

Activity Overview

The online didactic has been designed to meet the educational needs of providers involved in the care of patients with challenges related to collagen and volume loss due to aging. This advanced course will provide a comprehensive understanding of the form and function of PDO threads, facial anatomy, patient assessment, numbing techniques, thread insertion, lifting techniques, adverse reactions, and how to manage patient complications.

Target Audience

This activity is designed for an audience of Physicians, Dentists, Nurse Practitioners, Physician Assistants, and Registered Nurses

Learning Objectives

Upon completion of the educational activity, participants should be able to:

- Understand the role of threads in aesthetic medicine, including patient selection, thread selection, vector design, and how to properly place threads into the correct tissue depth
- Analyze anatomical landmarks including skin, vessels, fat pads and muscles, as well as their locations and depths as they relate to threads treatments
- Describe the aging process and how and when to utilize volume replacement and/or biostimulators with dissolvable threads for optimal patient outcome
- Assess and evaluate for both early and delayed adverse events/reactions as they pertain to threads

Criteria for Success

To obtain a certificate of completion, a score of 70% or better on the post-test is required. Please proceed with the activity until you have successfully completed this program, answered all test questions, completed the post-test and evaluation, and have received a digital copy of your certificate. You must participate in the entire activity to receive credit. If you have questions about this activity, please contact AKH Inc. at ketrea@akhcme.com.

<https://akhcme.com/content/foundations-threads>

Credit Claim Instructions

1. Click the claim link

2. Login or Create an account in the system. **(All 1st time users required to create an account)**

Once complete, the course will appear in your 'Pending Activities' list, found under the 'Activities' tab on your profile page (upper right-hand corner).

3. Proceed to Register/Take Course Tab to complete the Course Evaluation & Certificate steps for the activity.

4. Click get started



CE credit provided by AKH Inc., Advancing Knowledge in Healthcare.



In support of improving patient care, this activity has been planned and implemented by AKH Inc., Advancing Knowledge in Healthcare and The Aesthetic Immersion. AKH Inc., Advancing Knowledge in Healthcare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive 4.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

Physicians

AKH Inc., Advancing Knowledge in Healthcare designates this enduring material for a maximum of 4.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

Credit being awarded: 4.0 ANCC contact hours



Physician Associate

AKH Inc., Advancing Knowledge in Healthcare has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 4.0 AAPA Category 1 CME credits. Approval is valid until August 2, 2026. PAs should only claim credit commensurate with the extent of their participation.

Dental

ADA C-E-R-P[®] | Continuing Education Recognition Program AKH Inc., Advancing Knowledge in Healthcare is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at [ADA.org/CERP](https://ada.org/CERP).

AKH Inc., Advancing Knowledge in Healthcare designates this activity for 4.0 continuing education credits.

Concerns or complaints about a CE provider may be directed to the provider, or to the Commission for Continuing Education Provider Recognition at [ADA.org/CERP](https://ada.org/CERP).

Commercial Support

There is no commercial support for this activity.

DISCLOSURES		
Name	Relationship	Commercial Interest
Gideon Kwok DO (faculty)	Independent Contractor, Speaker	HansBio Med (MINT PDO Threads) Benev (Miracu Threads) Galderma Merz
Lori Robertson MSN, FNP-C (faculty)	Independent Contractor, Speaker	HansBio Med (MINT PDO Threads) Galderma
Dorothy Caputo, MA, BSN, RN - President	N/A	Nothing to disclose
Michele Bielarski, RN (planner/reviewer)	N/A	Nothing to disclose
AKH Inc Staff and Planners	N/A	Nothing to disclose
The Aesthetic Immersion Staff and Planners	N/A	Nothing to disclose
All of the relevant financial relationships listed for these individuals have been mitigated.		

Disclosures

It is the policy of AKH Inc. to ensure independence, balance, objectivity, scientific rigor, and integrity in all of its continuing education activities. The author must disclose to the participants any significant relationships with ineligible companies whose products or devices may be mentioned in the activity or with the commercial supporter of this continuing education activity. Identified conflicts of interest are mitigated by AKH prior to accreditation of the activity. AKH planners and reviewers have no relevant financial relationships to disclose. If you would like to opt out from future communications from AKH please send an email to optout@akhcme.com with your information with "Opt Out" in the subject line.

Disclosure of Unlabeled Use and Investigational Product

This educational activity may include discussion of uses of agents that are investigational and/or unapproved by the FDA. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

Disclaimer

This course is designed solely to provide the healthcare professional with information to assist in his/her practice and professional development and is not to be considered a diagnostic tool to replace professional advice or treatment. The course serves as a general guide to the healthcare professional, and therefore, cannot be considered as giving legal, nursing, medical, or other professional advice in specific cases. AKH Inc. specifically disclaim responsibility for any adverse consequences resulting directly or indirectly from information in the course, for undetected error, or through participants misunderstanding of the content.