

D. C. EVEREST TRACK AND FIELD VARSITY OUTDOOR RECORDS

<u>EVENTS</u>	<u>NAME</u>	<u>MARK</u>	<u>YEAR</u>
DISCUS	ZACH MUELLER	187' 11"	2018
HIGH JUMP	BRETT ZRINY	6'5"	1992
LONG JUMP	JOSH DICKERSON	23'5 1/2"	1996
POLE VAULT	DAN NOVAK	15'8"	2008
SHOT	PAUL SHARKEY	62'1"	1985
TRIPLE JUMP	XAVIER EDWARDS	47' 2"	2025
100 METERS	JOSH DICKERSON	**10.46	1996
	MATT KERSWILL	10.47	2009
200 METERS	JOSH DICKERSON	21.7	1996
400 METERS	DEREK ABNEY	48.94	1999
800 METERS	MATT HUPY	1:55.85	2012
1500 METERS	ERIC LESZCZYNSKI	4:15.44	1989
1600 METERS	LOGAN SPOONER	4:18.92	2016
3000 METERS	ERIC LESZCZYNSKI	9:18.25	1988
3200 METERS	ANTHONY ANDERSON	9:32.17	2016
110 METER H HURDLES	KONNER FIEREK/ BLAKE POSTLER	14.40 14.40	2016 2024
300 METER INT. HURDLES	BLAKE POSTLER	37.52	2024
400 METER RELAY	S. WILLETTE, M. KERSWILL D. PERGANDE, J. HOEKSTRA	42.1	2008
800 METER RELAY	A. PROHASKA, N. KOHNHORST A. PAGEL, K. FIEREK	1:28.24	2016
1600 METER RELAY	KEVIN SANDOVAL,ETHAN STASHEK MATT NICHOLS, EVAN TORGERSO	3:20.91	2017
3200 METER RELAY	B. SHOPE, A. BELL, M. HABLE, J. ZAHRT	7:55.0	1999

* Converted from non-metric to metric. **Converted from hand held time.

D.C. EVEREST TRACK AND FIELD VARSITY INDOOR RECORDS

<u>EVENTS</u>	<u>NAME</u>	<u>MARK</u>	<u>YEAR</u>
HIGH JUMP	MATT ACKERMANN	6'5"	1989
LONG JUMP	WILLIAM PORTER	22' 11 ½"	1996
POLE VAULT	DARREN SANCHEZ	15' 9"	2015
SHOT	PAUL SHARKEY	63'1 1/2"	1985
TRIPLE JUMP	XAVIER EDWARDS	47' 00"	2025
40 YD DASH	SCOTT PETERSON	4.38	1992
50 YD DASH	JAY STEFFENHAGEN	5.55	1986
50 METER DASH	MARK RINEHART	6.06	1984
55 METER DASH	JOSH DICKERSON	6.44	1996
60 METER DASH	CAIDEN HOEPFNER	7.10	2022
200 METERS	JOSH DICKERSON	22.84	1996
	CAIDEN HOEPFNER	22.84	2022
400 METERS	EVAN TORGERSON	50.98	2017
800 METERS	BLAKE MATHIES	1:59.2	1990
1500 METER RUN	KARL SCHELL	4:21.9	1982
1600 METERS	JIM LEWIS	4:31.1	1977
3000 METER RUN	MATT DIESTLER	9:27.9	1984
3200 METERS	JACOB DIRKMAN	9:41.0	2011
40 YD LOW HURDLES	RICK BENDER	5.2	1973
	JIM FRAME	5.2	1988
	SEAN FITZGERALD	5.2	1992
50 YD LOW HURDLES	JIM FRAME	6.36	1989
50 METER LOW HURDLES	JIM FRAME	6.69	1989
55 METER LOW HURDLES	SEAN FITZGERALD	7.29	1992
40 YD HIGH HURDLES	RICK BENDER	5.2	1973
50 YD HIGH HURDLES	JIM FRAME	6.43	1989
50 METER HIGH HURDLES	JIM FRAME	6.91	1989
55 METER HIGH HURDLES	BLAKE POSTLER	7.53	2024
60 METER HIGH HURDLES	BLAKE POSTLER	8.13	2024
150 H HURDLE SHUTTLE	T. GARDNER, L. COENEN	20.49	1983
	M. HAFENBREADL		
180 H HURDLE SHUTTLE	J. FRAME, C. DUNOW	23.14	1989
	B. HARGRAVES		
800 METER RELAY	A. PROHASKA, K. FIEREK, N. KOHNHORST, D. BRYANT	1:32.06	2015
1600 METER RELAY	M. NELSON, C. KEGEL, M. FOLZ, J. WANTA	3:31.49	2001
1600 M MEDLEY RELAY	M. MOESCH, P. PAWELSKI R. GLEASON, M. DIESTLER	3:47.87	1983
3200 METER RELAY	M. HUPY, J. DIRKMAN, M. BUSHAR, P. DAU	8:11.19	2012
400 METER RELAY	W. PORTER, D. ABNEY	44:35	1996
	M. SCHMIDT, J. DICKERSON		
200 METER INT HURDLES	KONNER FIEREK	25.72	2015

