

ACE: Getting to Know you Post:

Hello everyone! My name is Lisa, and I'm in the Health and Wellness program. I'm thrilled to be here and to return to graduate studies after several years away from the classroom.

I hold a bachelor's degree in Physical Education and am pursuing my Master's degree in Health and Wellness. Currently, I teach 8th grade science, but my true passion lies in physical education, health, and nutrition. I'm excited to deepen my knowledge through these courses and apply what I learn to advance my career in these areas.