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## The Aquarian Teacher™ KRI™ Level One Student's CERTIFICATION DOCUMENTS

#### **Instructions:**

- → There are the THREE documents that KRI needs to have in the **Student's Packet**, regarding each one's certification.
- → In order to simplify the L1 administration process we have created a compilation of the three documents in the Student's packets.
- → This current document can be sent for the student to fill out.
- → This is a View only document, you won't have permission to EDIT.
- → Please **DOWNLOAD** it or **make a copy on google drive** to have a fillable version for the students to be able to fill out with their personal information.
- → The LEAD Trainer MUST receive this PDF and SIGN the CERTIFICATION REQUIREMENT FORM.
- → After completed, SAVE this document as a PDF.
  - ◆ Use a student's LEGAL NAME and SPIRITUAL NAME (optional) on the title.



## **KRI Level One Registration and Release Form**

Name of Licensee / Program Nu	mber / Location	n:				
Registrant's Legal Name:						
Registrant's Spiritual Name (opt	onal):				<del></del>	
Mailing Address:	·					
City:	State:		Country			
Postal Code/Zip Code		Date of Bi	rth:		<del></del>	
Phone:	E-mail:					
Release, Waiver, and Indemnity						
I am aware that the Kunda registering (the "Program") exists is physically and mentally challeng and side effects. I am fully aware to consult with my healthcare pemotional, or psychological issue and after participating in the Progpsychological condition or illness mental or physical health outcome	to serve me by ging and may ca of and assume providers prior es or concerns. I represent that would prevented to serve me by the concerns of t	sharing kause physice the risks to my palacknowlate and war	cnowledge of I cal injury and and hazards i articipation in ledge that I am rant that I am	Kundalini Yoga intense psycho nvolved. I unde the Program n fully respons physically fit a	and health.  plogical or erestand that if  regarding a  sible for my sand I have no	I recognize that yoga motional experiences it is my responsibility my specific medical, self-care both during physical, mental, or
In consideration of being per injuries or damages, known or un voluntarily choose to participate in	nknown, which					
I hereby agree to indemnify, Khalsa Yogiji, a.k.a. Yogi Bhajan; Science Inc.; Siri Singh Sahib Comployees, agents, or volunteers demands, proceedings, liabilities attorney's fees, now or hereafter in my participation in the Program.	YB Teachings, L rporation; their a (collectively, th s, damages, ju	LC; 3HO F affiliates, s ne "Indemr udgments,	Foundation; Sil subsidiaries, a nified Parties") settlements,	kh Dharma Int and related ent ) from and aga costs, and	ernational; H iities; and the ainst all laws expenses, ii	lumanology & Health eir officers, directors, suits, claims, actions, ncluding reasonable
On behalf of myself, my he covenant not to sue or make any heirs or assigns for any damage, I emotional, psychological, or mediparticipation in the Program .	claims of any oss, or injury, inc	kind what cluding bu	tsoever agains at not limited to	st the Program o damage, loss	, the Indemn s, or injury of	ified Parties, or their a financial, personal,
I hereby acknowledge that agreement. I understand that I has freely and voluntarily. I declare that	ave given up su	ubstantial	rights by sign	ing this agree	ment. I enter	
By typing my name below, I am elec	tronically signin	ng this forn	n and agree wi	th the above.		
Signature (Legal Name):				Date:		



PRINT (Legal Name)

