

# 2020 SHORECREST FALL SPORTS INFORMATION

The following information is for any student interested in participating in Shorecrest Athletics this fall.  
The sports teams below are available for students in grades 6-12.

## MANDATORY ATHLETIC FORMS TO BE ON FILE IN ATHLETIC OFFICE

1. FHSAA physical form (EL2)
2. FHSAA Insurance/Liability/Heat/Concussion/Cardiac Arrest form (EL3)
3. Acknowledgement form for the Athletic Handbook
4. Birth Certificate (for new and rising 6th grade athletes)

**MUST** be completed and turned into the Athletic Office in order to participate in tryouts/practices.

All forms can be found on the Shorecrest website, under [Athletics -> Athletic Forms](#)

### Varsity and JV Cross Country: (Open to boys and girls in grades 6–12)

Practice will begin **Monday, August 24 (Team Meeting only)**. Please meet on the track after school.

Beginning Tuesday (8/25) Practices (MS runners): Mondays-Fridays from 3:30pm-4:45pm

Beginning Tuesday (8/25) Practices (US runners): Mondays-Fridays from 4:00pm – 5:15pm

For any questions, please contact Jeff Raab, at [jraab@shorecrest.org](mailto:jraab@shorecrest.org).

### Varsity and MS Swimming & Diving: (Open to boys and girls in grades 6-12)

To qualify for a position on the swim team, you must have some experience and knowledge of the competitive strokes. To qualify for the diving team, you should have some experience or knowledge of gymnastics or diving. The Swim team will practice at **McLin Pool** beginning on **Monday, August 24**. A SHUTTLE WILL LEAVE SHORECREST for drop off at 4pm (from outdoor basketball court) This is a DROP OFF ONLY. Parent pickup will be at MCLIN POOL.

Practices will be every weekday from 4:15-5:45pm and Saturdays as indicated on the swim and dive schedule. There are strict attendance requirements if your child is interested in being a member of this team. If you are planning on Swimming or Diving in the fall, please contact Coach Patty Nardozzi at [pnardozzi@hotmail.com](mailto:pnardozzi@hotmail.com) or on her cell phone at 727-452-3893 so she may add you to the roster for information updates.

### Varsity Football: (Open to boys in grades 9-12)

Varsity Football begins Fall practice **Monday, Aug. 24**.

Practices will run 4:00-6:00pm..

Coach: Anthony McCall - [amccall@shorecrest.org](mailto:amccall@shorecrest.org)

### Middle School Football: (Open to boys in grades 6–8)

Fall practices will begin **TUESDAY, Aug. 25**

Meet Coach Wright/Coach McCall in Athletic Center lobby immediately after school for locker room protocol.

**Practices will run Tuesdays and Thursdays only from 3:30-5:30pm, until further notice**

Coach: Dave Wright - [dpatrickwright@yahoo.com](mailto:dpatrickwright@yahoo.com)

**Varsity & JV Volleyball: (Open to girls in grades 7-12)**

Official tryouts will begin **Monday, August 24** after school in the Crisp Gym.

Tryouts: Monday (8/24) – Wednesday (8/26); 4:00 – 6:00pm.

Practices: Mondays-Fridays from 4:00-6:00pm.

Please contact Coach Courtney Draper [cdraper@shorecrest.org](mailto:cdraper@shorecrest.org) for details.

**Middle School Volleyball: (Open to girls in grades 6-8)**

Official tryouts will begin **Monday, August 24** after school in the Crisp Gym.

Tryouts: Monday (8/24) – Wednesday (8/26); 3:30pm – 4:45pm.

Practices: Mondays-Thursdays from 3:30pm-4:45pm.

Any girls interested in playing need to purchase volleyball knee pads (black or white in color). Additional information and details of the upcoming season will be shared at the first practice. If you have any questions about the program, contact Coach David Hodgson at [dhodgson@shorecrest.org](mailto:dhodgson@shorecrest.org) or Betsy Dougherty at [bdougherty@shorecrest.org](mailto:bdougherty@shorecrest.org).

**Varsity Golf: (Open to boys and girls in grades 6-12)**

There will be tryouts for the Varsity Golf team, beginning **TBD**. This is very competitive and experience is necessary. Contact Athletic Director, Anthony McCall, with any questions [amccall@shorecrest.org](mailto:amccall@shorecrest.org).

**Middle School Golf: (Open to girls and boys in grades 6-8)**

The Middle School Golf team plays in the First Tee of St. Petersburg program. Practices and matches will be at Twin Brooks and Cypress Links. There will only be 9 golfers on the team due to course and space constraints. There will be an informational meeting sometime during the first two weeks of school for interested students. If you have any questions, contact Coach Woody Every at [wevery@shorecrest.org](mailto:wevery@shorecrest.org).

**Varsity Sailing (Open to girls and boys in grades 8–12)**

Shorecrest Sailing will begin tryouts on **September 22 and can only carry 10 sailors (due to Covid restrictions)**. Shorecrest sailors compete in regattas sanctioned by the South Atlantic Interscholastic Sailing Association (SAISA) and emphasize double handed fleet racing and team racing. For more information on becoming a member of the Shorecrest Varsity Sailing Team, please contact the Athletic Office.

Practices (when roster is set): Tuesdays/Thursdays only – beginning TBD

Shuttle will be provided (if needed) as a DROP OFF only to St. Pete Yacht Club - **must request through team parent**

Head Coach: Todd Fedyszyn; [youthsailingdirector@spyc.org](mailto:youthsailingdirector@spyc.org); Team Parent: Wendy Hicks; [wendy@designtempac.com](mailto:wendy@designtempac.com)

**Varsity Cheerleading: (Girls in grades 9-12)**

First practice - **Tuesday, August 25**

Practices will run on Tuesdays/Thursdays from 4:15pm-6:00pm

For any questions, feel free to contact Coach Blair Gil at [bgil@shorecrest.org](mailto:bgil@shorecrest.org).

**Middle School Cheerleading: (Open to girls in grades 6-8)**

MS Cheerleading Tryouts will be on **Tuesday, August 25th and Wednesday, August 26th**.

You will meet the coach in the Athletic Center lobby immediately after school.

For any questions, feel free to contact Coach Kasi Bedford at [smileitskasi@gmail.com](mailto:smileitskasi@gmail.com).

**ADDITIONAL ATHLETIC NOTES**

**FACE MASKS** - Face Masks MUST be worn after school in Athletic Facilities and on Athletic Fields when social distancing is not feasible

**FLEX LEARNING MS ATHLETES** - Must be on campus for practice by 3:35pm.

**FLEX LEARNING US ATHLETES** - Must be on campus for practice by 4:10pm

**WEIGHT ROOM** - The weight room will be open to current Shorecrest students and personnel **ONLY** until further notice

**LOCKER ROOMS** - The following guidelines will be used for the locker rooms in the Athletic Center:

1. ONLY In-Season athletes will be allowed in the Booster Tunnel/locker rooms after school.
2. The exterior exit at the end of the Booster Tunnel will be LOCKED at the end of the school day.
3. ALL In-Season athletes must enter the Booster Tunnel via the Crisp Gym
4. The following number of students will be allowed in each locker room at a time:  
MS Girls - 8                      MS Boys - 11  
US Girls - 11                      US Boys - 16
5. Locker rooms will be fogged at the end of each day (when all athletes are off campus).