

Wednesday May 6th

## Growing Wisdom with modern Technologies with JOHN DUPUY

What do you imagine when you think about wise people: a old man with a white beard meditating in India? Well, mediation is a well known tool to observe of what is going on in present time and to enter into mental stillness - a WISDOM TECHNOLOGY which lately is adopted also in Western countries with amazing success.

The thing with meditation is that it needs a lot of time. At least an hour a day for several years before real changes manifest for most of us. there are people who meditate several hours a day - but who has the time nowadays? \*Do we really need to give up our “normal” life and dedicate our time completely to the “spiritual path” - which meditation activity is normally called\*? NOPE.

Thanks to Western achievements in scientific research and technology we can use tools which allow us to have the same results in much shorter time. We don't have to leave jobs and family behind to become more aware and “enlightened” when we lose our prejudice against modern technology and allow our brain to be guided in specific ways to reach our goals.

### ***Where Science Meets Stillness***



Our guest +John Dupuy has co-founded iAwake Technologies and works with these brain-influencing tools for many years. He had extraordinary results with clients in drug recovery before he brought out the tool to “normal” people to enhance their brain functioning and to help them to get into the states of mind they desire to dwell in. (<http://bit.ly/iawaketech>)

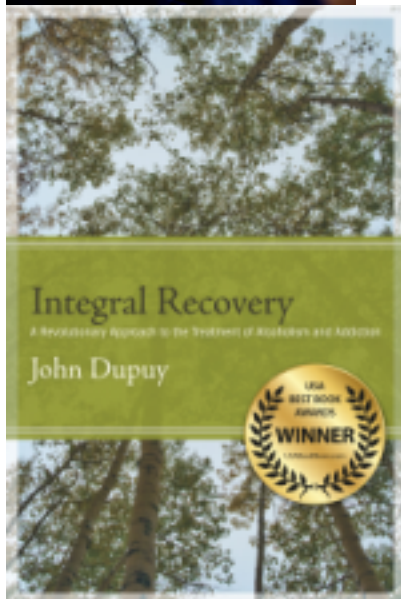
In our show John will talk about the levels of development which we humans go through, about the possibilities of growing into the next level of our development quicker and in a conscious way by using his amazing Wisdom Technology. He will give you the scientific context and explain what you can use it for and how.

\*iAwake Technologies are dedicated to helping the earth's people heal, wake up and evolve through creating leading edge transformational technologies and promoting and inspiring their skillful use in our daily lives\*.

*We believe that to heal the self is to heal the world.*



+John Dupuy is a co-founder and the CEO of iAwake Technologies, LLC, and holds a master's degree in Transpersonal Psychology. He has been working personally and professionally with brainwave entrainment technology since 2004, and has developed a passion for the power and efficacy of brainwave entrainment technology to support the healing of mental health issues, deepen spiritual growth, and support an increase in attention and focus in business, academics and athletics.



As said above John is also the founder of Integral Recovery® and leader in addiction treatment and the therapeutic wilderness industry. Since 1984, he has worked with hundreds of students and their families and founded and co-founded three wilderness therapy programs. *Integral Recovery* was published by SUNY Press in 2013 and was also the recipient of the USA Best Books Award in 2013 in the Health: Addiction & Recovery category. John is also a co-founder of the Integral Recovery Institute - an Integral training center for people working in the addiction recovery field and for people who want support in implementing an Integral approach to their own recovery.

Wednesday May 13th

## The Gold Key Release: Somatic Wisdom Technologies of Lawrence Gold

Everybody talk about fitness, exercising, beauty and physical health. The body seems to be important to us - and fascionable. We think we are taking care of it - by dressing it in constrictive clothes or by making it “work out” with exercises which our mind believes that they are good for us. We more often than not overstep our body’s needs and desires by following our belief system instead of learning to sense into it to find out what it really wants us to do. Well, we end up with all sorts of physical dysfunctions, from back pain to headaches and even worse manifestations of it’s alarm signals.

Our mind is very powerful and is constantly reigning over our bodies. Why not use this power to actually restore the state of ease and well being to our bodies? Makes sense, doesn’t it?

Lawrence Gold, a trainer in SOMATIC EDUCATION after Thomas Hanna has created practices to do exactly this. You might expect gymnastics or something alike, when you hear this term. Not at all. Somatics is not just something connected with the BODY, but...

