

Dad,

I'm sending you this email in response to the transition videos you've sent me over the past year. I understand your ongoing medical issues...and I of course wish you well...but this is something that needs to be said...and now is as good a time as any.

The reason I have not been contacting you since September is because I will not tolerate your consistent behavior of refusing to show me basic human respect and dignity...not just outright using now factually incorrect pronouns (he/him and my old name when my driver's license now reads with my new legal name and 'Sex: F')...saying that you outright refuse to use my factually correct, legal name...but also previously having sent me several videos a week...often multiple in a day.

I hid several signs from you, because I couldn't express anything to you... for two main reasons. Number one... I felt that it was pointless...futile...since I knew you would not understand where I was coming from... and number two... I feared what would happen if I did do so. And, as I saw in August and September, with your initial email reaction in August and your two-week-long visit to Illinois in September, I had every reason to fear your reaction...it was a well-justified fear.

And about your false assertion that I am not truly experiencing or have experienced gender dysphoria...I tucked my penis in between my legs in the shower since I was a little kid to imagine it wasn't there...I smushed my chest fat together to pretend I had breasts. I frequently dreamed of being (not about, BEING) the opposite sex and what it might be like, and intensely wished that I could experience the same thing. I have had consistent, immense gender envy ever since pre-puberty. It is mathematically impossible for me to have been brainwashed by social media...much less by a therapist or psychologist...both of which I have been seeing since October 2023. Both are LCSW (Licensed Clinical Social Workers) with over 20 and 25 years of experience...with a focus on CBT (Cognitive Behavioral Therapy).

I was a young child at the time of these feelings...eight or nine or ten years old...and I did not even have my first phone until I was 13 years old. Why would I consult a gender therapist before realizing I was trans? It doesn't even make sense chronologically...please think before you spout such backwards statements.

I have been MUCH happier, much more fulfilled, and have much more self-esteem and self-worth after (as of now) 10 months of hormone replacement therapy, especially after my legal name and gender change. This alone refutes your argument that 'transition does nothing'...as you are trying to persuade me of with your constant barrage of detransition videos.

See the following sources:

<https://whatweknow.inequality.cornell.edu/topics/lgbt-equality/what-does-the-scholarly-research-say-about-the-well-being-of-transgender-people/>

<https://publications.aap.org/pediatrics/article/150/2/e2021056082/186992/Gender-Identity-5-Years-After-Social-Transition?autologincheck=redirected>

<https://www.aerzteblatt.de/int/archive/article/16359>

And...what is more...I have excelled in both notoriously difficult mandatory comprehensive requirement courses in my Math PhD Program...Abstract Algebra...and Real Analysis...meeting the department requirement of a B+ or better in both courses on the first try...the latter with a grade of A. Many have taken two or even three attempts...and I have done it on the first try...both times. This is substantial evidence that the estrogen therapy is working effectively, and is targeting my depression from around this time last year to a remarkable degree.

Now...a few quick points regarding the contents of your emails.

A general sentiment expressed in your emails to me...that 'you were deeply happy as a child.'

Look at my photos from 2013 onward... especially around 2015 to 2016. Notice the deep misery in my facial expression...my glasses weren't even on straight...I hunched over...I always frowned. I looked like a tired, drunk Rocky Balboa after taking too many hits in the ring.

I didn't care about my posture or my weight, because I had no motivation to take care of or present myself well to the outside world...and so I let myself balloon into obesity. **As a result of my newfound self-esteem and motivation for self-care... I now weigh 140 pounds with a BMI in the 22-23 range.** Since I had begun my transition...I had lost **55 pounds...nearly 30 percent of my starting weight.**

And before you say 'every teenager feels like this, especially an autistic and profoundly gifted one like you'...see my other points regarding the signs I displayed and then proceeded to hide.

"A true woman loves men"... this is the epitome of a false premise. In fact...it is laughably wrong on its surface. Even ignoring trans people...**cisgender lesbians are very real...and are well-documented to be around 1-2% of the female population.** See the academic literature such as <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6677266> ...although this is such an obvious point that can be confirmed through a 5-second Google search...it should really not even need to be said explicitly. Your statement is such blatant and easily disprovable nonsense that I really should not even bother to refute it...but I have done so anyway...as I believe in being thorough...and completely addressing the faulty 'arguments' you have set forth.

"A true woman loves a man's penis. You say you hate it"...this is completely wrong...on so many levels.

A) Again, lesbians exist. Even non-lesbian women don't necessarily love penises...asexual and sex-repulsed people exist and are just as valid.

B) Nonsense. I NEVER told you I hated penises IN GENERAL...only that I am personally uncomfortable with MINE specifically. How did you even jump to that conclusion?

C) What do you mean by 'true' woman? By your false 'logic'...lesbians (or bisexual, pansexual, asexual, or otherwise queer women) would not be 'true' women...making them what...men? See the contradiction? It doesn't add up. False premise.

"I spent extra effort teaching you basic logic and critical reasoning so you wouldn't fall victim to the many pitfalls in life." Yes...and now I am using it against you to tear apart each and every one of your false premises and straw man arguments...this is something you should have had the foresight to see coming. Did you think I was going to lie down and take it due to your blustering intimidation...or more insultingly...think I would be so stupid that I would not see the obvious fallacy? Either way, you have a lot to learn about me.

And...while we are on the subject...do not try to talk down and condescend to me about "math" and "contradiction" and things that "don't add up"...I have a Bachelor's degree in math from Berkeley. I am now a second-year graduate student in the UIUC Math PhD program, and am soon to receive my Master's degree (in December of this year).

"You are on the wrong path in life." As decided by whom? Let me make myself perfectly clear...you do not own me...and you do not own my body. I am an adult...23 years old...an individual in my own right...and I am able to give informed consent and do my own research. Who are you to decide unilaterally that a certain path is "wrong" for me? **This is my decision to make...and mine alone. This is not up for debate.**

But now...onto the main point of my email. I have taken the time to watch many of your videos...and here are my counterarguments.

