
Basic Course Instructor Candidate (BCIC) Training Module – AUGUST 2022

For Basic Course Instructor Candidates and Instructors

Title: Understanding the Complexity of Postural Control for the Functional Recovery of the Upper Limb and Hand

Teaching Team: A combination of the Instructor Training Module Instructors: Miguel Benito Cathy Eustace, Ana Isabel, Monika Pessler, Line Syre, Norma Lopez

Venue: Therapiezentrum Burgau (TZB) Kapuzinerstr. 34 89331 Burgau

Dates: Thursday 25th - Sunday 28th August 2022

Participants: 24 – Basic Course Instructor Candidates and Instructors.

Costs: € 400,00 (Associate Members) and € 500,00 (all other members). Tea and coffee will be provided. Lunch can be purchased locally.

- Basic Course Instructor Candidate Training Module Travel Grants - Please refer to the Policies and Procedures 5.1.2 Basic Course Instructor Candidate Training Module Travel Grants. Grant application form for AUGUST modules [LINK](#). Deadline **1st April 2022**.

Registration: By completing and sending this form – [LINK](#)

- **Basic Course Instructor-candidates will be given priority registration on a “first come, first served” basis until 1st June 2022.**
- After the receipt of your module registration form you will receive a confirmation and an invoice with payment details.
- **Participants are advised not to book flights and accommodation until they have received confirmation that they have a place on the module AND received confirmation that the module has adequate registration to run.**

Payment:

- Before 1st June 2022 for BCIC's.
- Before 1st July 2022 for all other members
- The course fee must be paid by the deadline otherwise your registration will be cancelled

Cancellation Policy:

- Once your confirmation is received cancellations will not be accepted after this time unless an alternative participant is identified.
- The module will be cancelled if there is inadequate paid registration by 1st July 2022. If the module is cancelled the Treasurer will communicate with you regarding return of your payment

Observational Places:

- The ITC would like to make the IBITA membership aware of the availability of two observational places on the module. Observational places are available to qualified instructors who have previously completed the module as a participant and wish to develop their understanding of the training process and the module content. They will allow instructors who wish to consider being part of the teaching team on these modules to work towards this goal.

- Instructors interested in these observational places can apply by email to the ITC chair Cathy Eustace on c.eustace@cbiaorg.com with a personal statement identifying how they feel the experience will support their learning and development.

- Please submit applications by **1st June 2022**

See below for more detail

- Course Programme
- Learning Objectives
- Pre- and Post- Module Work
- Travel and Accommodation Information

Course Programme

Day 1 – Thursday 25th August 2022

08.30-09.00 Aspirations for Module 2
09.00-10.30 Lecture – Postural Control
10.30-11.00 Break
11.00-13.00 Practical – Understanding Postural Control
13.00-14.00 Lunch
14.00-15.30 Practical
15.30-16.00 Break
16.00-17.30 Practical

Day 2 – Friday 26th August 2022

08.30-10.00 Lecture – UL and MBCP
10.00-10.30 Break
10.30-12.00 Patient Demonstration
12.00-12.30 Discussion of MBCP
12.30-13.30 Lunch
13.30-15.00 Patient Treatment Session by course members
15.00-15.30 Break and critical evaluation of treatment
15.30-17.00 Practical – UL

Day 3 – Saturday 27th August 2022

08.30-10.00 Practical – UL
10.00-10.30 Break
10.30-12.00 Patient Demonstration
12.00-12.30 Discussion of MBCP
12.30-13.30 Lunch (BCIC Tutorial opportunity)
13.30-15.00 Patient Treatment Session by course members
15.00-15.30 Break and critical evaluation of treatment
15.30-17.00 Practical – UL

Day 4 – Sunday 28th August 2022

08.30-10.30 Practical – Hand
10.30-11.00 Break
11.00-12.30 Patient Demonstration for Hand
12.30-13.30 Lunch
13.30-15.00 Patient Treatment Session by course members
15.00-15.30 Break and critical evaluation of treatment/consider task practice
15.30-16.00 Task Practice Session

16.00-16.45 Feedback of Task Practice

16.45-17.00 Summary and introduction of post module work

Please make sure you bring shorts, sports tops and bra for the practical sessions.