**D. C. EVEREST TRACK AND FIELD
VARSITY SPECIAL RELAYS**

<u>EVENT</u>	<u>NAME</u>	<u>MARK</u>	<u>YEAR</u>
DISCUS	P. SHARKEY, MIKE DORSKI JIM RAKOW	501'	1985
HIGH JUMP	D. ZIMMERMAN, L. NARLOCH L.D. CLOSE/S. WOLFE M. ACKERMANN, K. WEIGAND	18'2"	1983 1988
LONG JUMP	W. PORTER, J. DICKERSON B. MUELLER K. KLATT, K. THAO, D. SCHUBRING	63'11" 63'11"	1996 1999
POLE VAULT	M. HART E. ESCH, M. NOVAK	40'6"	2002
TRIPLE JUMP	R. NICHOLS, H. VASQUEZ B. DEARMOND	126'3 1/2"	1992
SHOT	C. LAFFIN, T. HOFFMAN J. VISSERS	163'11 3/4"	2002
800 MEDLEY RELAY	J. STEFFENHAGEN, J. TESCH P. PAWELSKI, R. GLEASON	1:37.34	1985
1600 MEDLEY RELAY	C. BRAMANN, N. KITCHELL A. WEAVER, P. DAU	3:40.65	2012
DISTANCE MEDLEY RELAY	M. BUSHAR, A WEAVER P. DAU, J. DIRKMAN	10:46.15	2012
6400 METER RELAY	J. DIRKMAN, M. HUPY L. MERCHANT, M.BUSHAR	18:22.19	2012
330 HIGH HURDLES SHUTTLE	B. HARGRAVES, J. FRAME C. DUNOW	46.6	1988
540 LOW HURDLES	D. LUBBE, C. CHECK B. FINCH	62.3	1980
900 INT. HURDLES	T.J. RICE, T. STREHLOW J. BENDER	2:05.32	1994
400 METER WEIGHTMAN'S RELAY	J. COENEN, J. AMBORD M. UNGAR, S. KASTEN	47.89	1988

D. C. EVEREST TRACK & FIELD VARSITY FIELDHOUSE RECORDS

<u>EVENT</u>	<u>NAME</u>	<u>MARK</u>	<u>YEAR</u>
HIGH JUMP	L. C. CLOSE	6'2"	1983
	MATT ACKERMANN	6'2"	1990
	SHELDON WOLFE	6'2"	1990
	PAT KING/BRETT ZRINY	6'2"	1992
	MATT MURPHY/SETH CHILSEN	6'2"	2001
LONG JUMP	JOE MIRASOLA	21'6"	1982
POLE VAULT	DAN OSLAGE	13'6"	1988
SHOT	PAUL SHARKEY	60'11 3/4"	1985
TRIPLE JUMP	HUY DOAN	43'5 3/4"	1988
40 YD. DASH	SCOTT PETERSON	4.38	1992
220 YD DASH	JIM FOSS	24.4	1981
440 YD DASH	RANDY GLEASON	54.61	1985
880 YD RUN	STEVE COFFEY	2:07.0	1981
MILE RUN	STEVE COFFEY	4:45.3	1982
2 MILE RUN	MATT DIESTLER	10:27.7	1984
40 YD L HURDLES	RICK BENDER	5.2	1973
	JIM FRAME	5.2	1988
	SEAN FITZGERALD	5.2	1992
40 YD H HURDLES	RICK BENDER	5.2	1973
4 LAP RELAY	J. FOSS, G. CUNNINGHAM	57.1	1982
	J. BALZ, C. HANZ		
12 LAP RELAY	D. POHL, J. COFFEY	3:18.4	1975
	J. SEILER, JAY WHITE		

