



THE IB DIPLOMA PROGRAMME CORE



The IB Diploma Programme contains 3 core components:

1. **Theory of Knowledge (TOK)** - develops a coherent approach to learning that unifies the academic disciplines. In this course on critical thinking, students inquire into the nature of knowing and deepen their understanding of knowledge as a human construction.
2. **Extended Essay (EE)** - asks students to engage in independent research through an in-depth study of a question relating to one of the DP subjects they are studying
3. **Creativity, Activity, and Service (CAS)** - involves students in a range of activities alongside their academic studies throughout the Diploma Programme. Creativity encourages students to engage in the arts and creative thinking. Activity seeks to develop a healthy lifestyle through physical activity. Service with the community offers a vehicle for a new learning with academic value. The three strands of CAS enhance students' personal and interpersonal development through experiential learning and enable journeys of self-discovery.