

The Original b4 Editing...:

.Hi,,Universe!..!...

I hope ur Mentally okay...!.if not ...may #JesusChrist heal ur mind!!

2day on mentall health; is all about Inheritance

The scripture says :A good man leaves an inheritence to his children's children ,But the wealth of the sinners is stored up for the righteous(proverbs 13:22)..

1.Intro!

Have u inherited a fortune ?...Have u written a will,,?

Inheritance can lead 2 Good or Bad Mentall Health ...

2.Good Mentall Health:(will receivers)

i)Life Changes:

From zeronare 2 billionaire:

#JesusChrist is The #lifechanger

u can become rich by inheriting a fortune ...How does it feel 2 be wealthy ...so refreshing.....

not only becoming a billionaire is refreshing...whatever of value u inherit ; its refreshing.. if it's a house,,car...jewelry....land...Farms..Runch....money \$\$\$

ii)Life changes :

From powerless 2 powerful position

From heir 2 the throne

#JesusChrist is The #lifechanger

How does it feel 2 inherit a tittle..(king/Queen/church leader/...),,so refreshing!!!

iii)The fact that ur a beneficiary in a will.. it's refreshing ...even if u have simply inherited a cat...

It feel good 2 be remembered ...

iv)How does it feel 2 inherit the fortune and ur not a member of the family...it's refreshing isn't it???(proverbs 17:2)

v)it's not only individuals who enjoy inheritance...charity organizations also enjoy inheritance...many people make charity organizations beneficiary of their fortune...

it's refreshing when ur organization receive a fortune...!!!

vi)it's refreshing getting inheritance b4 ur parents die...just in case u get any problem u can always ask advice from them...and they will always be there.. making sure ur successful in handling ur fortune ...

3.Bad Mental Health:

i) Excluded from inheritance;

It's depressing when ur name is not tagged in a will...

ii) Unequal Distribution of inheritance

It's depressing...when u get less fortune than other family members..

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iii) Inheriting what u don't like:

it's depressing 2 inherit what u don't like..u wanted 2 inherit a cat/dog... or a horse
...&somebody else did...

u wanted 2 inherit the house @....??? ..but somebody else did...

u wanted 2 manage the business ..but somebody else got the job

u wanted 2 be the senior pastor ..but somebody else did...

iv) Sharing Inheritance with non Family Members:

the scripture says :A wise servant will rule over a son who causes shame ,..and will share an inheritance among the brothers (proverbs 17:2)

non members of the family can be tagged on a will..

some people are unhappy about this ..how can I share inheritance with somebody I'm not related with by blood ?

how can my dad/husband/wife... make her a beneficiary of his will.?..she was simply her assistant...

and sometimes.. non family members can get more fortune than family members

v)Zero Inheritance;

when ur parents/husband .. have no inheritance 2 give u.. it's depressing...

vi)No will written;

If the deceased didn't write a will ..the court will decide.....court verdict might not agree with what u want ..so it's depressing

vii)Misusing inheritance:

some people misuse their fortune & become broke ..

.Like a Prodigal son; is everyone who misuse their inheritance .(.Luke 15:11-32)

.and at least the son from the scriptures repented...some misuse their inheritance &no répentence

viii)will disputes:

it's depressing ..dealing with cases of inheritance...

xi)Many people involved;

If the will involves so many people it's chaos...so many children/wives/grandchildren....!!!..most of the times.. this is in polygamy families

x) Keeping up with the will giver demands:

If you suppose 2 inherit a fortune @ a certain age; its mentally destructing ...cz u have 2 wait untill u reach the age specified by the will giver...

by the way.. what if u will die ..b4 reaching that age ..!??...

xi)culture and the laws:

sometimes laws of inheritance in the country u live in ..can be mentally destructing...or sometimes traditions in ur family concerning inheritance can be depressing(gender inequality)

It's not only the will receivers who can experience bad/good Mental health ..even the will givers

4.Good Mental Health:(will givers)

i)It's refreshing knowing that u have enough inheritance 2 give ur family...that means ..they will enjoy life when ur dead...

ii)4 those who give inheritance b4 they die...it's refreshing seeing ur family handling well the fortune u have given them...seeing the company prospering in the hands of ur children /wife/husband....it's refreshing...

