

Target avatar: Women over 40 who want to get in shape. They don't know how and feel lost.

Subject line: Experience the power of freedom

I've seen it far too often. An email from someone who is struggling with their weight despite their best efforts.

They have tried everything and still can't seem to drop the pounds.

Perhaps this is you. You can't lose weight even if you go on a fast. Nothing seems to work.

You feel the crushing anxiety as you step onto the scale each morning and see the numbers go up instead of down.

You may think to yourself that you're doomed to be the laughing stock forever and nothing you try will break you from this prison of your body.

If this is you, I'm going to end these thoughts for good. It's time for a major change in your routine. It's time to take an important step in your journey.

Are you a brave person? That's all you need to break free. Bravery.

Click the link below to discover the secret behind unlocking your dream physique and becoming the slim person you deserve to be, forever.

All you need is bravery...

>>>See you inside<<<

With ENERGY

Angie