First of all...these being an hour to two hours long is an insulting waste of my time. I was under the impression that you were the one who was all about concision and getting to the point...this is hypocritical behavior at its finest. I do not have the time to spend on watching repetitive hour-plus-long interviews...many of which are the same videos previously sent...over and over again...demonstrating a complete lack of care or effort.

Now...on to the arguments.

1st video: Mia Hughes. (Trans: A Mental Health Epidemic like Nothing Before)  
(An IMMEDIATE note...the TITLE is grammatically incorrect. 'Trans'...short for transgender... is an adjective...specifically a Latin prefix meaning 'across, beyond, on the other side of'...not the name of an 'epidemic'... and again... it takes VERY LITTLE research to know this.)

0:00 "There is not a shred of evidence for gender identity" -- see:  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6677266/> and:  
<https://capmh.biomedcentral.com/articles/10.1186/s13034-023-00654-3>

You cannot immediately discredit and dismiss the copious amounts of peer-reviewed, scientific journal articles and studies...and then turn around and present your non-arguments as indisputable, common sense "facts" without yourself citing any credible sources.

0:28 "You can't hate your body so much you shower with the light off, this is not a sign of good mental health" Exactly... gender dysphoria is a serious, life-threatening condition that needs to be helped. If we are so mentally ill...help us out. Don't just leave us like this. You say transgender"ism" is a mental illness. Then we should do something about it...yes? What is the natural implication here? Does the speaker want us to stay mentally ill? To potentially be at much greater risk of offing ourselves? Do we help people with type 1 diabetes...Down syndrome...quadriplegic people...or do we leave them to suffer or die?

0:37 "Non-binary, being I guess both male and female" You GUESS...so you don't KNOW? Also...wrong. Non-binary people are just that...not in the gender binary...it's in the name. Neither fully male...nor female. They may be a combination of the two...genderfluid...or another identity entirely. Mia has clearly not done her research...and by you sending me her anecdote (as it is anecdote...nothing more) as if it were irrefutable evidence...it is obvious that neither have you.

2:05 "I thought we were all just pretending" There it is. No...Mia...not everyone is pretending. You are...because you are admitting that you don't see trans women as women and trans men as men. Why? Because you do not fundamentally see gender dysphoria as an uncontrollable...you see it as played up...a matter of choice...that we are all just drama queens in on an 'act' for attention and validation...when nothing could be further from the truth.

2:40 "Male lesbian, no such thing" Of course...but what does that have to do with anything? That does not invalidate our point...it is a complete red herring. Is your implication here that trans lesbians do not exist because trans women are 'men,' and hence you get 'male lesbian'...if so...then this is a ridiculous contortion of basic logic...and I should hopefully not need to explain why.

3:00 "Chemically castrated" This is the same point as every other transphobe...down to identical wording. No... 'castration' is only such when the effect is UNDESIREd and without consent...as happened to Alan Turing... a cis man... who was forced to take estrogen (as an alternative to prison) as a punishment for his being homosexual...driving him to suicide from gender dysphoria. It is NOT being done without the patient's and...if they are a minor...the parents' consent...and it is meant to alleviate existing gender dysphoria...never to cause it. It is never done to just the child without the parents' involvement. Can you find any other words other than just the same recycled ones over and over again? Not only are your arguments invalid...but you also lack creativity and the capacity for original thought. Dare I say it...you are the real 'sheep.' :)

See this: <https://www.nhs.uk/conditions/gender-dysphoria/treatment/>

"If your child may have gender dysphoria, they'll usually be referred to one of the NHS Children and Young People's Gender Services.

Your child or teenager will be seen by a multidisciplinary team including a:

clinical psychologist  
child psychotherapist  
child and adolescent psychiatrist  
family therapist  
social worker

The team will carry out a detailed assessment, usually over 3 to 6 appointments over a period of several months.

Depending on the results of the assessment, options for children and teenagers include:

family therapy  
individual child psychotherapy  
parental support or counselling  
group work for young people and their parents  
regular reviews to monitor gender identity development  
referral to a local Children and Young People's Mental Health Service (CYPMHS) for more serious emotional issues

Most treatments offered at this stage are psychological rather than medical. This is because in many cases gender variant behaviour or feelings disappear as children reach puberty."

3:04 "Healthy body parts chopped off" You clearly indicate that you have not done even remotely the first bit of research on what gender-affirming surgery is. The surgeons do not 'chop' anything off...they traditionally invert it in a male-to-female penile inversion vaginoplasty (PIV) procedure.

See: <https://www.mayoclinic.org/tests-procedures/feminizing-surgery/about/pac-20385102>

There are two possibilities here... number one... you have not bothered to do even the slightest bit of research... or number two... you know this information full well and are disingenuously making it out to be something it is not... in order to make it 'look bad' to people who do not know better. Even if 'cutting' or 'chopping' it off were an accurate description...and it is not...this is another red herring. What effect does it have on anything? As consenting adults...we have the right to make decisions about our own bodies. And gender-affirming surgeries are not provided to minors.

4:20 ~ 4:50 This is a typical recycled 'indoctrination in our schools' non-argument. Why don't we take a look at school curricula...and see if they mention anything that tries to force kids to transition.

<https://www.politifact.com/article/2022/may/11/why-its-not-grooming-what-research-says-about-gender/>

<https://www.texastribune.org/2024/05/15/texas-granbury-isd-school-board-courtney-gore/>

Also...parents do...in fact...have a say in school curricula...so the 'parents' rights' argument holds no water.

<https://www.americanexperiment.org/resource-reminds-parents-of-their-right-to-review-curriculum/>

<https://education.ohio.gov/Topics/Learning-in-Ohio/Standard-Revision-Overview/Parent-and-Guardian-Requests-to-Review-Curricula>

<https://www.azleg.gov/ars/15/00102.htm>

If parents are actively involved in the process...how can the schools be 'indoctrinating' kids without parental knowledge or consent? To use your own words against you...**it doesn't add up.**

This is yet another unfounded claim. **I am not going to entertain nonsense...the burden of proof is on you...the accuser...to provide credible evidence.** If you have credible scientific, peer-reviewed evidence to support your claim...please... do present it...I would love to hear it. Otherwise...this is simply baseless fear-mongering. And no...sensationalist YouTube clickbait and hour-long interviews with no cited scholarly sources do not count as 'credible evidence.'

