



Tee Ball Baseball

Local Tee Ball Rules:

1. T-Ball games shall be a maximum of three (3) innings in length. However, no inning shall begin after the official game clock reaches 1 hour.
2. T-Ball games shall use a continuous batting order and each team shall bat once through the batting order. The half-inning is finished when the ball has been thrown to any infielder attempting to make a play. There is no automatic "home-run" for the last batter.
3. There will be no strikeouts and no official score shall be kept for the T-Ball Division.
4. When an offensive player is retired by an out, they shall no longer be a base runner and should be moved to the dugout.
5. The defensive team shall take the proper positions in the infield, with an extra player positioned directly behind second base. The remaining players shall be placed in the outfield in the grass. There are no catchers in the T-Ball division.
6. There is no rule that prohibits sliding in this division. However, SCLL discourages sliding at this level. If a player does slide, they must slide feet first, including when returning to a base.
7. Batter/runners may advance only to the base that is earned by the hit. There is no running on overthrown balls.

Tee Ball Rules Overview:

- ☐ Coaches are allowed on the field to teach (Non-Interference)
- ☐ At least 1 coach (or approved adult volunteer) in the dugout when kids are in the dugout
- ☐ No On-Deck Batters
- ☐ All players on the field during defensive side of inning
- ☐ All players bat during offensive side of inning
- ☐ Advance 1 base when putting the ball in play – Run what they earn within limits



Tee Ball Baseball Suggestions

Focus on Teaching Basic Fundamentals and skills

- ✓ Learning the basic rules - the right direction to run when the ball is hit; runners must touch the bases; how to record outs (catch the ball in the air, throw to first, or tag the runners); running past first base; scoring a run; three out constitute an inning
- ✓ Throwing mechanics - turn the body so that the front shoulder points toward the target; keep the elbow above the shoulder; step toward the target with the non-throwing foot and release the ball.
- ✓ Tracking - follow the ball with the eyes into the glove, whether on the ground or in the air (use softer balls); use two hands to catch and field; try to catch the ball out in front of the body.
- ✓ Hitting – how to hold and swing the bat; batting safety (when not to swing bats, wearing batting helmets); hitting off a tee; hitting softly tossed pitches
- ✓ Learning positional play - if the ball is hit to your buddy, let him or her field it

Keep Practices Moving

- ✓ Split the kids into small groups
- ✓ Gauge How Long You Spend teaching something by the kid's interest. Be Flexible.

✓ 10 minutes is about the longest you should spend in one station

✓ Recap every station/skill group with a game

Communicate, Communicate, Communicate

✓ T-Ball Parents want to know what is going on

Little League T – Ball Training Program

<https://www.littleleague.org/university/articles/the-complete-little-league-tee-ball-program/>