:00pm - 9-10

7:00-8:00pm - 11-12+ 13yr

May 24 - July 18

7:30-8:45 am - 15-18

8:45-9:45 am - 13-14

9:45-10:45 am- 11-12

10:45-11:45 am - 9-10

11:45-12:30am- 7-8

12:30-1pm- 6&U + Junior Barracudas (Juniors starting June 17 until then they will continue in the evening)

Evening Practice: During the summer session (M-TH) only for swimmers who are unable to attend morning practices. **REQUIRES COACH APPROVAL.** 6-8 5:00-5:30 pm 9-18 5:30-6:30pm.

2024 Meet Schedule

May 11- Time Trials @ Broadstone

May 18 - Broadstone at FSO

June 1- Granite Bay Gators @ Broadstone

June 8 - Broadstone @ El Dorado Hills TAZ

June 15- Park Terrace @ Broadstone

June 22 - Broadstone @ Sierra Sharks

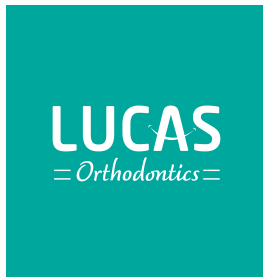
June 28 (FRIDAY) - College Greens @ Broadstone

July 13- Loomis Basin Dolphins @ Broadstone

July 19-21 - SSL Championships Weekend (All swimmers are encouraged to sign up to swim and attend Championships! It is an experience like you have never had before and don't want to miss. **(NOTE: By**

League Rule you must have competed in at least 3 dual meets throughout the season in order to participate.)

Thank you to our AMAZING 2024 Sponsors!



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Stay Informed

PLEASE read what we email and post online so you have all the information you need about our team and the season.

- Cuda Zone weekly newsletter
- Team website: Broadstonebarracudas.org
- Emails
- Facebook: like us!
- Instagram: follow us at broadstone.barracudas