

## **Resources for Classroom Community Well-Being in Emergency Situations**

Feeling supported is critical to your success in the classroom and beyond. Emergencies can happen anywhere and at any time. UCLA provides access to resources and support during and after any emergency situation. This document provides a curated list of resources specifically tailored to student needs.

## **UCLA Emergency Protocols**

**Emergency Procedures** (UCLA Office of Emergency Management)

Includes guidelines for environmental disasters such as fires and earthquakes; threats such as active shooters and unwanted persons; and health- and facilities- emergencies such as power outages, medical emergencies, and lab or building closures.

Bruin Safe App (UCLA Office of Emergency Management)

Download this app for real-time safety alerts, emergency resources, and support services.

## **Services for Students**

<u>Counseling and Psychological Services</u>: Offers confidential mental health support to help you thrive academically and personally.

Arthur Ashe Student Health and Wellness Center: Provides comprehensive healthcare services.

Be Well Bruin: Provides students with access to health and well-being resources.

<u>Campus Assault Resources & Education (CARE) Program</u>: Offers support and resources for survivors of sexual violence and assault.

Resilience In Your Student Experience (RISE) Center: Promotes student well-being through workshops, events, and resources focused on resilience and mental health.

<u>Economic Crisis Response Team (ECRT)</u>: Assists students facing financial hardships with resources and support.

<u>Bruin Resource Center</u>: Connects students with resources and programs to support their diverse needs and enhance their UCLA experience.

<u>Healthy Campus Initiative</u>: Comprehensive suite of resources supporting the emotional, social, and physical health of UCLA Bruins.

## **Campus Emergency Services Contact**

Emergency: 911

UC Police Department: (310) 825-1491 Case Management Services: (310) 825-7291

Counseling and Psychological Services (CAPS): (310) 825-0768