4:52 Again with the male lesbian thing...see the rebuttal at time 2:40. No one reasonable is saying this...we know it's a definitional contradiction. I know. But it's irrelevant...no one serious is saying this.

7:25 Who says you're 'not allowed' to talk about being trans and having GD as a psychiatric disorder? By definition, it is not an orderly state of existing...it is awful and horrible and miserable. Gender identities aren't something to be 'believed' in...they just ARE. See point 0:00.

10:00 The typical 'open wound' 'argument.' "Dilate for the rest of his [sic] life." False... and why call her 'him?' Just to be cruel? Dilating is only temporary, at least with any frequency...relief from dysphoria is forever. The surgeon follows up meticulously... and it's no longer necessary after a certain point...at least no more annoyingly so than brushing your teeth. See

<https://www.thelondontransgenderclinic.uk/general/how-does-dilation-work-after-gender-confirmation-surgery/>

Natural masturbation takes care of this need for dilation anyways...the tissue cannot 'heal together' any more than any other tissue or organ in your body can fuse together.

See [https://www.reddit.com/r/asktransgender/comments/hjair0/is\\_dilation\\_for\\_mtf\\_srs\\_lifelong/](https://www.reddit.com/r/asktransgender/comments/hjair0/is_dilation_for_mtf_srs_lifelong/)

And even if it were that much of an inconvenience...it's personally worth it to me...more than worth it. Who are you to decide I cannot have this because 'it's not worth it?' Not worth it to whom...exactly? **I and I alone am the one to make that decision...**you do not own me, and you do not own my body. This is no different from any other surgery and post-op recovery...so what if it's a little boring? Again, my decision to make...not yours.

Also see <https://transcare.ucsf.edu/guidelines/vaginoplasty>

It is manageable anyways... your argument is irrelevant and incorrect.

11:25 "These people do need help." So it is acknowledged...we're not saying the ONLY way out is through hormones/surgeries...just that they CAN be life-saving tools that are sometimes necessary on a case-by-case basis. And...as an adult...I have the autonomy to grant myself that life-saving help...yes?

12:25 There goes the TikTok thing again...who exactly was 'not allowing' you to say anything? **You have freedom of speech...just like everyone else... but that does not mean freedom from consequences of spreading misinformation.** The First Amendment is not a silver bullet...you of course have the right to say whatever you please for the most part...but others have just as much of the right to call you out on your BS. :)

14:50 Same here...no one is saying you HAVE to entirely celebrate it. Of course it's valid to be concerned about risks...and where are you getting the 5000% increase statistic from? Cite sources! It's a false straw man...projecting oppressive tendencies onto the trans community when this is not happening.

16:00 Again...breast reduction is not 'cutting off' breasts...you clearly are using it as a scapegoat and making it out to be what it's not.

17:10 "Five trans kids in one class." The statistically unlikely is not the impossible...in this case...it empowers kids who were already trans to begin with...to feel more safe to come out. It is not dissimilar to left-handed rates suddenly going up...not because more people magically became left-handed...but because the stigma against it was reduced. There is no 'indoctrination' here...what you call 'indoctrination' is making people feel comfortable to express their true selves. And there is absolutely nothing wrong with that...in fact it ought to be encouraged...**gender dysphoria is something I would never wish on my worst enemy.**

21:10 "Symptom pool" I love how these people never address that if someone did not legitimately have gender dysphoria... they would feel terrible on hormones within a few weeks at most. **They would know...were it not right for them.**

23:10 "We have no actual hard evidence simply precisely for what you say." **This speaks for itself...did you even watch the entire video before sending it?**

24:40 "27% find fertility decrease troublesome" Not applicable to me... I already froze my sperm. This is a non sequitur.

26:40 "Doctors who did this to you" No...YOU did it to yourself...it is YOUR responsibility. The doctor is merely the vessel through which the operation is done. It is the equivalent of eating nothing but McDonald's every day...getting fat and experiencing health complications...and deciding to sue McDonald's.

29:00 ~ 29:50 Do you have any evidence they're NOT following up with questions about their stability and well-being in their lives?

35:00 ~ 36:00 The WPATH 'victim blaming' argument... 'Remove safeguarding from the field of gender medicine?' All backwards... the exact opposite is true. Why do you think they gatekeep HRT for adults...consenting adults...let alone gender affirming surgery...so much? Outside of Planned Parenthood...which still operates under an informed consent model that is approved and closely monitored by WPATH...and still involves checking for vital metrics, medical history, and the patient's mental and psychological stability...there are several barriers that must be overcome...should a patient...even an adult patient...wish to undergo hormone therapy.

In order for a consenting adult to even undergo gender affirming (top or bottom) surgery...they must continuously be on hormone replacement therapy for a minimum of one year...receive three letters of readiness from medical professionals...two of whom must be licensed mental health professionals...and undergo a thorough consultation. If this is not safeguarding...then I do not know what is. The system cannot reasonably safeguard an individual from themselves...nor should it...and as an adult...it is my responsibility to research the procedure and determine if it is right for me. It is not yours to intervene and strip me of my rightful autonomy as an adult. **As I do not strip you of yours...do not strip me of mine.**

40:00+ This part is less relevant (about NB surgeries)...but...again... this is not what is going on. There is again a clear lack of research on Mia's, and your, part...**and if you have done your research...then that is actually worse...because you are maliciously twisting the facts to suit your agenda.**

You cannot accuse me of having an 'agenda'...when you yourself are promoting an agenda that is much more harmful and not based in the facts and the scientific literature.



Gender-affirming surgery does not 'make' someone their gender. They already are...surgery or no surgery.