**D. C. EVEREST TRACK AND FIELD
FROSH OUTDOOR RECORDS**

<u>EVENT</u>	<u>NAME</u>	<u>MARK</u>	<u>YEAR</u>
DISCUS	ZACH MUELLER	147'1"	2015
HIGH JUMP	JOSH DICKERSON	6'2"	1993
LONG JUMP	JOSH DICKERSON	21'10"	1993
POLE VAULT	ANDY DOWTY	13'6"	1987
SHOT	ZACH MUELLER	47'7"	2015
TRIPLE JUMP	CHRIS MALONEY	39'11 3/4"	1984
100 METER DASH	JOSH DICKERSON	10.96	1993
200 METER DASH	GREG TESCH	23.55	1988
	DUSTIN COLE	23.55	1990
400 METER DASH	BLAKE MATHIES	52.1	1988
800 METER RUN	AARON CARR	2:04.42	2013
1500 METER RUN	JASON ZAHRT	4:33.92	1996
1600 METER RUN	JORDAN THIELER	4:41.34	2007
3000 METER RUN	MATT HABLE	9:37.77	1996
3200 METER RUN	MATT HABLE	10:11.03	1996
110 METER HIGH HURDLES	KONNER FIEREK	15.70	2013
110 METER INT. HURDLES	MASON KLIMEK	16.1	2006
300 METER INT. HURDLES	KONNER FIEREK	42.54	2013
300 METER LOW HURDLES	JARED BENDER	43.15	1994
400 METER RELAY	K. KLATT, M. CRIKELAIR, C. KEGEL, J. WANTA	46.49	1998
800 METER RELAY	K. FIEREK, E. BURMEISTER, J. RINGWELSKI, R. KRATWELL	1:37.79	2013
1600 METER RELAY	K. BJORKLUND, R. BOULDIN B. MANDLI, T. TEGART	3:45.31	1995
3200 METER RELAY	S. ANDERSON, M. HUPY T. TIMM, P. DAU	9:00.02	2009

D. C. EVEREST TRACK AND FIELD FROSH INDOOR RECORDS

<u>EVENT</u>	<u>NAME</u>	<u>MARK</u>	<u>YEAR</u>
HIGH JUMP	SHELDON WOLFE	6'0"	1988
	JOSH DICKERSON	6'0"	1993
LONG JUMP	DEREK ABNEY	21'3"	1996
POLE VAULT	DAN NOVAK	12'0"	2004
	MATT NOVAK	12'0"	1999
	ANDY DOWTY	12'0"	1987
	NICK KOHNHORST	12'0"	2014
SHOT	ZACH MUELLER	46'9"	2015
TRIPLE JUMP	HUY DOAN	39'0"	1986
40 YD DASH	DEREK ABNEY	4.71	1996
50 YD DASH	RYAN MOLSTAD	5.93	1995
55 METER DASH	MATT SHELDON	6.57	1984
60 METER DASH	MALACHI WATSON	7.44	2022
200 METERS	DEREK ABNEY	24.3	1996
440 YD DASH	BLAKE MATHIES	55.74	1988
880 YD DASH	BLAKE MATHIES	2:07.57	1988
MILE RUN	LUKE MERCHANT	4:50.00	2010
2 MILE RUN	MATT HABLE	10:10.6	1996
40 YD LOW HURDLES	DEREK ABNEY	5.29	1996
40 INT HURDLES	BRIAN HARGRAVES	5.99	1986
50 YD LOW HURDLES	SHANE HOPPE	7.1	1991
50 YARD HIGH HURDLES	KEN BJORKLUND	7.87	1995
55 METER LOW HURDLES	BRIAN HARGRAVES	8.19	1986
55 METER HIGH HURDLES	DEREK ABNEY	8.28	1996
60 METER HIGH HURDLES	CHRIS DUNOW	9.41	2024
40 YD HIGH HIGH HURDLES	DEREK ABNEY	5.64	1996
60 YD INT. HURDLES	GREG TESCH	7.95	1988
1600 METER RELAY	KEN BJORKLUND, PHIL SALAMONE	4:07.99	1995
3200 METER RELAY	ROCKY BOULDIN, TOM TEGART		
	J. NELSON, L. SPOONER	9:47.76	2013
	A. ANDERSON, A. CARR		

D. C. EVEREST TRACK AND FIELD FROSH FIELDHOUSE RECORDS

<u>EVENT</u>	<u>NAME</u>	<u>MARK</u>	<u>YEAR</u>
HIGH JUMP	SHELDON WOLFE	6'0"	1988
	JOSH DICKERSON	6'0"	1993
LONG JUMP	JOSH DICKERSON	20'10 1/2"	1993
POLE VAULT	ANDY DOWTY	12'0"	1987
SHOT	KEN KLATT	44'10 1/2"	1996
TRIPLE JUMP	HUY DOAN	39'1/4"	1986
40 YD DASH	JOSH DICKERSON	4.73	1993
220 YD DASH	GREG TESCH	25.38	1988
440 YD DASH	BLAKE MATHIES	58.17	1988
880 YD DASH	BLAKE MATHIES	2:12.59	1988
MILE RUN	BILL HEARN	4:56.8	1981
2 MILE RUN	AARON BELL	11:07.69	1996
40 YD HIGH HURDLES	DEREK ABNEY	5.64	1996
40 YD INT. HURDLES	BRIAN HARGRAVES	5.99	1986
40 YD. LOW HURDLES	DEREK ABNEY	5.29	1996
4 LAP RELAY	KRIS KLATT MATT CRIKELAIR JON WANTA CHRIS ZIEMKE	60.31	1998
12 LAP RELAY	JASON ZAHRT MATT HABLE B. JAY PIECZYNSKI BRENDAN LEONARD	3:30.37	1996