





























































- “28 Days To A Client” -




The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1.  / 	1 	Manage to land sales calls
2.  / 	1 	Get a client
3.  / 	1 	Go to the gym
4.  / 	1 	Practice free value
5.  / 	1 	Review copies
6.  / 	1 	Try new outreach from time to time
7.  / 	1 	Drink min 3L of water a day
8.  / 	1 	Stay on a caloric deficit
9.  / 	2 	Spend less time on my phone
10.  / 	2 	Finish homework
11.  / 	2 	Go to class for college
12.  / 	2 	Daily stretches
13.  / 	2 	Do sprints before gym
14.  / 	3 	Practice chess
15.  / 	3 	
16.  / 	3 	
17.  / 	3 	
18.  / 	3 	
19.  / 	3 	
20.  / 	3 	

Day Number: 3







Date:3/15/2023

Start Of The Day - Time: 7 am

	 3 Things That I Am Excited To Have In The Future? 
1.	Land multiple sales call
2.	Land a client for one of them
3.	Get in better shape

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 7 am: Task \$	Morning routine
🔔 Intention 🔔	Wake up, fix my bed, stretch and drink water
✍️ Reflection ✍️	Task donee

\$ 8 am: Task \$	FInd prospects and try the outreaches
🔔 Intention 🔔	After spending 10 minutes under the sun, i will start the day finding new prospects
✍️ Reflection ✍️	Task done

\$ 9 am: Task \$	Start the homework
🔔 Intention 🔔	Will do the first part of a power point presentation
✍️ Reflection ✍️	Task done

\$ 10 am: Task \$	Go to the gym
🔔 Intention 🔔	

 Reflection 	Task done
---	------------------

\$ 12 am: Task \$	Go back home and continue the homework
--------------------------	---

 Intention 	Adding the details to the presentation
--	---

 Reflection 	Task done
---	------------------


\$ 2 pm: Task \$	Go to school
-------------------------	---------------------

 Intention 	
--	--



 Reflection 	Task done
---	------------------

\$ 6 pm: Task \$	Get back home
-------------------------	----------------------



 Intention 	Once back home take a few minutes break and start prospecting
--	--

 Reflection 	Task done
---	------------------

\$ 8 pm: Task \$	Finish the homework
-------------------------	----------------------------

 Intention 	
--	--

 Reflection 	Task done
---	------------------

\$ 11C pm: Task \$	Go to bed
🔔 Intention 🔔	
 Reflection 	



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠
I learned today that it's better to focus entirely on a task and not separate it into multiples parts like I did with the homework

<small>NEW</small> What Do I Plan To Do Differently Tomorrow? <small>NEW</small>
On working my best to put 100% effort on the tasks

<small>NEW</small> What Do I Plan To Do The Same Tomorrow? <small>NEW</small>

📱 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 
--

--

<div><div></div><div>What Tasks Were Left Undone?</div><div></div></div>
--

I finished prospecting but I didn't do the outreach

Brain Dump: