



## You ARTS RESIDENCY MENU

### Performing Arts

**Acting** involves the portrayal of characters and emotions in theater. Participants will use their voices, bodies, and emotions to bring scripted or original characters to life to convey a story and evoke reactions from an audience.

**Improv** (short for improvisation) is a form of theater where most or all of what is performed is created spontaneously by the students, without a script. Improv requires quick thinking, creativity, and strong collaboration skills, as participants respond to suggestions from the Teaching Artists or each other to create scenes on the spot.

**Musical Theatre** combines songs, spoken dialogue, acting, and dance to tell a story. This discipline instills versatility in performers, as they become skilled in singing, acting, and dancing, switching seamlessly between these elements within a single performance. This can be a series of classes that focus on technique or a full scale musical theater production.

**Music** can involve chorus singing, where singers perform together as a group, and/or songwriting, which involves creating music and lyrics. Both disciplines will teach students a deep understanding of music theory, harmony, and vocal technique.

**Dance** includes a wide variety of styles, such as ballet, contemporary, hip-hop, jazz, and tap. Dance inspires students to express ideas, emotions, and confidence through creative choreographed movements while offering an understanding of rhythm, coordination, and body mechanics.

**Spoken Word** is a performance art that focuses on the aesthetics of word play, intonation, and voice inflection. It often includes elements of poetry, storytelling, and theater, allowing the participants to convey powerful messages and emotions through their words.

### Visual Arts



**Painting** is the practice of applying pigment to a surface, typically canvas, paper, or walls, to create an image, design, or decoration. This discipline explores color and creativity, giving students a guide to finding their artistic side using various techniques, styles, and mediums, ranging from oils to acrylics to watercolors.

**Drawing** involves the creation of images using tools like pencils, pens, charcoal, or pastels. It is a necessity in many other forms of art, focusing on line, shape, shading, and perspective to represent the visual world. Students will master the fundamentals of sketching through thoughtfully curated prompts and projects, allowing them to explore and refine their unique artistic styles.

**Sketchbook**, students will learn to maintain a personal sketchbook while discovering and developing their unique artistic style. Through fun and interactive lessons, they'll explore how to keep their sketchbook as a vibrant, evolving canvas for self-expression. Emphasizing individuality and the personal touch of each sketchbook. This class provides a fantastic opportunity to make your sketchbook truly your own, filled with imaginative ideas.

**Collage** is an art form that involves assembling different materials such as paper, fabric, and found objects onto a surface to create a new whole. This technique emphasizes composition, texture, and the juxtaposition of different elements. Students will channel their creativity with fun prompts from teaching artists, crafting vibrant collages that convey powerful messages and showcase their unique artistic voices.

**Digital Media** encompasses artwork created using computers or tablets, often involving software for drawing, painting, and editing. This modern discipline allows artists to experiment with digital tools to produce images, animations, and interactive media.

**Comic Illustration** combines visual art and narrative storytelling to create comic strips, books, or graphic novels. Students will embark on an exciting journey into the world of sequential art. With guidance from a teaching artist, they'll master character design, layout, and pacing to craft compelling stories and bring their comic creations to life!

**Fashion/Costume Design** is the art of applying design, aesthetics, and natural beauty to clothing and accessories. It involves creating sketches, selecting fabrics, and overseeing the construction of garments, blending artistic creativity with practical functionality. Teaching artists will provide lessons on fashion design basics to inspire students to create garments.



## **Creative Writing**

**Playwriting (Create-A-Play)** involves writing scripts for theatrical productions. Playwrights create dialogue and action for original characters, developing plots and themes that can be brought to life on stage. This discipline teaches a deep understanding of storytelling, character development, and stagecraft.

**Poetry** is a literary form that emphasizes the aesthetic and rhythmic qualities of language. Our artists will teach students how to use techniques such as meter, rhyme, and imagery to evoke emotions and convey ideas, often exploring themes of nature, love, and human experience.

**Storytelling** is the art of conveying stories through words, gestures, and expressions. This discipline encompasses both written and oral traditions, involving a strong command of narrative structure, character development, and engaging delivery.

## **Miscellaneous**

**Macrame** is a textile art that involves knotting cords or strings into decorative patterns. This craft emphasizes and teaches technique and creativity, allowing artists to create items such as wall hangings, plant holders, and jewelry.

