

Lake Island Rifle & Pistol Club

Founded 1938

Vol. 2026 No. 1

Executive Board

Brad Park

President

President@lakeis.org

732-921-2288

Michael Zsilavetz

Vice-President

VicePresident@lakeis.org

732-423-9334

Robert Luban

Secretary

Robin Fox

Treasurer

treasure@lakeis.org

732-396-3395

Rich Tullo

Safety Officer

646-201-2044

SafetyOfficer@lakeis.org

Mike Fox

Executive Officer

ExecutiveOfficer@lakeis.org

732-407-9134

Trustees:

Ed Riley

Robin Fox

Michael Fox

Frank Linkowski

Adrian Marciniak

Andrew (Scott) Kerr

John Kuchma 1938 - 2020

Joseph Ivanitski 1951 - 2020

Harry Jacobs 1945 - 2025

Membership Renewal

Membership renewal letters were mailed in December. Please watch your mailbox. If you did not receive your membership renewal letter, please contact Robin Fox 732-396-3395 or come to the next membership meeting.

Membership combination will be changed at 2:00 PM Sunday February 1st.

Executive Committee

Members of our 2026 Executive Committee. These members will serve through 2026. Contact information is listed on the left side of this newsletter.

Park
Michael Zsilavetz
Robert Luban
Mike Fox
Rich Tullo
Contact: Mike Fox

Winter Season

The calendar has been updated with the Raritan Valley Pistol League's winter schedule. More information is also available on our website. [Click to view](#)

The Meaning of the Second Amendment

Explore the meaning of 'well regulated' in the Second Amendment, from its historical military context to its function within modern constitutional law.

The phrase “well regulated” in the Second Amendment of the U.S. Constitution has been widely debated. Understanding its meaning is central to comprehending the amendment’s scope and application. This article explores the historical context, legal theories, and significant court decisions that have shaped its interpretation.

The Second Amendment, ratified on December 15, 1791, as part of the Bill of Rights, states: “A well regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear Arms, shall not be infringed.” This amendment was ratified during a period when concerns about potential federal overreach were widespread. The framers sought to balance the need for a strong central government with protections for individual liberties and state sovereignty.

In the 18th century, “well regulated” had a different connotation than its modern usage. It did not primarily imply extensive government control or bureaucratic oversight. Instead, it referred to a militia that was properly organized, disciplined, and effective in its function.

[Continue reading ...](#)

2nd Amendment:

A well regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear Arms, shall not be infringed.

Junior Club Donations thru Midway Foundation (FEATURED GROUP)

The MidwayUSA Foundation was established in 2007 to provide sustainable funding to youth shooting sports teams across the nation. Shooting teams provide wonderful opportunities for students to make friends, to develop confidence and learn discipline and leadership skills, just like other sports. However, most schools provide little or no funding for shooting teams.

Founders Larry and Brenda Potterfield, owners of MidwayUSA, had the vision to offer youth interested in shooting sports the same opportunities as those in more traditional team sports. [Click to read more.](#)

Along with funding our Jr. Club, The Midway Foundation has provided our club multiple financial grants to help with various projects that benefit our juniors. Past grants included improving the range sound level and our current vacuum to remove dust and debris from our range floor.

As you know, our Junior Club has joined the Midway team and we can send our contributions through the Midway Team Endowment Program. Contributions through this program will receive matching funds and will build sustainable funding for our Junior's. Because of our participation in this fundraising program, our Junior Club is now self-funded.

Consider sending a contribution [using this link](#) and join other Lake Island members and friends to help fund our Junior Club.

Contact: Art Paltz 732-991-3940

Notary Public

If you are in need of Notary Services, Lake Island members are available at our monthly meetings to help you at no charge to Lake Island members. You may also contact one of our members listed below to discuss your personal need and to arrange the time and place to execute your signing.

Current List

- Tony Gallo Port Reading - 732-874-3192
- Michael Pakay Rahway - 732-713-6489
- David Ortiz Elizabeth - 862-849-6940

Please leave a message if the member you call does not answer their phone. Many people do not answer their phone because of the volume of spam calls received.

