



2026 Reflections



What are 3x things you've done/been/had in 2026 that you are proud

of/grateful for?

(career, education, health, travel, and creative activities)

1. _____

2. _____

3. _____



90 Day Plan



July-September 2026

**What are 3x things you'd like to do/be/have between
July-September 2026?**

1. _____
2. _____
3. _____



30 Day Plan



July 2026

What are 3x things you'd like to do/be/have in July 2026?

1. _____
2. _____
3. _____



30 Day Plan



August 2026

What are 3x things you'd like to do/be/have by August 2026?

1. _____
2. _____
3. _____



30 Day Plan



September 2026

What are 3x things you'd like to do/be/have in September 2026?

1. _____
2. _____
3. _____