**Crochet** involves using a hooked needle to interlock loops of yarn or thread to create fabric. This versatile craft can produce a wide range of items, from clothing and accessories to home décor, requiring skill and creativity in pattern design. Teaching artists will guide students through the technical skills of crocheting, starting with simple projects and progressing to more complex creations they can proudly take home.

**Crafts** encompass a wide variety of handmade artistic activities, including paper crafts, beadwork, and upcycling. This discipline encourages creativity and innovation, as artists use various materials and techniques to create functional or decorative items.

**Arts Empowerment** is a program created by a Licensed Social Worker that is trauma informed. It increases protective factors through social emotional learning as students learn to express



themselves in various ways through poetry, visual art, theater games, and any other form of expression that speaks to them. Schools often select specific students to participate in this program.

**Yoga** is a physical, mental, and spiritual practice that involves breath control, meditation, and the adoption of specific bodily postures. It aims to promote holistic well-being, flexibility, and inner peace. Our yoga class offers students a refreshing escape from stress, providing a calming outlet to unwind and find balance through mindful movements.

**Mindfulness Toolkit** focuses on creative writing and visual arts and is heavily embedded with mindfulness exercises and social/emotional learning. includes a set of practices designed to cultivate awareness and presence in the moment. Techniques such as meditation, breathing exercises, and mindful movement help individuals reduce stress, enhance focus, and improve overall mental health. Our intention is for students to learn techniques that promote resiliency and healing to assist them with processing their emotions. We ultimately hope to leave students more equipped to recognize and address their own stress and to understand and seek mindfulness in themselves.

### **Specialty Classes**

(Could be offered with advanced notice)

**Bucket Drumming** involves using everyday buckets as drums to create rhythmic beats. With sticks or hands, drummers strike the buckets to produce music, offering a fun and creative way to explore rhythm and coordination. This class will teach students the basics of rhythm and drumming techniques in a fun, supportive environment.

**Ukulele** gives the joy of making music with a charming and easy-to-learn instrument! Perfect for all skill levels, the class will guide you through the basics of strumming, chord progressions, and popular songs. With its cheerful sound and approachable nature, the ukulele is ideal for developing musical skills and having fun.

**STEP Dance** is a form of percussive dance where the participant's entire body is used as an instrument to produce complex rhythms and sounds through a mixture of footsteps, spoken word, and hand claps. This high-energy discipline emphasizes teamwork, rhythm, and precision.



**Puppetry** teaches students the art of creating and manipulating puppets to tell stories or perform. It covers techniques for designing and building puppets, controlling their movements, and using them effectively in performance. Students will get to create their own small puppets and bring them to life. By the end, they'll craft a unique character puppet that's all their own, ready to take home and show off.

**Street Art** is a dynamic class that blends artistic exploration with hands-on projects, guiding you through the vibrant world of street art. From bold murals to innovative stencils, students will learn techniques, experiment with mediums, and develop their own urban masterpiece. Perfect for artists of all levels, this course offers a fun environment to transform your vision into street art!

**Mosaic Art** involves creating images or patterns by assembling small pieces of colored glass, stone, or other materials. This ancient art form requires patience and precision, as artists arrange the pieces to form intricate designs.

**T-Shirt/Logo Design** will allow students to explore the process of creating a business logo and learn how to bring their design to life on merchandise. Through guided instruction from our teaching artist, students will learn key principles of logo design, focusing on making their designs both visually appealing and functional for branding. By the end of the class, each student will have their custom t-shirt to take home. This course offers a practical and creative experience for anyone interested in design, branding, and/or launching a business.

**Sculpture** is the art of creating three-dimensional forms by carving, modeling, casting, or assembling materials such as clay, plaster, metal, wood, or stone. Sculptors work with both additive (building up material) and subtractive (removing material) processes to create their works. This class offers a unique chance to explore 3D expression and craftsmanship through an inspiring art form.

**Printmaking** is an art form where images are created by transferring ink from a surface, like a carved block or etched plate, onto paper or fabric. Techniques include relief printing and screenprinting. Teaching artists will provide lessons that allow artists to produce multiple copies of their work with unique qualities.

**Mural Making** involves the creation of large-scale artworks on walls, ceilings, or other surfaces. Artists often work collaboratively on murals, which can be painted or created using mixed



media, to enhance public spaces and convey community messages. Guided by teaching artists, students will brainstorm ideas, plan the design, and then get hands-on experience contributing to the mural itself, turning their collective vision into a vibrant, lasting masterpiece!

**Book or Inquire About an Arts Residency:**

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