41:50 "Doesn't exist in nature" This is again irrelevant...and not to mention...incorrect. Many gender variations exist in nature...including intersex conditions and gender fluidity among different species. Plenty of species are hermaphroditic...by completely natural phenomena...and may even change their sex organs on a whim as evolutionarily necessary for survival. Clownfish are a classic example...so are banana slugs...butterflies...and even frogs in their tadpole phase.

Source: Roughgarden, J. (2004). Evolution's rainbow: Diversity, gender, and sexuality in nature and people. University of California Press.

Source:

<https://www.nationalgeographic.com/animals/article/frogs-reverse-sex-more-often-than-thought>

42:30+ "All they do is police each other's language" These are recommendations that demonstrably improve quality of life outcomes...not strict enforcements for which there is concrete punishment. The trans community and healthcare/medical professionals are not jailing or censoring people for using the 'wrong' term...merely educating those who do not know any better...treating it as merely something to keep in mind...as a matter of basic human consideration, respect, and courtesy. These communities believe in First Amendment rights...the same as anyone else.

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2nd video: Chloe detransitioner

First of all...if anything, this (an FTMTF person) only **strengthens** my argument for going in the MTF direction...yes? At least put in the effort to find an MTFTM example...and while I am at it...Ritchie Herron's case is also heavily loaded and untrustworthy. He had circumvented the traditional process... DIYing hormone therapy... and getting around real-life experience requirements... often lying to the NHS...as well as only having the motivation to avoid confronting his gay orientation and having relations with men as a man. **This is nothing close to my motivations to transition.**

This entire anecdote...and that is all it is...as Chloe cites no scholarly sources...is very irrelevant to my personal situation. Her pre-existing life troubles were clouding her judgment...and social pressures are OFTEN a cause for detransition...much more so than genuine regret or feelings of misfit with the new gender.

First 6-ish mins: Of course...see...there lies the problem. She already HAD a pre-existing identity struggle...it muddles everything up. It is an invalid experiment with an invalid conclusion...a fifth-grade understanding of the scientific method tells you this immediately.

7:15: Chloe notes religious upbringing...if anything...this is the real indoctrination. Do you have any idea how many well-documented child sexual assault and abuse cases are due to priests? This is projection of the highest order.

12:00: "Sucked into it." **None of this addresses the fact that...were someone not to have dysphoria...as I previously mentioned...they would know it almost immediately once they started hormones or puberty blockers...or even social transitioning.** It would feel terribly wrong and out of place...and...later...completely and utterly miserable...much in the same way a trans person experiences life before transition.

17:00: Chloe brings up the 'grooming' rhetoric again. This is not grooming...everyone already has their own gender identity decided. Trying to 'groom' a boy into being a girl...or vice versa...simply does not work. See 12:00 above. Most of all, this is unfounded. Evidence... there is simply no evidence for this claim. The onus...the burden of proof...lies with YOU...the one making the claim. It is just like in court...the burden of proof lies on the prosecution...the accuser...always...and this is no different.

**In fact...there is compelling evidence to the contrary...that people WILL realize when transition is not right for them.** The case of David Reimer is a perfect example...he had a botched circumcision (an invasive and painful procedure to which an infant AMAB person cannot consent)... which is somehow considered perfectly acceptable...much less...often for purely religious reasons. The way I see it...this is the real mutilation of our children. He had his genitalia 'corrected' to female ones...but he had experienced intense dysphoria from being raised as a girl...**he knew he was a boy...innately so.** No 'indoctrination' was involved in his case...and neither is it, in my case.

17:45: I have said it before...and I will say it again... people with autism are not stupid...they are not so gullible they don't know what they're doing and can't think for themselves. I am 23 years old...I am old enough to think for myself...autism or no. In fact...as I have high-functioning autism...and am twice exceptional...it only HELPS my case. You are doing nothing but defeating your own argument. It's as if you have such little respect for us (not to mention...the term 'Aspie' is another form of infantilization)...that you think this is all too much for our weak little minds to handle...and that we need to be infantilized...as consenting ADULTS. Our body...our choice. It is not your place to try and tell us how we should feel about our own bodies. You do not know me, and you do not own me.

~25:00: You do realize wanting to belong is NOT the issue... if I wanted that... there are so many other communities I could belong to...why go for the trans community? If it were that...yet again...I would realize something was off...that I wasn't trans... if I tried experimenting and socially transitioning. I would think to myself: 'Hey...No...I don't want to be a girl after all'...and I would back off.

~31:00: It is just a statement of facts...some conditions are just associated with suicidal ideations...and gender dysphoria happens to be one of them. Refer to the example of Alan Turing one more time...and tell me genuine dysphoria cannot lead to suicidal ideation.

~55:00: Most (if not all) of this can be attributed to incompetent health professionals...not the ineffectiveness of transition itself. Same with Ritchie Herron...except he also circumvented the system and lied to his healthcare professionals.

~57:30: A 15 year old getting surgery is clearly an outlier case...and there was a serious violation of WPATH and general medical practice guidelines in Chloe's case. Minors are not supposed to get gender-affirming surgery...this is clearly an exceptional case that should not be used as a scapegoat. And...while we are on the subject...stop mentioning children this... children that... you (and Chloe) are clearly grasping at straws... because you have nothing...no argument... when it comes to consenting adults. It bears repeating... I am 23 years old... I have not been a minor child in over five years. This part of Chloe's 'argument' does not apply to my situation... plain and simple.

1:01:55 "I started to realize that I wasn't incredibly happy about it." In life...sometimes... you just have to take the most reasonable course of action at any given time. Imagine...if you were deathly ill...and there were a cure with a 99% success rate...but a 1% rate of side effects. Not taking it has a 100% chance of perpetuating the immense suffering for life...why NOT take it? It's the best thing one can reasonably do... and I am not waiting 20+ years for a regret that has a high chance of never even happening.

1:05:15 "But that was at a time when I still was very immature." See...she admits it. As I am not... I am 23... and... even at this age... I have been through so much life hardship and countless obstacles on my way here. If that is not maturity through life experience... I do not know what is.

"I knew nothing about these things." And I do...I have been doing months...if not over a year... of research specifically on these topics. Again...I know what I am doing... and so do my mental health professionals. They are professionals for a reason... and they have over 20 and 25 years of experience.