In our show Lawrence will lead you through one of the processes he has created to alter the body conditions, like pain or feeling unwell, as well as emotional states, like stress, anxiety, depression, going as far as to help manifest your desires (In a practice called “The Wish Fulfilling Gem”). We will talk about the background of these practices, why they work - and they DO WORK, as we could see from our own experience - and what potential they have to create a big impact on people and therefore create **well being and peace in the world.**



### About **Lawrence Gold**

Lawrence Gold began to explore the interrelation of spiritual practice and personal development around 1968, at age 16,

with himself as the laboratory. He has explored many different approaches to different aspects of the one-being, what we may call "self" or "body", the inner and outer of our existence that constitute "soma", the incarnated self.

Here his ["lineage flowchart"](#)

His investigations led to the development of very powerful and very accessible "consciousness integration procedures" called, The TetraSeed Modulations, for getting unstuck from habitual conditioning and for awakening to the "ground" of being that underlies and is the substance of ordinary existence. He teaches those procedures in-person, one-on-one, and on-line, to groups. You can follow one of his sessions and [practice along here](#):

He maintains a private practice of clinical somatic education (to end chronic pain conditions) in Santa Fe, New Mexico, and on-line, worldwide.

Wednesday May 20th

Dr.ROBIN WOOD:

**THRIVEABILITY - The ultimate TECHNOLOGY to create  
a THRIVING WORLD**

Since the last 40 years when sustainability concepts began to be considered, our consumption of the planet went up from the entire planet to ONE AND a HALF PLANET and we are already living the consequences: climate change is undeniable in the experience of most of us.

Thriveability is supposed to help organizations who produce the negative impact on the planet to move from the current stage to a stage of development where they are capable to be re-generative.

Regeneration can be done very effectively because there is a lot of data which can be used in an integrated way to go through a process which creates not only sustainability, but THRIVEABILITY.

This process is a true WISDOM TECHNOLOGY, articulated in 6 stages. In the full video Dr. Robin Wood leads you through the 6 stages of the process which you can adopt for your personal life, for your community, your business, your organizations.



#### About Dr. Robin Wood

Robin is Founder of the ThriveAbility Foundation. The ThriveAbility Index and Assessment enable organisations to take transparent strategic decisions that enhance the thrival of their key stakeholders with a lower footprint through irresistible innovation breakthroughs.

Robin says: My journey as a person, the link to ThriveAbility, is the deep need I've always felt to be close to nature, and the pain I've always felt seeing the damage and destruction our industrial civilization has been inflicting on the planet, together with the growing, very serious dangers of climate change now looming over us.

Taking a careful look inside of all of us, I realised that we will need to motivate ourselves very differently in the future if we wish to survive as a species. This combined my lifelong interest in psychology, my passion for science with an aptitude for business and a love of all things integral, packaged into ThriveAbility. See my website for more of the backstory: [www.rlw.zone](http://www.rlw.zone).

WEDNESDAY May 27th

## **MUTUAL AWAKENING**

CREATING the WE and Tapping into our COLLECTIVE  
WISDOM:

with PATRICIA ALBERE

The times of the lonely heroes are over. We have reached the limits of what we can do and what impact on the world we can have as a single individual, as a pioneer without support. Times have evolved and there are many more of us who have gained the insight that we need to unite our energies and our actions to create the change and transformation which our world needs badly today. There have been many trial and error attempts to create new ways of seeing the world and acting accordingly, to add individual gifts and visions into a whole spectrum of possibilities and then begin to work on that. Well, only adding items lead to a crowd of stuff which is not necessarily a solution. But when we allow the perspective that a new structure arises out of a sum of “smaller structures” (Ken Wilber calls them “HOLONS”) and not just adds them together but a new dimension comes into being, then real change can happen and in powerful and unexpected ways.

When people come together something powerful can arise - a WE consciousness, which can be disastrous when fed by egocentric motives, but enormously wholesome and transformative when the gathering happens in a non-egoic way. Who has experienced group dynamics inside such a We-Space knows what I am talking about. Who has not yet lived this miracle of connectedness and purpose - well, Patricia will certainly give you the opportunity. (H.H.)

