

2026 Reflections



What are 3x things you've done/been/had in 2026 that you are proud of/grateful for?

(career, education, health, travel, and creative activities)

1._____

2. _____

3. _____



90 Day Plan



October-December 2026

What are 3x things you'd like to do/be/have between October-December 2026?

1._____

2. _____

3. _____



30 Day Plan



October 2026

What are 3x things you'd like to do/be/have in October 2026?

1. _____
2. _____
3. _____



30 Day Plan



November 2026

What are 3x things you'd like to do/be/have in November 2026?

1. _____
2. _____
3. _____



30 Day Plan



December 2026

What are 3x things you'd like to do/be/have in December 2026?

1. _____
2. _____
3. _____