1:08:05 The FTMTF case is fundamentally different from the MTFTM case... none of the discussion about giving birth and starting a family is relevant to my case.

1:10:15 "Around gender, around sex, which really are the same thing." No...see the rebuttal to the first video. This is a similar idea to the 'if gender identity is a social construct, then I don't have to follow it' video...which can be refuted easily by the same arguments I have already given. It is a matter of basic courtesy...if that is too difficult...then you have much larger issues to deal with as a human being. It is not dissimilar to mocking or disparaging or threatening disabled people...diabetics...paraplegics...blind and deaf and mute people...people with no control over their circumstances.

And...while I am on this point...saying that 'the trans community demands too much and shoves wokeness and PC culture down society's throat' is no different from saying that...for example... 'disabled people demand too much with their ADA accommodations and wheelchair ramps'... as a justification for hate. A statement like this would be obviously wrong and cruel...anti-trans sentiments are no different.

1:24:00 "Identity comes from who they are on the inside, what they do, not what they look like." I have seen you make this argument to me personally...and...perhaps... it sounds good on paper... but the mismatch is exactly our entire impetus. **Presenting as the wrong gender was literally damaging and muddling my sense of identity...making me feel worthless and inadequate... like an unworthy failure...dirty and shameful.** I literally had had no idea what I was interested in... what I wanted to do with my life... who I even was... because it all felt hollow and inauthentic and pointless. Whenever I was complimented by others, it felt as though they weren't even talking to me. When asked to describe myself, I had had no idea how to answer.

What I do...what I accomplish... is... and was... being compromised because of this gender identity mismatch. You are not in a place to understand...it is something only personal firsthand experience can truly capture. If my identity is tied to a one-dimensional conception of me as an autistic, profoundly gifted, math whiz, that does not even begin to capture my softness... my gentleness... my emotional sensitivity... and everything that makes me uniquely me... then how can I possibly be expected to embrace it?

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3rd video. "Crazy sounding..."

Immediate comment...unnecessary sensationalist clickbait presentation that only detracts from the argument of the video. Anyone who uses clickbait is giving away that they must rely on flashy visual effects and flashy words with artificial emphasis in the form of gratuitous exclamation points... and the shock factor it brings... instead of actual scientific evidence. It is all a farce... right off the top. It is nothing more than a shameful attempt at shallow emotional manipulation...do not think I cannot see through this. I may be young...but I can recognize manipulation when I see it...and this is a prime example. You are...or were...by sharing these videos repeatedly...at best complicit...and, at worst...actively partaking in gaslighting and brainwashing of your own.

0:15: "Religious upbringing." Again...this is a self-admitted complicating... and compromising... factor.

3:00: Then that is an incompetent medical professional. I understood perfectly that fertility is not entirely restorable following hormone therapy... and that is why I personally had the foresight to freeze my sperm.

5:05: "TesticAls." Amateur typo...again with the sensationalist and non-academic presentation. How am I supposed to take you seriously? Why are all of the videos you share personal, unverifiable anecdotes...with zero scientific studies cited within them...or even elsewhere in your emails... to back up anything you claim?

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4th, 1st Miriam Grossman talk (15:50 long).

1:15. This is unhinged behavior...if you only wanted what was best for your daughter...you would let her have her bodily autonomy. You do not own your child or their decisions about their body, made necessary by intense dysphoria.

4:30 "Seen as" unsupportive/abusive? No...they just are. I ask again...what is so hard about having basic dignity and respect? The vast majority of people already are implicitly demanding pronouns...just in a less obvious way. Imagine for a second if everyone started referring to you as she, her, ma'am... wouldn't feel very good at all, would it?

Also...the CPS thing is rare and extreme. It usually does not happen...CPS is notoriously laissez-faire. And...yet again...I am not a child. Not to mention...trying to 'groom' someone into being trans works about as well as conversion therapy...that is to say...it does not. People know who they are...and innately so (David Reimer, Alan Turing, etc).

See:

[https://www.researchgate.net/publication/232831877\\_Queer\\_Youth\\_and\\_the\\_Culture\\_Wars\\_From\\_Classroom\\_to\\_Courtroom\\_in\\_Australia\\_Canada\\_and\\_the\\_United\\_States](https://www.researchgate.net/publication/232831877_Queer_Youth_and_the_Culture_Wars_From_Classroom_to_Courtroom_in_Australia_Canada_and_the_United_States)

6:00: If so...if institutions prioritize politics and ideology over children and families...don't you think the science would be on your side? But there is not a shred of evidence on your side from peer-reviewed studies and articles.

8:00: You're right...we're not saying sex is on a spectrum...GENDER is. And what about intersex people?

8:50: Such a rudimentary fifth-grade understanding of biological sex...intersex people literally make up almost 2% of the population in some form.

9:15: "The brain always matches the body. We are not Legos or Mr. Potato Heads." Another unsupported claim that requires substantial evidence...none of which is given here.

11:20: So what if the prevalence of gender clinics was rare back in the day...this is not 20 years ago. This is now. All that means was there was little awareness of gender dysphoria...how does that invalidate anything the trans and medical communities are saying?

13:30: Everyone keeps saying 'healthy' organs. They may not be outright cancerous or immediately life-threatening...but if they are giving me misery and anguish...then they are not healthy at all. They are not serving their purpose...people should not feel misery from their own organs and body parts. So...if someone does...**that...by definition...is not healthy.**

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5th, 2nd Miriam Grossman talk (19:09 long)

Again...a false premise of 'think of the children' from the start...not relevant. I am 23 years old...not a child.

2:30: It's always about the parents...parental trauma this...parental trauma that. You can't look on the other side of things...it takes serious short-sightedness to not even bother to look at all points of view...and to confer special treatment on ANY group.

"I've been asked to speak today about how gender ideology is a medical experiment on our children." **And there you have it...this is tainted right from the start...leading the witness.** You cannot present this as a neutral talk when you state your intention right there out in the open...same with 'National Conservatism.' Ms. Grossman clearly has vested interests...making her untrustworthy.

