



PSHE Curriculum

	HT1	HT2	HT3	HT4	HT5	HT6
	Living in the wider world	Futures	Relationship	Citizenship and Community	Healthy Living	Emotional Health and Wellbeing
	Transition to Secondary School	Decision making about Finances and Futures	Managing relationships and new feelings	Values	Healthy Living	Personal Safety
Year 7	Anti-bullying Pledge Aspirations Self-Esteem Wants and Needs Challenging Stereotypes Bullying or Banter Friendships	Money Management Budgeting Savings Inflation Critical Consumer	Sexism and Misogony LGBTQ+ Family Diversity Consent Periods	Personal core values Core values of School and community British Values Power Politics and workings of parliaments	Mental Health Healthy Lifestyle Balanced Diet Smoking, Vaping and Drugs Energy Drinks	Keeping safe online Radicalisation Basic First Aid Managing Risk FGM Peer Pressure Keeping Safe Over the Summer
	Discrimination, Prejudice and Challenges	Finance and Career Skills	Romantic Relationships and Managing Conflict	Prejudice, Values and Extremism	Looking after our Health	My Goals, Behaviour and Emotions
Year 8	Anti Bullying Pledge Disabilities LGBT+ Rights Tolerance and Respect Internet Safety Discrimination Prevent and Radicalisation	Opening a Bank Account Bank Statements Bank Cards How to manage debt Financial Exploitation	Healthy and Unhealthy Relationships Consent Dealing with Conflict Peer Pressure Image Sharing	British Values Tolerance Prejudice, discrimination and stereotypes Discrimination Hate Crime Prevent	Vaping, nicotine and addiction Cancer awareness Personal safety and First Aid Importance of Sleep Personal Hygiene	Self-confidence and goals Personal Development and Target Setting Managing my behaviour to achieve Self awareness Mindfulness Mental Health Keeping Safe Over the Summer
	Rights and Responsibilities	Careers and Enterprise	Healthy Relationships with ourselves and Others	Place in Local Community	Our Health and Personal Safety	Achieving Good Mental Health

Year 9	Behaving to Achieve Growth Mindset Anti Bullying Pledge Conflict Management Peer Pressure Taking control of my future Managing Anxiety	Showcasing Personal Strengths Managing Online Reputation Identifying Career Preferences Making a Good Impression Rights and Responsibilities in the Workplace	Body image Eating disorders Child Sexual Exploitation Abusive relationships Pressure, persuasion and Coercion	British Values Fake News Hate Crime Sustainability Knife crime	Alcohol awareness Drugs and the Law Vaccinations Vapes Social Media Validation	Interpersonal skills Stress and anxiety Selfie safety Mental Health Self Harm Preparation for exams Keeping Safe Over the Summer
	HT1	HT2	HT3	HT4	HT5	HT6
Ks4	Living in the wider world	Futures	Relationship	Citizenship and Community	Healthy Living	Emotional Health and Wellbeing
	Self Management	Preparing for the work place	Relationships	Society	Sexual Health	Choices
Year 10	British Values Identity Mutual Respect Tolerance Individual Liberty Democracy Protected Characteristics	CV Writing Finance Saving Money Employment Rights Exploring a Pay Slip Equality in the Workplace	Healthy Relationships Pressure Persuasion and Coercion Managing Relationships, conflicts and breakups Addressing relationship abuse Pornography	Critical Thinking Fake News Peace War and Conflict Hate Crime Human Rights International Organisations	Consent Harassment and Stalking Contraception Delaying Sexual Activity	Anti Social Behaviour Drugs Vaping Knife Crime County Lines
	The Wider World	Preparation for the future	Relationships	Risks		
Year 11	British Values Equality Act 2010 Diversity Protected Characteristics Extremism Internet safety and the dark web Cybercrime and online fraud	Study Skills Applying to Sixth Form/College Preparing for interviews Independent Living First Aid Knife Crime Drugs and Alcohol	Delaying Sexual Activity FGM Sexting Nudes Pornography Unhealthy Relationships Abuse	Risk taking & decision making Gambling and online gambling Digital footprints Tattoos and piercings Binge drinking Vape		