Breaks must comply with current COVID 19 regulations. Packaged food and tea and coffee is provided for breaks. Participants will need to eat out for lunch. It is not possible to store food in the fridge

Learning Objectives

By the end of the module the participant will be able to:

Learning Outcome	Opportunities participants can assess their achievement of learning outcomes
Employ differing aspects of clinical reasoning in Adults with Neurological Conditions to select the optimal treatment and environment to create positive change.	On the course during patient treatment and demonstrations. Post course PowerPoint presentation.
Demonstrate an understanding of the Model of Bobath Clinical Practice (MBCP)	On the course during patient treatment and demonstrations. Post course PowerPoint presentation.
Examine and apply the current concepts of the neural control of postural control and reach and grasp including non-neural tonal changes.	Post course PowerPoint presentation.
Discuss and demonstrate the systematic analysis of the components underpinning postural control and reach to grasp considering when hands on/ hands off is required to optimize outcomes.	On the course during patient treatment and demonstrations. Post course PowerPoint presentation.
Evaluate postural stability, reach, grasp and dexterity function and formulate how to influence the problem through intervention	On the course during patient treatment and demonstrations. Post course PowerPoint presentation.
Describe and demonstrate ways in which an enhanced package of stimulation of the hand can influence reach in standing.	On the course during patient treatment and demonstrations. Practical session Post course PowerPoint presentation
Discuss and generate the use of facilitation and task activity for dynamic stabilization, including strength training for upper reach and grasp activity.	On the course during patient treatment and demonstrations. Practical session Post course PowerPoint presentation
Utilize a variety of educational approaches to enhance the delivery of the Basic Course Core Curriculum	On the course during theory, practical, treatment and patient demonstrations. Post course PowerPoint presentation.
Choose appropriate outcome measures to support evidence-based practice	Post course PowerPoint presentation

Pre- and Post-Module Work

Pre-Module Work

- Part 1: Read 5 Key articles before the module. The key papers are highlighted in red in the reading list. Consider using the critical appraisal forms in the Procedural Manual to review some of these articles for your Portfolio of Evidence (POE) or CPD.
- Part 2: Update yourself on MBCP accessing the examples on the website.

Bibliography

- The reading list is for the module participants to support continued learning post module.
- Reading List can be found in the **IBITA Library - Bibliography Upper Limb Module Burgau 2022 - Pre-course reading list**. This will be available after 1st May 2022.

Post Module work

- Write a lesson plan for one 90-minute practical session that you will give on upper limb and hand function on your Basic course. Examples of lesson plans will be available on the website in IBITA Documents Instructor Training Committee folder.
- A case report of a patient as outlined in the Procedure Manual 4.1.2 Portfolio of Evidence Refer to IBITA documents 4.1.2 case Report Guidelines Template and 4.1.5.3 Rubric BCI-C & ACI-C POE case report for details
- These pieces of work will be submitted to the ITC and feedback will be provided.
- **Deadline date: 1st January 2023**
 - Extensions can be applied for by contacting the Module Lead. Extensions must be made before the deadline date. If agreed, the participant will be informed of a new deadline date for submission of their post course work. Work not submitted on time without an agreed extension will not receive feedback.
- Please send your course work to your allocated ITC module instructor that will be assigned during the course:
Cathy Eustace : c.eustace@cbiaorg.com
Ana Isabel Alves Silva Almeida: ai.almeida@sapo.pt
Line Syre: l.syre@ibita.org
Monika Pessler : pessler.m@googlemail.com
Miguel Benito: mgl.benito@gmail.com
Norma Lopez: lopeznorma93@gmail.com
- Please note: This piece of work may be used as part of your Basic Course Instructor Training Portfolio of Evidence (POE)
- Participants will receive a certificate of attendance on completion of the post course work conditional on also submitting the BCIC Training Module Satisfaction Survey.

Travel and Accommodation Information

- [LINK](#)



International Bobath Instructors Training Association

An international association for adult neurological rehabilitation

www.ibita.org

Page 5 of 5