3:05: Psychotherapy and gender affirming care are not mutually exclusive...who said they were? GAC is usually...if not always...a last resort for these kids...never mind adults who can provide informed consent. Sensible people will turn to psychotherapy first before taking any drastic measures...as we are doing...as I am doing.

3:25: "There is no high quality evidence that GAC leads to long-term positive outcomes or decreased suicides while there is conclusive evidence of serious harm and lifelong suffering." If that were so...then explain these peer-reviewed journal articles and (reports on) scientific studies.

<https://publications.aap.org/pediatrics/article/149/1%20Meeting%20Abstracts%20February%202022/590/186447/Mental-Health-Outcomes-and-Receipt-of-Gender?autologincheck=redirected>

"Gender affirming medical interventions were associated with substantial improvement in both depression and suicidality (but no anxiety) over the 12 month period. Given this population's high rates of adverse mental health outcomes, including suicidality, this data provides critical evidence that expansion of access to gender affirming care will save lives."

<https://www.hsph.harvard.edu/news/hsph-in-the-news/mental-health-benefits-associated-with-gender-affirming-surgery/>

"Gender-affirming surgeries were associated with a 42% reduction in psychological distress and a 44% reduction in suicidal ideation when compared with transgender and gender-diverse people who had not had gender-affirming surgery but wanted it, according to the findings. The study also found a 35% reduction in tobacco smoking among people who had gender-affirming surgeries."

<https://med.stanford.edu/news/all-news/2022/01/mental-health-hormone-treatment-transgender-people.html>

"For transgender people, starting gender-affirming hormone treatment in adolescence is linked to better mental health than waiting until adulthood, according to new research led by the Stanford University School of Medicine.

The study, which appeared online Jan. 12 in PLOS ONE, drew on data from the largest-ever survey of U.S. transgender adults, a group of more than 27,000 people who responded in 2015.

The new study found that transgender people who began hormone treatment in adolescence had fewer thoughts of suicide, were less likely to experience major mental health disorders and had fewer problems with substance abuse than those who started hormones in adulthood. The study also documented better mental health among those who received hormones at any age than those who desired but never received the treatment."

"Participants, who were at least 18 when they were surveyed, completed extensive questionnaires about their lives."

"The participants answered several questions about their mental health, including their history of suicidal thoughts and suicide attempts, and their history of binge drinking and illicit drug use. They completed a questionnaire to assess whether they had experienced severe psychological distress, meaning they met criteria for a diagnosable mental illness, within the prior month."

"The analysis was controlled for several factors that could influence participants' mental health independently of whether they received hormone treatment: age at the time of the survey; gender identity; sex assigned at birth; sexual orientation; race or ethnicity; level of family support for gender identity; relationship status; level of education; employment status; household income; use of pubertal suppression treatment; any attempts to force them to be cisgender; and experience of any verbal, physical or sexual harassment based on their gender identity in grades K-12."

"Compared with members of the control group, participants who underwent hormone treatment had lower odds of experiencing severe psychological distress during the previous month and lower odds of suicidal ideation in the previous year. Odds of severe psychological distress were reduced by 222%, 153% and 81% for those who began hormones in early adolescence, late adolescence and adulthood, respectively. Odds of previous-year suicidal ideation were 135% lower in people who began hormones in early adolescence, 62% lower in those who began in

late adolescence and 21% lower in those who began as adults, compared with the control group."

<https://www.hcplive.com/view/suicide-risk-reduces-73-transgender-nonbinary-youths-gender-affirming-care>

"Multiple sources of previously published research, found medical gender-affirming interventions to be helpful in improving the quality of life for transgender and nonbinary youths by decreasing rates of long-term mental health adverse outcomes"

"Investigators said that previous data showed gender-affirming hormones (GAH), puberty blockers (PBs), and gender-affirming surgeries have been found to be independently associated with reduced depression, anxiety and additional adverse mental health outcomes.

Puberty blockers administered during puberty can actually reduce suicide risk in this population. A decreased lifetime incidence of suicidal ideation was also found among adults who received access to puberty blockers during adolescence."

<https://jamanetwork.com/journals/jamasurgery/article-abstract/2779429>

"Gender dysphoria is a condition that often leads to significant patient morbidity and mortality."

"Both transmasculine and transfeminine groups were more satisfied with their body postoperatively with significantly less dysphoria. Body congruency score for chest, body hair, and voice improved significantly in 40 years' postoperative settings, with average scores ranging from 84.2 to 96.2. Body congruency scores for genitals ranged from 67.5 to 79 with free flap phalloplasty showing highest scores. Long-term overall body congruency score was 89.6. Improved mental health outcomes persisted following surgery with significantly reduced suicidal ideation and reported resolution of any mental health comorbidity secondary to gender dysphoria."

"Gender-affirming surgery is a durable treatment that improves overall patient well-being. High patient satisfaction, improved dysphoria, and reduced mental health comorbidities persist decades after GAS without any reported patient regret."

[https://journals.lww.com/annalsplasticsurgery/fulltext/2022/10000/long\\_term\\_outcomes\\_after\\_gender\\_affirming\\_surgery.17.aspx?casa\\_token=UEP64IGZm2AAAAA:jkvF-kcPQcwgsImeb12g8aGTfitQraS62-5qXGXSDudj0dk2iR2LBoZ6ke71Kr\\_vDU1TfeoJbyes8M82VyTv1FXFTA&casa\\_token=nhX4zanKuecAAAAA:kK9wudaSKoXZz\\_ENz48m2jCWhXjmoPH-EnunkqZGu8V2OH4GoE9FhwyPv3T96k4QXFlmbjgUCRoISbwQC-gGRtZcw](https://journals.lww.com/annalsplasticsurgery/fulltext/2022/10000/long_term_outcomes_after_gender_affirming_surgery.17.aspx?casa_token=UEP64IGZm2AAAAA:jkvF-kcPQcwgsImeb12g8aGTfitQraS62-5qXGXSDudj0dk2iR2LBoZ6ke71Kr_vDU1TfeoJbyes8M82VyTv1FXFTA&casa_token=nhX4zanKuecAAAAA:kK9wudaSKoXZz_ENz48m2jCWhXjmoPH-EnunkqZGu8V2OH4GoE9FhwyPv3T96k4QXFlmbjgUCRoISbwQC-gGRtZcw)

<https://onlinelibrary.wiley.com/doi/full/10.1111/andr.12884>

"From T0 to T1, symptomatology was significantly decreased for depression ( $P < .001$ )"



"GAHT reduces symptoms of depression which are predicted by having higher levels of social support."