Patricia Alberé was interested in mystical phenomena from a young age and had the experience of an exceptional love affair that would be anyone's idea of a perfect romantic relationship in her early 20's. And, although it ended abruptly and tragically with her fiancé's sudden accidental death after four years of the most open communication and intimate closeness, it propelled her into a life of pursuing the “how to” of that ideal way of relating that people are capable of. The decades since then have

led her to create the Evolutionary Collective where she now collaborates with Jeff Carreira in an ongoing program called Mutual Awakening.

This inner technology is now available to all who wish to awaken the latent abilities of “ego” free communication - but without loss of uniqueness and individuality. You can get their free eBook describing the process from their website:  
<http://evolutionarycollective.com/> (M.D.)

**Patricia Albere says:**

It's a really exciting time for humanity to explore what's possible in all forms of relationship, because it's the action of coming together that is allowing us to push way beyond the edges of our own personal growth and liberation into a truly inspired and expansive unknown by way of authentic relatedness, mutuality and love. There are a handful of us who are ready to connect beyond the limitations of the ego and survival consciousness. Evolutionary relatedness demands integrity, it demands that we accept responsibility for the inescapable influence we have on one another, and it demands a wholehearted commitment to serve more than our individual selves. It's from that orientation that we are discovering and creating the tools, techniques and means for the innovative action the planet is urgently inviting; and the reality is: those pieces can only be created together.”



**About Patricia Albere:**

Patricia Albere is at ground zero of an evolutionary stream of spiritual awakening. One in which we learn to go beyond individual psychology and transformation into a new space of mutual awakening or ‘inter-being’ or ‘we-mysticism’. She is the founder and director of the Evolutionary Collective and an internationally known contemporary spiritual teacher and author. Her unique discovery of the essential components that create an awakened ‘we space’ is transforming our understanding of what is possible in the space between us and in creating new fields of higher collective consciousness. Her work creates a powerful field of shared consciousness that reveals previously unimagined potentials for human development that can and is moving humanity far beyond the limits of personal growth. She has worked with over 150,000 people in groups in the last 40 years. Her mastery as a transformative teacher is now innovating a new field of ‘inter-subjective awakening’ and post-personal development.



Find Patricia [on her website](#)

Patricia is also the host of the popular [Evolutionary Collective Conversations](#) (ECC), a global webcast in which today's top evolutionary leaders join Patricia for dynamic on-line dialogues.

## Wednesday June 3rd

# Growing Emotional and Relational Wisdom - Bringing peace to the Inner Family

## with Heidi Hornlein interviewed by Monika Frühwirth

We live in a world where up to 50% live in single households, with occasional connection to family members or sexual partners. The number of “solopreneurs” increases constantly because many of us don't want to be bullied around by bosses and colleagues. Cooperative partnership in business doesn't seem to work out wither. Are we doomed to be and work alone?

We **know** so much nowadays. We learn a lot about our world, about the cosmos, about the functioning of the human body and brain, about technology and modern devices, we learn about communication, about group processes, about our inner structure, our psyche and our soul. And finally we also came to the understanding that Knowing alone is not enough without Being, without the conscious experience of what we know. So in our “green” level of development we went to all sorts of experiential workshops and we really got to know a lot more about ourselves from different perspectives.

It is a great time with endless possibilities - and yet, despite all our efforts we get stuck ever and ever again when we are in relationships. As mentioned above we seem to come to the conclusion that “Alone Is Best”. But we want to be happy - it is our explicit birthright to be HAPPY - and we need others to really experience happiness. What is it that comes into our way? What is it that we cannot see, what our willingness for change and development is not able to grasp?

Well, it is like the fish who has no idea what WATER is because it is swimming in it all the time, it is too near to it in order to be perceivable. And so it is with us humans: we



not easily can see the “water” in which we are swimming because it is too obvious to be seen.

What is it? well, it is the very basic ideas with which we see the world, the conditioning in which we were conceived and born into, which totally escapes our awareness - and which conditions our thoughts and behaviors on a deeper level than our conscious and deliberate thinking, planning and behaving.

The tricky thing is that, the more we “know” the more we believe that we know it all and that there is nothing out of our awareness, especially when we have done meditation for years and lay on the couch for decades. It is hard to understand that THERE ARE THINGS GOING ON INSIDE OF YOU which you are not aware of and therefore you can hardly influence and change them. And that’s why your next intimate relationship breaks at a similar point as the last and your next boss reveals to be an asshole as the last one and your colleagues little trustworthy as all the ones before.

