

Affective Statements for Students:

- Are “I” statements that express a feeling.
- Make other people aware of either the positive or negative impact of their behavior.
- Provide a precise description of the issue and the specific impact.
- Do NOT protect other students from the consequences of their behavior.
- Are delivered in a personalized manner directly to the person who impacted others.
- Focus on behavior, not on the intrinsic worth of the person (separates the deed from the doer).
- Are respectful in tone.
- Encourage everyone to express their feelings.

Example:

Common response: “Mark, shut up now.”

Affective Statement: “Mark, I feel frustrated when you keep bothering me while I try to do my work. Please be quiet and don’t bother me.”