"These results highlight the important mental health benefits of GAHT. Support services (professional, third sector or peer support) aiming at increasing social support for transgender individuals should be made available."

"Treatment-seeking transgender people who are not on hormone treatment have reported high levels of mental health problems, particularly anxiety, depression and self-harm, which are likely caused by a number of internal and external stressors. Studies examining mental health in transgender people have primarily focused on individuals attending transgender health services and hence those who are likely to experience a higher level of distress about their assigned sex at birth. These studies have primarily looked cross-sectionally at levels of anxiety, depression, and self-harm."

<https://link.springer.com/article/10.1007/s00238-016-1252-0>

<https://link.springer.com/article/10.1007/s11136-010-9668-7>

"Mental health-related quality of life was statistically diminished ( $P < 0.05$ ) in transgendered women without surgical intervention compared to the general female population and transwomen who had gender reassignment surgery (GRS), facial feminization surgery (FFS), or both."

"Transwomen have diminished mental health-related quality of life compared with the general female population. However, surgical treatments (e.g. FFS, GRS, or both) are associated with improved mental health-related quality of life."

[https://www.researchgate.net/profile/Eren-Yildizhan/publication/273409619\\_EPA-0185\\_-\\_Effects\\_of\\_sex\\_reassignment\\_surgery\\_on\\_quality\\_of\\_life\\_and\\_mental\\_health\\_in\\_transsexuals/links/5ad82ee9458515c60f589419/EPA-0185-Effects-of-sex-reassignment-surgery-on-quality-of-life-and-mental-health-in-transsexuals.pdf](https://www.researchgate.net/profile/Eren-Yildizhan/publication/273409619_EPA-0185_-_Effects_of_sex_reassignment_surgery_on_quality_of_life_and_mental_health_in_transsexuals/links/5ad82ee9458515c60f589419/EPA-0185-Effects-of-sex-reassignment-surgery-on-quality-of-life-and-mental-health-in-transsexuals.pdf)

"The sex reassignment surgeries required for legal change in gender status of individuals with gender dysphoria are helpful in relieving the conflicts. SRS causes improvements in the quality of life, family support, interpersonal relationships and reduces the concerns about the gender related discrimination and victimization."

"GAC calls for unquestioning acceptance of a child's chosen identity" Not unquestioning...stop trying to paint us as the tyrants here. Of course we allow for healthy discussion...again...First Amendment rights are just as important to us as anyone else.

4:00: "Placing child in the driver's seat" Again...no. What harm does picking a name...pronouns...or clothing even do?

5:50: Do you not know how studies work? That one study was the springboard for an entire FIELD of research. Don't act like only ONE study has EVER been done on GAC...you're just intentionally straw-manning.

6:30: "After transition [in the 90s], mental health was poor and suicide rates were high" Hmm...I wonder if the intervening 30+ YEARS have made medical technology any better?

8:10: I am just going to say it...I am just going to talk about the elephant in the room. **'Rapid Onset Gender Dysphoria' (ROGD) is absolute nonsense.**

This article was RETRACTED... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10102036/>

and see this...

<https://www.scientificamerican.com/article/evidence-undermines-rapid-onset-gender-dysphoria-claims/>

as well as...

<https://whatweknow.inequality.cornell.edu/topics/lgbt-equality/what-does-the-scholarly-research-say-about-the-well-being-of-transgender-people/>

<https://publications.aap.org/pediatrics/article-abstract/134/4/696/32932/Young-Adult-Psychological-Outcome-After-Puberty?redirectedFrom=fulltext>

<https://onlinelibrary.wiley.com/doi/abs/10.1111/j.1365-2265.2009.03625.x>

[https://www.jaacap.org/article/S0890-8567\(16\)31941-4/abstract](https://www.jaacap.org/article/S0890-8567(16)31941-4/abstract)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6223813/>

10:20-ish: It's called informed consent...just like any other medical procedure. Why is this any different? It's only for consenting adults that places like Planned Parenthood do this.

12:15: There are side effects from anything...is it not better than the certainty of misery and possibly suicidal ideation? It is like saying... 'There's a less than 1% risk of getting into a plane crash every time I fly... therefore... no one should fly.' **That is no way to go through life.**

12:55: "Neovagina, which is not at all a vagina" How not? Please explain yourself. There are literally copious amounts of results, studies, and pictures that show that...when the surgery is properly done...and after-care instructions are followed...the results are indistinguishable from a natal (AFAB) one. This is a boldfaced lie...plain and simple.

15:45: "I was impressionable" Please stop...I am not some stupid, naive, easily impressionable idiot. Just because I may have autism does not mean I cannot reason logically and think for myself...as I am doing here.

16:40-ish: And this is exactly WHY you need a year of real life experience...that is why you need a year on HRT...it is also partly why you need laser hair removal in the genital area (which...it is worth noting...is often incredibly painful and arduous). Do you think anyone would go through all of that...and only then... see that they have made a terrible mistake? Would that not occur to them during this incredibly difficult transition process? Why would someone 'reverse-crack' 20... 30 years later... and say 'oh... I was wrong. I want to be a man again.' It doesn't make sense logically.

17:25: And yet... my experiences are 'brainwashing?' Look at yourself...by directing them to the detransition subreddit and promoting it as some sort of eleventh commandment... by your OWN logic... you are equally brainwashing the children.

