

# Plastic & Health

## The Hidden Costs of a Plastic Planet

### Get involved:

Pitch this report to a local newspaper

Write an op-ed or letter to the editor

Use this social media kit (below) to spread the word and amplify our impact

### Social Media Kit

#### Link to report:

[bit.ly/plasticandhealth](http://bit.ly/plasticandhealth)

#### Handles for tagging report authors

@ciel\_tweets

@Earthworks

@HBBForg

@ToxicsFree

@tejasbarrios

@upstreampolicy

@GAIAnoburn

@brkfreeplastic

#### Hashtags:

#HiddenCostsofPlastic

#YouKnowNowWhat

#### Suggested Tweets:

Breaking! Plastic is a global health crisis hiding in plain sight. Learn the #HiddenCostsofPlastic in new report by @ciel\_tweets @Earthworks @HBBForg @ToxicsFree @tejasbarrios @upstreampolicy @GAIAnoburn @brkfreeplastic [bit.ly/plasticandhealth](http://bit.ly/plasticandhealth)

Calling all innovators, businesses, artists, activists looking to create a better world! New report reveals scale of global health crisis caused by #ToxicPlastic—Now we need solutions to reduce plastic production, use, disposal #HiddenCostsofPlastic [bit.ly/plasticandhealth](http://bit.ly/plasticandhealth) @ciel\_tweets

Most people worldwide are exposed to toxic health impacts of #plastic at multiple stages. Stopping the #HiddenCostsofPlastic will take all of us... We must reduce plastic production & use! #YouKnowNowWhat @ciel\_tweets [bit.ly/plasticandhealth](http://bit.ly/plasticandhealth)

*Tweets highlighting specific stages of plastic:*

The fracking boom fuels plastic production. #DidYouKnow 6,648 fracking-related spills were recorded from 2005-2014 in just four US states? #HiddenCostsofPlastic #YouKnowNowWhat [bit.ly/plasticandhealth](http://bit.ly/plasticandhealth) @ciel\_tweets

Toxic exposure of fenceline communities exacerbated by lack of access to info. Access to information about toxic chemicals is essential to evaluate risks, mitigate harm, and participate in decision-making. #YouKnowNowWhat [bit.ly/plasticandhealth](http://bit.ly/plasticandhealth) @ciel\_tweets

Most people are exposed to toxic food packaging chemicals without their knowledge or consent because chemicals in plastic packaging aren't on ingredient lists. #HiddenCostsofPlastic #YouKnowNowWhat [bit.ly/plasticandhealth](http://bit.ly/plasticandhealth) @ciel\_tweets

You've heard of #plasticpollution in our oceans, but #DYK that plastic pollutes our air as well? Plastic is burned in incinerators around the world, with devastating impacts on our health. [no-burn.org/hiddencosts](http://no-burn.org/hiddencosts) #HiddenCostsofPlastic #YouKnowNowWhat #Breakfreefromplastic @GAIAnoburn

Plastic is never really gone. Microplastics contaminate and accumulate in food chains through agricultural soils, terrestrial and aquatic food chains, and the water supply. #HiddenCostsofPlastic #YouKnowNowWhat [bit.ly/plasticandhealth](http://bit.ly/plasticandhealth) @ciel\_tweets

### **Suggested Facebook posts:**

Calling all innovators, businesses, artists, and activists looking to create a better world!

A brand-new report reveals the scale of global health crisis caused by plastic—and it's massive. Now we need solutions that will reduce plastic production, use, and disposal and usher in a healthier & more sustainable future.

#HiddenCostsofPlastic #YouKnowNowWhat [bit.ly/plasticandhealth](http://bit.ly/plasticandhealth)

### **Download images (and powerful graphics):**

[https://drive.google.com/drive/folders/1REXp\\_bqB0ll\\_ocPhq-9fi0MBBWYbgrmw?usp=sharing](https://drive.google.com/drive/folders/1REXp_bqB0ll_ocPhq-9fi0MBBWYbgrmw?usp=sharing)