## Emotions: Turn that Frown Upside Down March 24, 2024

As he approached Jerusalem and saw the city, he wept over it' – Luke 19:41

Emotions of Jesus: He notices those who are hurting		
His response was to talk (to friends, father & feelings)		
He never stopped fighting for those who were mistreated		
Jesus is/sad when someone is far from God the father		
3 ways to move from sadness to Joy:		
Take step toward your Father. Our Father's (God's) love for us is		
We are so much off with our Father!		
Get up and take step toward your Father.		
The journey toward healing, forgiveness, joy, etc begins with just step.		

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	God wants a	
	The Father lovesrule follower.	sons: the rebellious and
	God you even wand run away!	hen you have rebelled
3. Bri	ing with you.	
We cause quite a ruckus in when we ha		
	God's is perfect!	

## Reflect on these questions this week:

- Where have you noticed you aren't as close to God as you once were?
- Which character in the story of the Prodigal Son do you most relate to?
- What is one step you could take toward your Father this week?
- Who might you bring to Easter Sunday service with you next week?