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6th: "WOKE TikTok is NUTS"

Right off the bat...let me be clear. **I do not agree with many of these people...I do not even care about queer culture...at all.** I can still think they are idiots... because some of them are in fact idiots. I hate TikTok just as much as the next person. But here is the problem... every group has its idiots. There are idiot liberals... idiot conservatives... idiot white people... idiot black people... idiot Asians... idiot Hispanics...no group is immune. By statistical happenstance... of course a few queer people will so happen to be morons. This proves absolutely nothing...you cannot make a sweeping generalization like this. You cannot use one bad apple as a scapegoat to paint the entire group as rotten by default. This is a prime example of the generalization fallacy...something that is addressed in any basic statistics class.

1:00: I have nothing trans- or queer-related in my room... I do not care one bit about the 'culture.' In fact... it actually annoyed even me before I realized I was trans myself. I am only trans because it is a medical condition that I happen to have... and... besides.... how does that undermine one's point if one does have trans-colored bedsheets? Do not get me wrong...I do agree that one shouldn't make their identity their entire personality...but that is not what I am doing...and that is not what is going on. And you cannot lump me in with them. You have no evidence to support the claim that I make being trans my personality... in fact... the entire point of my transition is to try and be as close to a cis woman as possible. I do not put a trans flag in my profile pics or in my online statuses... I do not advertise it anywhere.

Moreover...as much as I hate TikTok...remember that people are very much non-serious on it...the neurodivergent person around the 2:30 mark doesn't even have anything to do with transition or gender identity.

5:00: This example is likely exaggerated...remember... TikTok has many users who regularly play things up for clout...to emphasize a broader point about respecting trans and queer people in a 'humorous' (what she believes to be humorous) way. Of course it is not a literal threat of violence... you must see everything in the broader context. Do not get me wrong here... I do personally think she is annoying... but that is only because of the way she presents herself in general... the slang... the overacting... the overdone makeup... and not the fact that she stands up for the trans community.

6:55: And that is not a good thing... why should we accept that? 'Jokes' are not jokes if they're not funny... a joke has to be funny. Punching down at people for things out of their control... such as homosexual identity... trans identity... disability... or another other medical condition, for example... and yes... gender dysphoria IS a medical condition, (see above rebuttals)... is not a joke... it is cruelty. You cannot just say anything you want and pass it off as a joke.

And... again... as an overall comment... non-binary people are simply not relevant to the discussion here. I am not non-binary... why bring them into the conversation?

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Last point of discussion: Dennis Prager

This one will be short...as it is a response to one quote. Keep in mind that the 'U' in PragerU does not stand for 'University'...it is nothing more than a disingenuous attempt to fool people into thinking they are a legitimate academic institution. For that matter...it used to be called Prager University...until they were told they had to drop the 'University' from their name for legal reasons. It is a propaganda machine...run primarily by one man...and serves as a perfect example of hypocrisy and projection.

But...enough about that...on to the quote.

"Schools should not conduct psychological interventions without parental consent." This completely disregards that many psychological interventions are necessary...and immediately so...in order to ensure the child's safety and well-being. Many students may have unsupportive or dangerous home environments...and may not be in a socioeconomic position to receive psychological or psychiatric care from elsewhere.

"Gender dysphoric youth are at greater risk of suicide than their peers from the distress of the dysphoria, not from being unaffirmed." **And with this one sentence...you have completely dismantled and destroyed your own argument.** Lorimier himself admits that gender dysphoric youth are at risk of suicide because of the distress of the dysphoria. Therefore...you admit that distress from dysphoria is a real phenomenon...and a real causative factor of depression and suicidal ideation...yes? And...therefore...that it is a legitimate problem that needs to be addressed...yes?

If you are going to spew propaganda in an attempt to indoctrinate me...at least vet it first...to make sure that you are not defeating your own argument in one fell swoop.

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In all of this...you have not offered a single original insight that is not complete nonsense ('A true woman loves men' ... 'A true woman loves a man's penis'). All of your talking points are the standard, recycled ones...and they are also complete BS...as I have thoroughly discussed.

And a final note...you had been ignoring and outright one-sidedly dismissing my perspectives, as perfectly indicated by the contents of your reply to my email to you dated August 4, 2023 (subject line: "I need to tell you something important")...in which I mentioned several giveaway signs of my transgender identity. This is a microcosm...a perfectly fitting culmination of...in my honest judgment...who you are as a person. Not just this one transition issue...but the whole first 18 years of my life. You are one-sided, relentlessly negative, and closed-minded...unwilling to even remotely consider the genuine possibility that I might indeed have persistent and life-impacting gender dysphoria...and may not be playing it up to be a 'drama queen.'

You know full well that I have never been one to exaggerate or overact...what you see is what you get. If I am showing clear signs of distress, it is genuine...as you saw at the sushi restaurant on your last visit to Illinois, on September 16, 2023, when I was visibly breaking down...crushing my soda can...becoming curt and short with my responses...making concerning facial expressions...repeatedly hitting the car seat and lashing out about how much I hated presenting as male...hyperventilating, while your response was to yell at me to stop...and telling me in a mocking manner, 'see, you CAN control it.' I was in utter disbelief...not just at the beyond callous way you treated me while I was experiencing a mental breakdown (and yes...it WAS a mental breakdown...do not try and deny it)...but the complete lack of respect you demonstrated for me as an adult...nay, merely as a human being, never mind anything else...when you forced me to maintain eye contact with one-sided anti-trans videos for several hours at a time, injecting your own commentary into them...and even trying (unsuccessfully) to make me read the Miriam Grossman book you ordered from Amazon and had shipped to our address...and...when I called for a break and retreated to my room, as I began to cry...feeling so trapped, helpless, and alone...you yelled at me to...and this is a direct quote..."STOP YOUR FUCKING CRYING!"

This is gross and despicable behavior...never mind the trans issue...even on a merely human level...on the level of basic human respect. It shows that you do not respect me as a human being...that you do not respect my autonomy as an adult...and that you are not acting in the interest of my happiness or my well-being.

You need to do some serious soul-searching.

Ryoko (and yes...that is my name)