# The Aquarian Teacher™ KRI™ Level One CERTIFICATION REQUIREMENTS FORM

	be signed by Lead Trainer when the student certifies: ase check each box to indicate the student has fulfilled all requirements.
	Attended (or successfully made up) all Teacher Training classes – minimum 180 classroom hours.  Received a passing grade ofon the exam(s).
	Completed 20 Kundalini Yoga Classes during or after the completion of Teacher Training. ch class must be a minimum of 1 hour each and be taught by a KRI Certified Instructor)
	Performed satisfactorily in the student practicum.
	Created two acceptable yoga course curricula.
	Completed the assigned 40-day yoga set/meditation (11-minute minimum).
	Participated in at least five full morning Aquarian Sadhanas (2½ hours each).
	An intensive day or days of group KY meditation led by a KRI licensed teacher trainer (with exceptions being permitted with the lead trainer's approval) - such as one day of White Tantric Yoga, 5 rebirthing videos (no more than 2 in a day), a day of 21 Stages of Meditation, a Japa course, Sat Nam Rasayan intensive course.
	(Additional reasonable certification requirement(s) set by the Lead Trainer)
	Read, understood, and signed the Code of Ethics and Professional Standards, and be in good standing
	with the Office of Ethics and Professional Standards.
By ty	commend this trainee be certified as a KRI Level One Instructor of Kundalini Yoga as taught by Yogi Bhajan®.  ping my name below, I am electronically signing this form and agree with the above:
By ty	commend this trainee be certified as a KRI Level One Instructor of Kundalini Yoga as taught by Yogi Bhajan®.
By ty SIGN	commend this trainee be certified as a KRI Level One Instructor of Kundalini Yoga as taught by Yogi Bhajan®.  ping my name below, I am electronically signing this form and agree with the above:
SIGN	commend this trainee be certified as a KRI Level One Instructor of Kundalini Yoga as taught by Yogi Bhajan®.  ping my name below, I am electronically signing this form and agree with the above:
SIGN PRIN To	commend this trainee be certified as a KRI Level One Instructor of Kundalini Yoga as taught by Yogi Bhajan®.  ping my name below, I am electronically signing this form and agree with the above:    ATURE Lead Trainer
SIGN PRIN To	commend this trainee be certified as a KRI Level One Instructor of Kundalini Yoga as taught by Yogi Bhajan®.  ping my name below, I am electronically signing this form and agree with the above:    Commend this trainee be certified as a KRI Level One Instructor of Kundalini Yoga as taught by Yogi Bhajan®.   Today's Date   Today's Date
SIGN PRIN TO I	commend this trainee be certified as a KRI Level One Instructor of Kundalini Yoga as taught by Yogi Bhajan®.  ping my name below, I am electronically signing this form and agree with the above:    ATURE Lead Trainer

PRINT (Spiritual Name)



### **KRI Code of Ethics & Professional Conduct**

https://kundaliniresearchinstitute.org/en/code-of-ethics/

Being a Teacher of Kundalini Yoga is a sacred calling. It is more than just teaching postures and kriyas; it is standing as a beacon of hope and a neutral servant of each student's soul journey. It is a beautiful and deeply fulfilling calling.

Especially because a Kundalini Yoga Teacher may be interacting with students who are in a vulnerable state, it is critical for the entire profession of Kundalini Yoga Teachers to have a strong, enforceable Code of Ethics. This protects both students and teachers, and ensures that the powerful, positive transformations teachers can facilitate in students' lives can be done professionally and safely.

Therefore, teachers of Kundalini Yoga as taught by Yogi Bhajan® must be committed to applying strong ethical principles in their professional and personal lives, and this should be understood as intrinsic to their practice and teaching of yoga. This Code of Ethics & Professional Conduct (the Code) sets out prohibited behaviors and acceptable, recommended and required professional and ethical behaviors by which Teachers agree to conduct themselves. It is based upon core values intrinsic to the practice of yoga. A Teacher is responsible to be in compliance with the most current version of this Code found at <a href="mailto:epsweb.org">epsweb.org</a>, <a href="mailto:kriteachings.org">kriteachings.org</a> and <a href="mailto:ikyta.org">ikyta.org</a>.

The Office of Ethics and Professional Standards and Conscious Conflict Resolution (EPS) receives and addresses complaints regarding breaches of this Code. To learn more about EPS and how it serves our communities see: <a href="https://www.epsweb.org">www.epsweb.org</a>. For details about how EPS addresses complaints, see the EPS <a href="https://www.epsweb.org">Complaint</a> Procedure.

