Helping Our Community During COVID-19

Food Delivery & Shopping

- 1. Urgent Need: <u>Deliver meals and groceries with Jewish Family Services</u>
- 2. There are many volunteer needs with HOPE Clinic's free food program

Donation Drives

- 1. <u>Donate blood</u> there is an urgent blood shortage due to the outbreak.
- 2. Help get out the word on donating blood by being a Code Red Responder.
- 3. <u>Donate basic supplies</u> to Ann Arbor families without transportation
- 4. Participate in Michigan <u>Medicine & Food Gatherers Donation Drive</u> (food and protective gear needed)
- 5. Check out Saline Area Social Service's most pressing food needs here
- 6. Help Create DIY Masks for the Habitat for Humanity Restore
- 7. Help machine sew masks specially designed masks for Deaf, Blind and Hard of Hearing community members with Michigan Medicine
- **8.** The Red Cross continues to experience an urgent need for blood due to cancelled drives. Anyone interested in donating should go to the **Ann Arbor Blood Donation Center** located at 4624 Packard Rd. The center has different hours for different days so it's best to contact them directly at (800) 733-2767 or scheduling an appointment online.
- 9. Donate to Michigan Medicine COVID-19 Philanthropic Fund

Statewide Volunteering

- 1. Michigan Dept of Health Human Services COVID volunteer website
- 2. <u>United Way of Southeastern Michigan</u> response & volunteer opportunities

At-Home Service Projects ← (The link is for a variety of family-friendly service projects)

- Sew surgical masks and headbands
- Write thank you cards and notes for service people/nurses/doctors
- Create decorations or cards for nursing homes to help alleviate loneliness
- Donate canned goods to local food pantries
- Chalk Your Walk write messages of encouragement on sidewalks
- Make fleece blankets to donate to nursing homes, homeless shelters or hospitals

Support Frontline Workers

- Display <u>Hearts for Healthcare Workers</u> or thank-you messages
- Buy gift cards to local restaurants (Pizza House, Panera, Tios, etc) to be given to healthcare workers. To send gift cards to the U of M Professional Nurses Council contact Katie Oppenheim (kjo@med.umich.edu) and for Michigan Medical Frontline workers contact Nicole Zollinger (nborcher@med.umich.edu)

Homelessness & Food Insecurity

*These organizations are making sure that our vulnerable populations are cared for during this pandemic. Of course, they all would benefit from **financial donations** during this difficult time, but below is a list of other ways to help.

- **HouseN2Home** <u>HouseN2Home</u> is working with Avalon housing to prepare 34 new units for families transitioning out of homelessness. We will furnish these new homes with donations from our community. If you would like to contribute, you may donate the items needed for cleaning kits or pantry kits. Please use <u>this link to sign up</u>. Reach out to Becky Randolph with any questions.
- Food Gatherers- is accepting donated food items, packed lunches for their Lunches With Love program. The community kitchen is still accepting volunteers as well. Details about all of the the ways to help can be found here
- **Meals on Wheels** is in need of extra drivers and also donations of paper products, soap and canned goods/shelf-stable food items. The Ann Arbor and Ypsilanti sites each serve between 200-300 meals a day. The Ann Arbor driver volunteer application can be found here, for the Ypsilanti program email Kelly at Kelly@ymow.org
- Hope Clinic is in need of masks for their dental clinic and hand sanitizer for their entrances, waiting rooms and food program. Donations can be dropped off at 518 Harriet St, Ypsilanti MI.
- **Alpha House** is in need of meals and servers. If you're interested please contact Mark Heffner 734.249.5014. The online schedule with food hosting both lunch and dinner can be found here and a link of allergies of current residents can be found here.
- Jewish Family Services is in need of volunteers to do well-being phone calls, food deliveries, packing food pantry bags and other errands (picking up pharmacy items, etc).
 The volunteer form can be found here
- Avalon Housing provides housing for 780 homeless in Washtenaw County. They are in need of diapers, soap, wipes, toilet paper, baby formula and PPE (masks, hand sanitizer, disposable gloves). Please contact Ryan Walker for more information at rwalker@avalonhousing.org
- Community Action Network helps provide food to students and families in the community. They are in need of <u>pre-made meals and/or snacks</u>. For more information, please email <u>info@cannannarbor.org</u>
- Gleaners Food Bank has added 66 new distribution sites in Detroit. Monetary
 donations and food donations are being accepted. More details can be found here.
- Forgotten Harvest delivers 138,000 pounds of food to local charities in Detroit.
 Consider making a monetary donation here

Websites

Michigan Medicine: 11 Ways To Help