You need to make the step away from outside, from your partners, bosses and colleagues and get aware of your unknown conditions which make you end up in constant dissatisfaction and unhappiness or in lacking success in life.

Monika Frühwirth is one of the early pioneers in Integral Theory in Germany. She created a women’s group in 2006 and hoped that this would lead to a different way of being and doing than we constantly see with our male integral colleagues. The experience was that women entered into the same sort of rivalry and competition for the leader role as men usually do. Well, we women are conditioned by patriarchy too. And we need to sort out clearly what is the real and divine Feminine in us, what are female stereotypes and - most important - what are our personal conditionings and belief systems.



In this conversation we will talk about exactly this: how to bring clarity and discernment in our way of thinking and behaving. And this is NOT CONFINED to women, but men have similar conditionings as well which don’t allow them to overcome their limits - which often are in different realms than those of women.

**About Monika Frühwirth:**

Monika is speaking out of the experience of 7 decades of an intense life which was dedicated to the **evolution of consciousness** in herself and others.

Monika is a true leader. Thanks to her constant efforts the philosophy of Ken Wilber was introduced and spread in Germany. Her way of adopting leadership was - and is - translating innumerable amounts of texts, publishing articles, editing print media and creating the German Integral Association together with some like minded people.

Monika was one of the first women in the German-speaking Integral scene - which at first was very "head biased" - the enthusiasm about a brilliant theory. She introduced into the Integral Community the "Feminine Integral Consciousness Field", a self-organized group of women who tried to translate the theory into their everyday life practice. My freindship with her began with being part of this group of women and their attempt to find a FEMININE WAY of bringing the Integral WORLDVIEW out into the WORLD.



#### **About Heidi Hörnlein**

Heidi is German living in Italy for 30 years now. She was a classical singer, singing teacher, voice therapist, before she got into counseling and coaching. She is an integralist, following Ken Wilber since 1997, which has opened her perspective on everything. She is also on a spiritual path following several directions. In this period of her life she has the desire to get her message out into the world about realizing our full potential and live a happy life. Heidi - together with her husband Mark - helps others with their relationships and their life to overcome the difficulties they are facing.

Heidi is a Google Hangout fan, a guest in many shows and a Hangout/Youtube Host herself for the +Wisdom Factory and +Connections Forum.

Wednesday, June 10th

## The Predicament with Western Civilization and how to resolve it with Nicholas Beecroft

Nicholas Beecroft is a rare bird, a traditionally trained Consultant Psychiatrist who can call a spade a spade ...and still honor the spade. His intriguing Novel "Analyze West" puts our civilization on the couch in the guise of a patient whose last name is West, taking "him" through all the current ills, inconsistencies, pathologies and our general existential malaise in the face of the challenges of rising powers elsewhere in the world who really don't much care about our current (or past) remarkable development and accomplishments. While that may be understandable for non-western cultures, the great pain is that far too many in the West, as our fictional patient demonstrates, have also lost faith and interest in our own culture.

So today Nicholas is calling us to draw deeply upon our history and "rewrite" that remarkable document forced upon King John in 1216, the Magna Carta. A very early statement limiting the powers of a monarch in what he or she might lawfully demand of his subjects, it has been honored as often in its breach as in its observance. But it has continued to champion the idea that the governed control and limit those who govern them. So to respond to the challenges of this century, his most recent book, "The New Magna Carta" examines all the issues presented in "Analyze West" and reinterprets those basic values in "defense of the Homeland" without resorting to fascism or bigotry of any kind. And that is a lofty goal indeed when our civilization feels so endangered from so many quarters of the world.

But he is a lofty guy and up to the challenge. Are we?  
(Mark Davenport)



Nicholas Beecroft says:

"It's make or break time. We have a choice- to allow our suicidal part to take America and the rest of the West down or we can rejuvenate our civilization and thrive more than ever". He will give us good reasons for why it is vital to rejuvenate Western Civilization and gives us a psychological

analysis of the Western group mind and how victim mentality affects our culture and how we can overcome it

Dr Nicholas Beecroft is a Consultant Psychiatrist who has spent 25 years exploring the worlds of Medicine, Psychiatry, Business, Leadership, International Relations, Politics, the Military and Spirituality. He created the *Future of Western Civilization Series* of interviews with visionary leaders. He is author of *Analyze West: A Psychiatrist Takes Western Civilization on a Journey of Transformation* and most recently, *The New Magna Carta: A Psychiatrist's Prescription for Western Civilization*.