#### Code Principle 1 — Adhere to Applicable Law

Code Principle 1 requires adherence to applicable law. Kundalini Yoga teachers, trainers, and trainees (hereafter collectively referred to as "Teachers") must abide by all local, state, provincial, federal, national, and international laws and regulations applicable in their location(s). Depending on the nature of the alleged criminal behavior, a Teacher charged with a criminal offense may be placed on Suspension pending the outcome.

#### **Code Principle 2 — Teach within Scope**

Under Code Principle 2, Kundalini Yoga Teachers must follow the KRI Scope of Practice policy. The Scope of Practice sets out standards of acceptable, recommended, required, and prohibited practices within a Kundalini Yoga teaching environment or event.

#### **Code Principle 3 — Do No Harm**

Under Code Principle 3, Kundalini Yoga Teachers must do no harm. Teachers will take reasonable steps to do no harm and will not intentionally or negligently cause harm to students, employees, peers, other teachers, or members of the public through any action or inaction.

#### **Code Principle 4 — Respect Student-Teacher Relationships**

Under Code Principle 4, Kundalini Yoga Teachers must follow the KRI Respectful Student-Teacher Relationships Policy. A Teacher recognizes that the student-teacher relationship has an inherent power imbalance and consciously avoids any relationship with a student that may be exploitative of this power dynamic in any way.

#### **Code Principle 5 — Do Not Harass or Retaliate Against Anyone**

Under Code Principle 5, all Kundalini Yoga Teachers must follow the KRI Anti-Harassment and Non Retaliation Policy. The policy prohibits harassment of any kind by a Teacher of any person, in person, through online activities, or by any other means. This policy also prohibits retaliation by a Teacher against anyone believed to be a participant, whether as a complainant or witness, in an EPS Complaint Procedure regarding a Teacher's breach of this Code.

#### **Code Principle 6 — Do Not Engage in Sexual Misconduct**

Under Code Principle 6, Kundalini Yoga Teachers must follow the KRI Sexual Misconduct Policy. Teachers must NOT intentionally or unintentionally cause harm via sexual misconduct — verbally, physically, or otherwise — to students, employees, peers, other teachers, or members of the public through any action.

#### **Code Principle 7 — Actively Include All Individuals**

Under Code Principle 7, Kundalini Yoga Teachers must follow the KRI Inclusion Policy. Teachers must not discriminate against *anyone*, and should actively include all individuals.

#### **Code Principle 8 — Maintain Honesty and Integrity in Communications**

Under Code Principle 8, Kundalini Yoga Teachers must follow the KRI Communication Policy, and maintain honesty and integrity in communications. This principle includes a duty to both refrain from certain activities and to proactively and affirmatively make certain disclosures. This would include reporting a serious ethical violation of this Code to FPS

#### ACKNOWLEDGMENT

I have read and understand the "KRI Code of Ethics and Professional Conduct" and the policies referenced therein: KRI Scope of Practice, KRI Anti-Harassment and Non-Retaliation Policy, KRI Sexual Misconduct Policy, KRI Inclusion Policy, KRI Respectful Student-Teacher Relationships Policy, and the KRI Communication Policy. I understand that a Teacher in breach of this Code may be subject to review by the Office of Ethics and Professional Standards. Violations of the Code can, depending upon severity, result in consequences, including prohibition from representing 3HO, IKYTA, KRI, and Kundalini Yoga as taught by Yogi Bhajan® in any capacity as a Kundalini Yoga Teacher, termination of KRI Teacher Trainer status, and Termination of IKYTA Membership (Good Standing). By signing below, I attest to the above, and to understanding and agreeing to the policy that any final Decision involving a Suspension or Revocation will be a public document.

By typing my name below, I am electronically signing this form and agree with the above
Date
 (Printed) Full Name – Spiritual name (optional)