

Blogging Mom of 4

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Crockpot Freezer Meals Chicken

Recipes in this Series:

Homestyle Chicken and Rice Soup

Rice and Chicken Hot Dish

Teriyaki Chicken

Zesty Chicken

1. Homestyle Chicken and Rice Soup Freezer Meal

Ingredients

1 lb Chopped Chicken Breast

1 bag frozen vegetables (corn, carrots, beans, peas)

or chopped up carrots, celery, etc

4 T butter

1 box chicken stock (added the day of cooking)

1 C rice (added last 20 minutes of cooking)

Directions

Add chicken, vegetables and butter to freezer bag and freeze.

Write on Freezer Bag

Thaw slightly and place in crockpot.

Add the box of chicken stock and cook on low for 4-6 hours.

Add 1 C rice last 20 minutes of cooking.

2. Rice and Chicken Hot Dish

Ingredients

2-3 chicken breasts cooked and diced

1 package dried beef cut up

1/2 lb bacon fried and cut up (or packaged bacon bits)

2 cans cream of chicken soup

4 oz cream cheese cubed

2 C minute rice (add on day of)

2 1/2 C milk or water (add on day of)

Directions

Add chicken, dried beef, bacon, soup and cream cheese to bag and freeze.

Write on Freezer Bag

Thaw Slightly and add contents to Crockpot
Add 2 C rice
Add 2 1/2 C milk or water
Cook on high 2-4 hours or low 4-6 hours or until done

3. Teriyaki Chicken

Ingredients

2-3 Cooked chicken breasts cut up into pieces
20 oz can of pineapple chunks
dash of ground ginger
1C teriyaki sauce

Directions

Add all ingredients to freezer bag and mix to coat.

Write on Freezer Bag

Thaw slightly and add contents to crockpot
Cook on low 6-8 hrs or high 4-6 hrs.

4. Zesty Chicken

Ingredients

3-4 Cooked chicken breasts (or you can use Frozen Chicken Breasts)
1 Can Cream of Chicken Soup
1 Package Cream Cheese cubed
1 Package Zesty Italian Dry Dressing Mix

Directions

Add all ingredients to bag, mix to coat.

Write on Freezer Bag

Thaw slightly and add contents to crockpot.
Cook on low 4-5 hours.
Serve or rice or noodles.

Shopping List

9-12 Chicken Breast
1 bag frozen vegetables (corn, carrots, beans, peas) or chopped up carrots, celery, etc
1 box chicken stock
1 package dried beef cut up
1/2 lb bacon fried and cut up (or packaged bacon bits)

3 cans cream of chicken soup
1 ½ pkg cream cheese
20 oz can of pineapple chunks
1 Package Zesty Italian Dry Dressing Mix
Ground ginger
Teriyaki sauce

From the pantry:

Butter
Minute Rice
Milk