Thunderettes COVID-19 Information Sheet

Drop Off:

1. Put mask on if applicable
2. Sanitize hands outside of practice area
3. Put bag down in your designated spot
4. Sanitize baton(s)
5. Go to your spot and begin stretching

If the answer to any of these questions is "yes," please refrain from coming to practice and let your child's coach know

- Has your child or anyone in their household been in close contact (within 6 feet for 10 minutes or more) with anyone diagnosed with COVID-19 in the past 14 days?
- Does your child or anyone in their household have symptoms of COVID-19 (e.g. fever, cough, shortness of breath, loss of taste or smell)?

Pick Up:

1. Sanitize baton(s) and hands
2. Pack up bag
3. Exit the gym to meet parents in the lobby area

General Guidelines:

1. Only twirlers, coaches, & board members will be admitted to practice area
2. Twirlers will remain at least 6 feet apart as often as possible during practice
3. Only essential items should be brought into practice area
    a. NO toys, nonessential items, or
    b. Baton(s), jazz shoes, hair ties, water, glasses, inhaler/epipen/medication are really all you need
    c. Designating a bag just for twirling is the best way to stop the spread of germs
4. Please note that the Hazlet Schools are mandating mask wearing during facility use. Since we are using their gym, we must follow their rules! All twirlers, coaches, and parents must wear masks while inside the school.