Wednesday June 17th  
Jeff Salzman

American Politics - the gap between hope and reality



Jeff Salzman is definitely one of our favorite “Integralites” these days, one of the rare ones who seeks ever to include more within his circle of care, including those who normally one might consider unfriendly to an integral point of view. His nearly weekly audio blogs offer original and cogent perspectives on a wide range of topics usually of current interest. Often digging deeply beneath surface appearances, a recurring theme that he investigates is how to understand American culture and politics, addressing both Americans and others, with a special nod to our European brothers and sisters with whom we share so much in terms of historical development and values. (M.D.)

**Jeff Salzman** worked with Ken Wilber for three years building the Integral Institute. He's co-founder of CareerTrack, one of the world's leading professional development companies. A long-time spiritual practitioner in many traditions, he has a Masters Degree in Indo-Tibetan Buddhism from Naropa University. Jeff spent the last few years as a co-founder and a lead teacher of Boulder Integral, now The Integral Center. These days he travels, teaches and comments about current events on Integral Life and [The Daily Evolver](#). Find him on Twitter [@DailyEvolver](#).

**Jeff says about himself:**

I am an integralist, an evolutionary, and now a public commentator who, swimming against the current of prevailing culture, is heartened by the state and future of things. It seems to me self-evident that life is animated by the power of evolution, inside and out, and that we are riding a geyser of emergence toward a sacred world. In this blog I will make that case or grow trying! - See more [HERE](#)

Wednesday July 1st  
Elza Maalouf

## A Route to Peace in the Middle East

How can we not despair of the seemingly unending rounds of hostility and warfare among all the various factions and interests in that big chunk of the world stretching from the west in North Africa toward the Indian subcontinent, from the steppes of central Asia south to the Indian Ocean?

How far back in history must we go in an effort to find the "roots" of these often ancient conflicts, now complicated by more recent stressors like oil wealth, nuclear programs, radical Islamism presently in the form of ISIS and changing relationships with outside forces, including The U.S., Western Europe, Russia and China?

Fortunately there is a degree of simplicity beyond all the complexity and Elza Maalouf has detailed that path in her recent critically acclaimed book "[Emerge!: The Rise of Functional Democracy and the Future of the Middle East](#)". As a student of Don Beck's

Spiral Dynamics, and a native of Lebanon, she brings the real root problems of the area into focus using the SD tools to strip away the rhetoric and “blindness” of all parties toward a clear and, though difficult, a “doable” route of Functional Democracy which fits governance to the unique needs and aspirations of people just “where they are” geographically and developmentally.

She brings light where there has only been heat.

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#### **About Elza Maalouf:**



Elza Maalouf is an author, theorist and consultant. She is credited with introducing Spiral Dynamics Integral, and the entire Integral framework to the Middle East. A long term member of the Evolutionary Leaders, she serves alongside global thinkers like Deepak Chopra, Jean Houston and Barbara Marx Hubbard. Her writings appear in the *Huffington Post*, *ILR*, and *Kosmos Journal*. Her recent book, *Emerge!*, which serves as a map for the future of the Middle East has garnered great reviews from *Politico*, *Forward Reviews* magazine, and the sustainable development site IPCC. It's a 2015 finalist for the book of the year

award by INDIEFAB and the Eric Hoffer Organization, both recognize independent authors for excellence in publishing. Her work with cultures and organizations has garnered the admiration of business and political leaders alike. She's currently working on the Arab Memome Project (AMP), which maps the memetics of the Middle East that will eventually lead to the peaceful emergence of the region.

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Wednesday, July 8

## A New Economy for Peace with Said Dawlabani

How often have you too agreed that Economics was indeed “the dismal science” of charts and graphs, of balancing inflation rates with rates of employment, of depressing Malthusian dictums, etc? No worries! Now after all that sourness we have the sweetness with “**MEMEnomics: The Next Generation Economic System**” to show us how limited is the understanding of traditional economics in explaining the changes approaching us in this century.

