

## CTK Local Mission Initiative: Snack Packs for Refugee Students

This is an afterschool “snack pack” wishlist with specific food items and small toys that will be collected and given to refugee youth who are participating in one of Canopy’s afterschool programs around the region. Snack packs will be collected on Sunday mornings at CTK on December 7th and 14th. Get some snack items and small toys together to assemble a snack pack—or a few of them! See instructions and ideas below.

### **Snack Pack** (*packed in a paper lunch bag*)

- 1 small toy/fun item
  - 1 waterbottle
  - 1 fruit juice
  - 1 protein snack
  - 1 carb snack
  - 2 fruit/veggie snacks
  - 1 bite-sized candy
- 
- **Snack ideas and needs:**
    - Non-perishable items only
    - No pork or pork products
    - Protein ideas: jerky, nuts etc
    - Carbs- granola bars, pretzels, popcorn etc.
    - Fruit/veggie ideas- dried fruit, fruit leather, applesauce cups, fruit snacks, (look for fruit snacks labeled kosher, and they will also be pork product free) freeze dried fruits or veggies, veggie chips/straws, the kids love mango- dried mango would be a hit
    - A sweet- this could be a bite-sized chocolate or candy of some sort, please no hard candy (choking hazard)
    - A large/normal sized plastic water bottle (no mini water bottles, please. The kids are so thirsty!)
    - Fruit juice (100% fruit juice–no added sugar if possible)
    - **Please no chips/junk food**
  - **Small “happy meal toy” ideas** (small enough to fit in the palm of a child's hand):
    - bouncy balls
    - sensory toys—for instance something like this: [squishy sensory toys](#)
    - single pack of crayons/colored pencils/markers
    - toy cars
    - pack of playing cards
    - fidget toys- [example of one type](#)
    - mini playdough
    - or: [little squishy “pets”](#)
    - [mini stuffed animals](#) (key chain size)
    - sticker packs