

# AGOGUE NEW IDENTITY TEMPLATE

The Ideal Version of Yourself 3-6 Months From Now

## My Power Phrases (2-3)

- I choose discomfort over comfort.
  - I'm a high output man.
  - I constantly throw myself in the fire.
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## My Core Values (2-3)

- Toughness
  - Consistency
  - Speed
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## My Daily Non-Negotiables (2-3)

- Training
- Daily Power-Up Call
- All The Agoge Calls, Burpees, And Assignments.

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## My Goals Achieved

- I've moved into a new apartment.

I've always fantasized about moving into a new space and leaving my shack for someone who's more in need of it. I love our new place. It brings to myself and my family a new environment, a promising future and a new beginning.

- I have three retainer clients paying R10k a month each.

At this point I'm pretty confident in my ability to provide value to any business under the sun. All I need is my laptop, internet and a few minutes to perform my deep analysis, then a few moments later "voila" like a magical snap of a finger I have detailed actionable steps to take to start seeing results on that same day.

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## My Rewards Earned

- Indulging in a succulent T-bone steak, expertly seasoned and grilled to perfection, while surrounded by the elegant ambience of a prestigious restaurant. The laughter and conversation of my family blend harmoniously with the soft clinking of fine cutlery and the gentle hum of sophisticated diners around us, creating a memorable, gourmet dining experience.
- Setting off on a thrilling two-week journey to explore the vibrant landscapes and rich cultures of a completely new country. Each day is filled with the excitement of discovering unfamiliar streets, tasting exotic local cuisines, and immersing myself in the traditions and daily life of a place so strikingly different from home.

- Revamping my technological setup by upgrading to a state-of-the-art laptop that promises lightning-fast processing speeds, a crystal-clear display, and cutting-edge features. This boosts my productivity and enhances my digital conquest, allowing for a seamless and exhilarating attack on my tasks.

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## My Appearance And How Others Perceive Him

- Wearing my well-fitted attire, I ooze an air of professionalism and meticulousness. Each piece, carefully selected and expertly tailored, showcases not just sartorial elegance but a deep respect for myself. This deliberate attention to detail bolsters my self-confidence, radiating a sense of competence and cultural sensitivity that's crucial for making impactful first impressions across a variety of professional and social settings.
- I maintain a well-groomed appearance that sets a standard of trustworthiness and competence. From my neatly styled hair to my polished shoes, every aspect of my grooming regimen reflects my personal discipline and pride. This consistent attention to my presentation conveys a strong sense of health, hygiene, and dedication, enhancing my persona as a magnetic figure in negotiations and networking.
- I carry myself with a posture that projects confidence and authority. My presence in any room is immediately palpable; my body language—open, purposeful, and poised—clearly signals leadership and accessibility. Whether I am leading a team, engaging in a critical discussion, or navigating a social gathering, my expressive, confident movements and the clarity of my non-verbal communication ensure that I am both respected and approachable.

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## My Day In The Life Stories.

- I wake up early, refreshed from a solid night's sleep. The sun is just peeking through the blinds, casting a warm glow across my room. I feel a sense of calm and control over my life. I perform my morning prayer, feeling grounded and connected, reaffirming my core values of Mastery, Preeminence, and Dauntlessness. I'm dressed in well-fitted clothes, which make me feel confident and respected. As I look in the mirror, I see a man who is the head of his bloodline, the king of his kingdom.
- My daily checklist is clear in my mind as I sit down in my home office. The space is organized and exudes a sense of power and discipline. I feel focused and driven as I start tackling each task. Each Agoge call energizes me more, pushing me closer to my goal of landing two new clients. My posture is straight, my gaze firm. When I speak, it's with conviction and authority. People on the call listen, influenced by my energy and presence.
- After a productive morning, I hit the gym. My body moves with precision and strength through each set of burpees. I feel dauntless, unstoppable. Post-workout, I'm back to work, following up on prospects, and analyzing businesses. My actions are in perfect alignment with my words; I am doing exactly what I said I would do. The thrill of getting closer to generating \$10K in revenue for a client keeps me focused.
- As the evening sets in, I review the day's achievements against my checklist. Satisfaction fills me; another day of promises kept, another day closer to becoming experienced in TRW. I spend some time with my family over dinner, discussing our days. We're at a prestigious restaurant, enjoying a T-bone steak, celebrating my recent successes. Their pride in my achievements is clear and adds to the joy of the meal.
- Before bed, I spend time visualizing my next day, my next victory. I see myself traveling to a new country, exploring and experiencing different cultures—a reward for my hard work. The feel of my upgraded laptop is real in my mind, its capabilities enabling me to

achieve even more. As I drift off to sleep, I am content, ready to rise again tomorrow and chase my dreams with relentless energy.

(ADD IMAGES BELOW)