



Volleyball

Basic Rules

SCORING:

- A. Rally scoring will be used.
- B. There will be a point scored on every score of the ball.
- C. Offense will score on a defense miss or out of bounds hit.
- D. Defense will score on an offensive miss, out of bounds hit, or serve into the net.
- E. The 1st & 2nd Set/Game will be played to 25 points. The 3rd Set/Game will be played to 15 points.
- F. Must win by 2 points.

SERVING:

- A. Server must serve from behind the restraining line (end line) until after contact.
- B. Ball maybe served underhand or overhand.
- C. Ball must be clearly visible to opponents before serve.
- D. Served ball may graze the net and drop to the other side for point.

Let Serve:

What is the "let serve"? The "let serve" is a ball that when served, hits the net without touching the net antenna and continues across the net into the opponent's court. The let serve is a playable live ball. The let serve is a strategy used to keep the game moving with fewer interruptions in play.

Court Protocol:

In a three-game match, for game 2 teams shall change playing sides of the court and bleachers immediately when directed by referee. After each game of the match teams shall line up on their end lines. (for both indoor and outdoor play)

Indoor: Third game teams will remain on side for entire game.

Outdoor: Third game teams shall change sides when point 13 is reached by either team.

Subbing: Each team is allowed a maximum of 18 substitutions per game/set.

At Net: All players must have no contact with the net or under the net. This includes foot over the center line.

Substitutions:

Substitutions may be made on any dead ball. A substitute or re-entering starter may enter (or re-enter) into only one spot in the rotation per set. 18 substitutions per game/set. Each player is allowed unlimited entries within the team limit.

Example 1: Starting lineup of ABCDEF. After minimum play, Player G substitutes for Player F. Player F can only re-enter the set by re-entering for Player G.

Example 2: Starting lineup of ABCDEF. After minimum play, Player G substitutes for Player F. Player H then substitutes for Player G. Player F can then re-enter, but must only enter into Player H's spot in the rotation.

Example 3: Starting lineup of ABCDEF. After minimum play, Player G substitutes for Player F, then Player F reenters the set in Player G's spot in the rotation. Player G can NOT substitute into any other spot in the rotation other than Player F's spot.

Libero – The libero is a defensive specialist who may only play in the back row and may serve in one rotation, according to Rule 10-4. The player must be designated both on the roster (with L preceding his/her number if it is different from the regular jersey number) and on the written lineup. If the lineup has been submitted by the deadline and entered into the official scorebook, the libero number may not be added and the first set will be played without a libero. One libero replacement may be exercised per rally/dead ball, unless the libero is replacing the right back position and will serve the next rally. Libero replacements do not count as substitutions and they are unlimited. The new libero must wear a libero jersey with a unique number not worn by any other player (see Rule 10-4-3(3)) and

will remain the libero for the rest of the set. The original libero may not re-enter the set as a libero or regular player. One of the duties of the second referee is to monitor the libero replacements. For an illegal libero replacement prior to the whistle/signal for serve, an unnecessary delay is charged. After the whistle/signal and/or contact of serve, an illegal alignment is charged to the team and a loss of rally/point is awarded.

Jewelry:

Jewelry shall not be worn. Religious and medical-alert medals are not considered jewelry. A religious medal must be taped and worn under the uniform. A medical-alert medal must be taped and may be visible.

Bylaws of Valley Junior High Athletic Conference:

Schools will follow the Valley Junior High Athletic Conference and the National Federation of State High School Association. Our conference does make some modifications to some of the rules.

- You may go to www.nfhs.org to find official hand signals, court diagrams and rules interpretations.

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