Said E. Dawlabani explains how every human society, regardless of how primitive or advanced it may be, has a economic system, a way of obtaining from the earth or from others the physical “stuff” needed for living. We can get that stuff by extracting it from the earth, by seizing what others have extracted, by trading with them, by paying them, or even by giving them what extra we have, perhaps expecting the favor to be returned another time or when we have need. But Said demonstrates that whatever economic system arises, it arises after the needs themselves appear, in response to those needs, not as any *permanent* best way to arrange our time and energy. Unlike the visionary artist who sees what is approaching, economics looks backward to see what is lacking and must be obtained somehow.

We often hear that business is on “the cutting edge” of our culture, leading the way into the future, unlike, say, cumbersome and inefficient government bureaucracies, or old fashioned subsistence “family farms” that are rapidly being replaced by factory farms. On the contrary, says Said, these progressive businesses are always lagging behind where the center of gravity of the society it “serves” actually is now!

Understanding the “meme” in “Memenomics” is the key to both understanding this process and preparing intelligently for the future. Soundly based upon the works of Don Beck’s Spiral Dynamics and Integral theory, Said Dawlabani has forged a work of great insight into that big chunk of our culture that we have simply taken for granted to be “just the way things are” when they neither have always been that way nor need to continue to be that way.

No wonder that “MEMEnomics: The Next Generation Economic System” has received such acclaimed reviews since its publication in 2013, and why it may have been so ignored by some professional economists who still wear the blinders we in the West got strapped onto us by Malthus, Hume and company centuries ago. (M.D.)





### **About Said Dawlabani**

Said Elias Dawlabani is a cultural economist, author, and public speaker. His most recent book *MEMEnomics* has been compared to the works of Peter Lynch and Warren Buffet. He is a leading authority in the applications of the value systems framework to evolutionary economics and corporate change. A former real estate developer now dedicated to whole-systems approaches for helping people and organizations reach their prime potential. Said is

also the COO of the Center for Human Emergence Middle East, a think tank that frames the sociopolitical challenges facing the region through the prism of “Peace Through Human Development”, a sustainability approach for a prosperous and peaceful Middle East.

## **Wednesday July #15**

### **Wisdom Practices in Social Media and Business with Martin Shervington**

What is the connection between Social Media and Wisdom? At first sight they don't seem to belong to a similar category. It is not social media per se, but the way you USE it where the wisdom aspect comes into play. WHAT do you use Social Media for and HOW do you use it?

Martin Shervington is a Pioneer in exploring Google+ from the very first hour. His knowledge about NLP and the integral philosophy of Ken Wilber and other famous thought leaders in the field, he is deeply rooted in a developmental mindset: Everything develops - and we have the power to direct and accelerate the development. Not by chance he wrote a book “Developmental Coaching”.

When entering into the world of Google and Social Media in general such a mindset will easily propel us into wanting to discover what is possible. It might begin as a curiosity, a game, but it can become very substantial and engaging, as it certainly is in the case of

Martin who has explored the ever changing world of Google (and other platforms) and generously offers his discoveries to the whole community of users.

And he does it with WISDOM. There is the wisdom he adopted from the developmental and integral worldview which he brings down to earth with what he is doing - without even naming it with any label, such as “integral”. He has built up his presence in G+ with Wisdom, practical Wisdom, which had made him to one of the biggest influencers on the platform.

In our show we will talk about how his knowledge and experience has influenced the choices he has made and the paths he has taken on. It is not about the “How to” in regard to specific questions, but about the entire thought process, the strategies and the values behind all that, as well as the overall orientation for the outcome: What does all that serve us and where can it lead us if we use the tools we have available in a wise way.



## **Martin Shervington**

Explorer of consciousness, marketer, writer on communication including Google+

Big fan of Ken Wilber, Robert Kegan and the whole integral world.

Author of 8 books and scripts with a psychological twist - sometimes they are even funny.

### **Martin says about himself:**

I have a Law and Business Studies, LLB (Joint Hons), PG Dip Organisational Psychology, Master Practitioner

NLP and have spent almost 20 years working as an executive coach, business consultant and marketing psychologist; I'm now based between the UK and the USA, depending upon clients.

I also work a lot in Europe and South America

He helps people to build their brand on Google+, and enable a community of people to fall in love with what they do; so much so, that the Google Search algorithm cannot resist giving them incredible results.