5.Bad Mental health:(will givers)

i).some people donate the whole fortune 2 charity ...Cz their family made them angry...

ii)it's mentally destructing distributing a fortune in a way that will make everybody happy..

.and in a way that will maintain ur legacy as the scripture says:then I hated all my labour in which I had toiled under the sun ,because I must leave it to the man who will come after me ,and who knows wether he will be a wise man or a fool?yet he will rule over all my labour in which I toiled and in which I have shown myself wise under the sun .This is also vanity(Ecclesiastes 2:18-19) and the scripture says:For there is a man whose labour is with wisdom ,knowledge,and skill ,yet he must leave his heritage to a man who has not laboured for it .This is also vanity and great evil(Ecclesiastes 2:21)..

iii).It's depressing when u have no fortune 2 give ur family as inheritance..that means ur unrighteous according 2 scriptures (proverbs 17:22)...

its mentally destructing when u have no enough fortune 2 give ur family..(only children can inherit and grandchildren cannot inherit... cz according 2 scripture; God want u 2 give inheritance 2 ur children and grandchildren (proverbs 17:23)..or sometimes the fortune is not enough even among ur children/wife/husband....

1v).if u give inheritance b4 death...&see ur family destroying what u gave them....it's depressing...

v)sometimes it's mentally destructing in choosing ;wether 2 give inheritance b4 u die or after u die

vi)sometimes family traditions and the law of the country.. can limit how somebody want 2 distribute his fortunethis is mentally destructing

6.Mentall Health Methods:

Keeping up with God's word=goodmentallhealth=rightchoice=blessings=New Jerusalem

(Bible verses about inheritance - Proverbs 13:22 Ephesians 1:11-14 Proverbs 20:21
Colossians 3:23-24 Acts 20:32 Ephesians 1:18 Romans 8:17 Psalm 37:29 Colossians 1:12
Galatians 5:19-21 1 Peter 1:3-12 Numbers 27:6-11 Numbers 27:6-11 Deuteronomy 21:15-17
Psalm 16:6 Matthew 5:5 Proverbs 17:2)

if u keep up with the word of God ..u will know that ..ur name 2 be tagged in the book of life is better than ur name 2 be tagged in the will

Cz if ur name is tagged in the book of life ..ur heir of God's inheritance ...so u will enjoy God's blessings on earth & enter the new Jerusalem..

so being a beneficiary of God's fortune is better than being a beneficiary of human fortune ...and God's fortune comes with a title of royalty and priesthood ..(Revelation 5;9-10)....so from God we inherit the title and fortune ..

Keeping up with the word of God is assurance that u won't lack inheritance 2 give 2 ur family...if ur God's heir ..that means ur not poor

If u keep up with the word of God ..u can be a beneficiary of a will..even if ur not a member of the family (Proverbs 17:2)....as long as u keep up with God, u must inherit a fortune

if u keep up with God's word ..u will never be mentally destructed...Whether ur a will giver or will receiver..u will always make right choices ...(u will know that God want u 2 give inheritance...and u will distribute ur fortune according 2 God's will..and 2 those who will receive the fortune,they will never be mentally destructed ;Whether the fortune given 2 them is little...or....!???)and by the way ;as long as u keep up with God's word u will always inherit the best..)

7. Mental Health Activities:

i) Go to church (online or physical church)

ii) Read the Bible.. & meditate the scriptures

iii) counselling @ psychologist or Christian counsellor

iv) listen to gospel music ...

v) Eat your favourite meal...

vi) Draw yourself as a God's heir... it's refreshing !... you can draw yourself sitting above the (universe).. because God sits there.. as the scripture says (Isaiah 40:22).. or you can draw yourself wearing a crown ..#royalty

vii) Buy mental health products ...

..when you're @home.. wear a crown to feel the royal mood

have a globe ...!! watching it ,will remind you.. the universe belongs to God ..and you have inherited it

not only watching it.. if you step your feet on the globe... it's a sign you rule the universe... the universe is under your feet..

8.Conclusion :

Life is a choice :...(Mathew 7:24-27)

Give inheritance 2 ur family=Blessings (proverbs 13:22)

Not giving inheritance 2 ur family =Blessingless

Note:Godsword=goodmentallhealth=rightchoice=blessings=New Jerusalem

I conclude by saying; In the name of the Lord Jesus Christ; i set up my banners (psalm 20:5)

.Luv u Universe!

Bye!

The End

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