

Financial Freedom – Today’s Dream, Tomorrow’s Reality

They say money makes the world go round, but what that saying forgets to mention is just how much time money spends spinning around in our heads. Just about every working woman across the world spends a good part of their day grappling with monetary decisions and life expenses, and the systematic disadvantage that female entrepreneurs face makes financial balance even harder to attain.

My name is Jamey Rae – a licensed Financial Planner with 23 years of experience, the founder of the Fiscal Fitness Club, and also a woman who has been in the same position as you are right now. But this doesn’t have to be your life. I see you, I hear you, and I can promise that you are neither alone nor as far from a new, sounder financial reality as you might think.

My hand-crafted Fiscal Fitness Club Financial Mastery Method exists to bring women together under the banner of worry-free financial security, and its mission is to target and conquer the real financial problems that have been eating up your everyday sleep.

Done with living from paycheck to paycheck? Discover a different way of life, share experiences and community with others in your situation, and take the first steps in forever changing your life for the better. A new financial reality is waiting, and with it a new you!

Holiday Hangover

Americans alone spend almost a trillion dollars on making the holidays a time to remember, but what many actually recall best is the feeling once it's all over. [1] The presents have all been opened, the family have all gone home, and now we're left with mountains of credit card debt, bills to pay, and extra work to do to make ends meet.

Even those with otherwise sound financial mindsets are prone to overspending during the holiday season, and the stress just gets worse when January rolls around. Women are also much more liable to suffer from holiday spending stress than men, with as much as 38% experiencing anxiety around the subject. [2]

Don't start dreading the new year already, however - the Fiscal Fitness Club Financial Mastery Method is here to save the day. Minimize and categorize spending without compromising on experiences, create polished holiday finance strategies, and make the season something you look forward to once more!

Ending Your Fight With Finances

Although the holiday months are especially stressful for many women around the world, the struggle doesn't stop there.

Running a household, business, or even just managing baseline necessities throughout the year can feel like a war at times. Sleep is lost, relationships are strained, and joy is sucked out of things you enjoy, leaving twice as many women feeling discouraged with their finances as men. [3]

Aside from the obvious upsides of improved spending and saving habits, the main benefit of crafting a new financial destiny for yourself is the boost to your life quality that comes alongside it.

Following the Fiscal Fitness Club Financial Mastery Method causes money to cease being an enemy, and it is through this path that countless women just like you have escaped the daily anxiety grind for a sounder, financially secure state of mind.

First Steps to Changing Your Financial Destiny

So you've gotten this far, and you're wondering how to start on your journey to financial peace. It might seem daunting at first, but let me hit you with the good news – there's no need to brush up on complicated finance lingo, or even to prepare piles of paperwork.

The Fiscal Fitness Club Financial Mastery Method is designed to start from scratch, taking you from ground zero with personal coaching, community links to like-minded Financial Warriors, and individualized learning plans. Real problems, real people, real solutions.

2024 is just around the corner, and with it an opportunity for new beginnings unlike any other. My brand-new, updated Fiscal Fitness Club Financial Mastery Method program starts on January 1st, and you can either sign up by visiting my website or follow the program on Facebook or Instagram to keep in touch with our community!

Don't just sit there and keep stressing over the same old sums - move, take the wheel, and set course for a new financial reality. It's time to change, grow, and finally decide for yourself again.

- [1] Ndure, Isatou. "US Retail to See Record-Breaking Number of Holiday Shoppers." *Just Style*, November 17, 2023.
<https://www.just-style.com/news/us-retail-to-see-record-breaking-number-of-holiday-shoppers/?cf-view>.
- [2] Survey: *Where women put their money* | Ellevest. Accessed November 18, 2023.
<https://www.ellevest.com/magazine/disrupt-money/ellevest-financial-wellness-survey-2022>.
- [3] Brozic, Jennifer. "Nearly 1 in 3 Women in the U.S. Feels Discouraged about Her Finances." *Intuit Credit Karma*, October 4, 2018.
<https://www.creditkarma.com/insights/i/one-in-three-women-discouraged-finances-survey>.