



# Guatemala Packing & Travel Plan

Friendship Sports International

August 4-10

## Flight Details:

### Reservation Confirmation:

*Confirmation#: each Individual has email - if with confirmation, if not contact Matt*

### Dawn:

Mon, 04AUG	DEPART	ARRIVE
DELTA 1062 Delta Main Basic (E)	MPLS-ST PAUL 05:25AM	ATLANTA 08:53AM
DELTA 1830 Delta Main Basic (E)	ATLANTA 10:05AM	GUATEMALA CITY, GT 11:28AM

  

Sun, 10AUG	DEPART	ARRIVE
DELTA 1831 Delta Main Basic (E)	GUATEMALA CITY, GT 12:53PM	ATLANTA 06:34PM
DELTA 1310 Delta Main Basic (E)	ATLANTA 11:03PM	MPLS-ST PAUL 12:39AM **Mon 11AUG

### Others:

Mon, 04AUG	DEPART	ARRIVE
DELTA 2453 Delta Main Basic (E)	GRAND RAPIDS 06:00AM	ATLANTA 08:03AM
DELTA 1830 Delta Main Basic (E)	ATLANTA 10:05AM	GUATEMALA CITY, GT 11:28AM

  

Sun, 10AUG	DEPART	ARRIVE
DELTA 1831 Delta Main Basic (E)	GUATEMALA CITY, GT 12:53PM	ATLANTA 06:34PM
DELTA 2865 Delta Main Basic (E)	ATLANTA 09:49PM	GRAND RAPIDS 11:42PM

### Travel day itinerary:

**Grand Rapids Group: Meet at Delta Desk in GRR airport at 4:30 am 😞 We will check in together.**

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**Lodging:** We will be staying at the Hands of Grace Mission House. Linens, towels and wash cloths will be provided. Food will be provided as will snacks however feel free to pack in your checking granola bars, cliff bars, trail mix etc.

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## Airline Baggage Info:

**Carry-on Bag:** One bag, maximum dimensions of 22 x 14 x 9 inches (56 x 35 x 23 cm).

**Personal Item:** One smaller item like a purse, briefcase, or laptop bag that fits under the seat in front of you. No weight restriction (most routes): Generally, there are no weight restrictions for carry-on bags on Delta flights, except for certain international destinations.

**Check in Bags:** 50lbs

### Tips:

- Keep fragile/valuable items in your carry-on.
- Pack 1 change of clothes & essentials in your carry-on.
- You won't access your checked bag until you arrive at the hotel.

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 [Dress Code](#)

 [Customs and Arrival to Guatemala City Airport](#)

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## Essential Packing List

### General Items

- Bible
- Pen/journal
- Passport
- Large garbage bags (for wet/dirty clothes)
- Bug repellent (checked bag)
- Sunscreen (checked bag)

- Wet wipes / Hand sanitizer (check back if you bring larger quantity)
- Deodorant
- Toiletries (Towels and bed linens are provided)
- Water bottle
- Hat / Bandanna
- Tylenol / Ibuprofen
- Personal snacks (checked bag)
- Phone & charger
- Debit/credit card (for personal purchases or snacks in the U.S.)

## Clothing

- Clean clothes for each day
- Underwear, socks
- Shorts, jeans/pants, T-shirts are good - dress for comfort, 1–2 work-day outfits
- Shoes for walking/working (tennis shoes recommended) also sandals are good for around the mission house
- Light rain jacket
- **Church Attire:**
  - *Men:* Pants/shorts & golf shirt (business casual with tennis shoes or sandals)
  - *Women:* Sundress or nice shorts/shirt

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## Health & Weather

- **Tetanus shot:** Highly recommended (ensure it's up to date but not required)

- **Temperatures:** (land of eternal spring)Upper 70s during the day, 60s at night -prepare for some rain

*If you have any questions, please don't hesitate to reach out. We're so excited for what God has in store for this trip!*

## **Emergency Contacts:**

**Doug Harrold:** Hands of Grace Director in Guatemala: 317-762-4644

**Matt Wallace:** FSI Executive Director: 317-420-1328

Maya Harrold: FSI Team Student Leader: 616-280-1361

## **Additional Packing Items:**

Face painting kits - Kids love having their face painted. We could have over 100 kids for that alone.

Supplies to make bracelets with kids and moms, string and/or Beads

We will be working on a Bible verse mural at the feeding center - Habakkuk 3:17-18 in Spanish