If you are a Notary and would like to be on our list, send an email to our [WebMaster](#)

January Calendar

Please check our calendar for cancellations

Membership Meeting	Monday			26th	7:00	PM
Work Party	Saturday			3rd	8:00	AM
				31st	8:00	AM
Pistol Night	Monday	5th	-	19th	7:00	PM
RVPL** Click for Additional information	Tuesday	6th	-	27th	6:30	PM
Junior Club	Wednesday	7th	-	28th	6:00	PM
2 Position Rifle	Thursday	1st		29th	6:30	PM
All Events are listed on our Website Calendar	** RVPL Winter Season - Lake Island					

Topics of Interest

1. New Member Training	Contact Rich Tullo - 646-201-2044	SafetyOfficer@lakeis.org
2. Pistol Night	Monday night	All Shooters Welcome 7pm
3. Raritan Valley Pistol League	Winter Session - Robin Fox 732-396-3395	@ Lake Island
4. Junior Club	Juniors (ages 12 - 18) (732) 991-3940	Wednesday at 7:00 PM
5. 2 Position Rifle	Contact: Frank Linkowski	Thursday nights at 7pm
See our Website Calendar for up-to-date events of interest to members.		

Firearm Podcasts

CMP [Click Here](#)
Jay Costa [Click Here](#)
Tom Grieve [Click Here](#)
Michael Bane [Click Here](#)
Gun for Hire Radio [Click Here](#)

The Four Boxes Diner [Click Here](#)
Martell Training Group [Click Here](#)
Bearing Arms' Cam & Company [Click Here](#)
Tom Gresham's Gun Talk Radio [Click Here](#)
Gun Lawyer Podcast - Evan Nappen [Click Here](#)
Armed American Radio - Mark Walters [Click Here](#)

Members Only Website

The Lake Island Rifle & Pistol Club Members Only section of our website is the place where information is exchanged exclusively to Lake Island membership. This is an ongoing project with new information being continually added. Sign up under the Membership drop-down by clicking "Sign In / Register". You will enter some basic information such as Name, Email, NRA information, Username, etc. Once your membership has been verified, you will have access to some information that is not available to the general public. Mostly you will receive email messages that would be important to our members.



Lake Island is a 100% NRA membership required club, your membership must be up-to-date. If you are not an NRA member or your membership is about to expire, we have a link on our website to make renewal fast and easy. In fact we have a lot of NRA links listed. [Click to Renew](#)

ANJRPC Association of New Jersey Rifle and Pistol Clubs

The Association of New Jersey Rifle and Pistol Clubs, is the official NRA State Association for New Jersey. Their mission is to implement all of the programs and activities at the state level that the NRA does on a national level. As members of Lake Island Rifle & Pistol Club we need to support our state organization. If you are not a member, please consider joining. It is ANJRCP who fights for our 2nd Amendment rights here in NJ. They brought countless lawsuits on our behalf and will continually alert members of legislation, both good and bad, so we may contact our state and federal representatives when necessary. If you're not a member, please join today. [Join ANJRPC](#) [Read Mission Statement](#)

CNJFO Coalition of New Jersey Firearm Owners

The Coalition of New Jersey Firearm Owners' was formed to eliminate "justifiable need" in New Jersey and to advocate for lawful, safe and responsible firearms ownership in New Jersey. They strive to return to the citizens of New Jersey the basic human right to self-defense, a right that is guaranteed to all Americans by the Constitution but denied to New Jersey residents by the Executive, Legislative and Judicial branches of New Jersey government. [Read more](#)



Many Lake Island members have been using What's App to engage in friendly banter regarding the 2nd Amendment. We have

members who joined the conversation and are passionate when posting to let others know the "Breaking News". Others will discuss the SCOTUS, NJ legislation or just how they feel about today's weather. Topics discussed should be of interest to Lake Island members.

What is What's app? WhatsApp is a free to download messenger app for smartphones. We provide a link to our WhatsApp blog on our "Members Only" website.

WhatsApp uses the internet to send messages, images, audio or video. The service is very similar to text messaging services however, because WhatsApp uses the internet to send messages, the cost of using WhatsApp is significantly less than texting

To get on the Lake Island what, call Tony Gallo at 732-874-3192