

**Spring Forest Daily Liturgies: October 5-11, 2025**  
Lamentations 1:1-6 • Psalm 137 • 2 Timothy 1:1-14 • Luke 17:5-10

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**Sunday – Preparation**

*Theme: Holding sorrow before God*

**Centering**

“How lonely sits the city, once so full of people...”

Even sacred places can feel forsaken.

*(Pause – bell)*

In the stillness, we offer our sorrow to the One who holds all grief with gentleness.

*(Pause – bell)*

**Opening Prayer of Thanksgiving**

God of beginnings,

you meet us not in perfection, but in longing.

Even in desolation, your Spirit stirs.

Thank you for sacred lament—

for memory, for honesty,

for tears that soften what has hardened.

Make space in us to receive your quiet comfort.

Prepare us not to escape sorrow,

but to enter the week with compassion.

Amen.

**The Lord’s Prayer**

**Scripture: Lamentations 1:1–6**

**Reflection Prompt**

Reflect on how sorrow or loss has shaped your longing for God’s presence.

**Prayer of Intercession**

Christ of the abandoned places,

we lift those who feel forsaken—

by systems, by friends, by the world.

We pray for cities crumbling under grief,

for refugees, for the displaced, for those forgotten.

Gather our sorrow into your healing.

Let your mercy fall like rain.  
Amen.

**Closing Prayer**

Holy One,  
prepare us for the week ahead  
with a spirit softened by sorrow  
and readied for grace.  
Amen.

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## **Monday – Prayer**

*Theme: Faithful remembering*

### **Centering**

“By the rivers of Babylon, we sat down and wept when we remembered Zion...”

Even in the unfamiliar, we carry holy memory.

*(Pause – bell)*

Let our tears become prayer and our longing lead us into God's embrace.

*(Pause – bell)*

### **Opening Prayer of Thanksgiving**

God who hears even silent songs,  
thank you for meeting us in unfamiliar places.

You gather our longing.

You catch our tears.

You remain with us when joy feels distant.

Let our prayers be honest and unvarnished.

Let our trust take root in you.

Amen.

### **The Lord's Prayer**

#### **Scripture: Psalm 137**

#### **Reflection Prompt**

Reflect on what it means to carry your prayers from a place of disorientation or exile.

#### **Prayer of Intercession**

O God of memory and mercy,  
we pray for all who feel uprooted—  
by war, by injustice, by grief.  
Hold them close in your tenderness.  
Anchor them in hope.  
Bring songs back to their lips.  
Amen.

#### **Closing Prayer**

Companion of the displaced,  
as we walk this day's uncertain terrain,  
let prayer be our anchor

and trust our compass.  
Amen.

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## **Tuesday – Work**

*Theme: Rekindling the gift*

### **Centering**

“I remind you to rekindle the gift of God that is within you...”

The Spirit’s fire still glows beneath the ash.

*(Pause – bell)*

We rise today to labor not in fear, but in love, grounded in grace.

*(Pause – bell)*

### **Opening Prayer of Thanksgiving**

Giver of good gifts,

thank you for the spark you’ve placed in us—

gifts to teach, to build, to mend, to guide.

May our labor reflect your generous Spirit.

Let fear not steal our courage.

Let duty not quench our joy.

Amen.

### **The Lord’s Prayer**

**Scripture: 2 Timothy 1:1–7**

### **Reflection Prompt**

Reflect on how God may be inviting you to rekindle your gifts and offer them with courage.

### **Prayer of Intercession**

Spirit of power and love,

we pray for workers of compassion and justice,

for the weary, the unseen, the overwhelmed.

Kindle again their joy.

Bless the labor of love.

Strengthen what is weak.

Amen.

### **Closing Prayer**

Christ of courage,

walk with us in our labor.

Keep our work rooted in your Spirit,

our hearts lit with holy flame.  
Amen.

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## **Wednesday – Table**

*Theme: Holding fast to grace*

### **Centering**

“Hold to the standard of sound teaching... in the faith and love that are in Christ Jesus.”

What we receive is not earned—it is passed down with mercy.

*(Pause – bell)*

At this table, we are held by grace, welcomed by name, fed by love.

*(Pause – bell)*

### **Opening Prayer of Thanksgiving**

Jesus, Bread of Life,

you gather us not because we're worthy

but because we're yours.

You nourish with mercy,

you pour love into our emptiness.

At this table,

remind us we are never alone.

Amen.

### **The Lord's Prayer**

**Scripture: 2 Timothy 1:8–14**

### **Reflection Prompt**

Where in your life is grace inviting you to sit and receive, rather than strive and prove?

### **Prayer of Intercession**

Christ our Host,

draw near to those whose tables are empty—

those in hunger, in grief, in isolation.

Feed them with comfort.

Seat them in belonging.

Let every meal become a sign of your love.

Amen.

### **Closing Prayer**

You have fed us, Christ, with your own presence.

Let our lives extend your invitation—

to the lonely, the searching, the hungry.  
Amen.

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## **Thursday – Neighbor**

*Theme: Serving in humility*

### **Centering**

“We are unworthy servants; we have only done our duty.”

Not for praise, but for love, we walk the way of Christ.

*(Pause – bell)*

Let us serve this day with humble joy, bearing God's image into each encounter.

*(Pause – bell)*

### **Opening Prayer of Thanksgiving**

Jesus, Servant and Savior,  
you call us not to be noticed  
but to notice others.

Thank you for neighbors who teach us kindness.

Thank you for opportunities to serve in small, sacred ways.

Let us love without applause.

Let humility shape our steps.

Amen.

### **The Lord's Prayer**

**Scripture: Luke 17:5–10**

### **Reflection Prompt**

How is God inviting you to serve today—not for credit, but from love?

### **Prayer of Intercession**

Christ who knelt to wash feet,  
bless all who serve in quiet faithfulness—  
the caregivers, the helpers, the unseen.

Let their work be honored in heaven,  
even if ignored on earth.

And teach us, Lord,  
to find joy in small faithfulness.

Amen.

### **Closing Prayer**

Jesus, our humble guide,  
let love—not reward—be our motivation.

Help us serve from joy and not from striving.  
Amen.

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## **Friday – Rest**

*Theme: Holding sorrow with God*

### **Centering**

“How can we sing the Lord’s song in a foreign land?”

Grief has its own rhythm, its own holy silence.

*(Pause – bell)*

We pause not to escape, but to be met by God in the ache and the quiet.

*(Pause – bell)*

### **Opening Prayer of Thanksgiving**

Compassionate One,

thank you for your stillness

that holds all we cannot fix.

You do not rush our sorrow.

You do not shame our fatigue.

You invite us to rest beside mercy.

Amen.

### **The Lord’s Prayer**

### **Scripture: Psalm 42:5–8 (optional supplement)**

### **Reflection Prompt**

What sorrow or burden is asking to be acknowledged in rest today?

### **Prayer of Intercession**

God of all tenderness,

we lift to you the exhausted, the discouraged, the grieving.

Hold them close.

Renew them gently.

Let rest be not escape, but restoration.

Amen.

### **Closing Prayer**

God who never slumbers,

watch over us in our rest.

Restore what has worn thin.

Breathe peace into our depths.

Amen.

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## **Saturday – Celebration**

*Theme: Faith planted, joy growing*

### **Centering**

“If you had faith the size of a mustard seed...”

Small faith still moves heaven.

*(Pause – bell)*

We rejoice today in the quiet miracles of trust, love, and joy taking root.

*(Pause – bell)*

### **Opening Prayer of Thanksgiving**

Joyful God,

you dance in mustard seeds and small beginnings.

You rejoice not in our greatness but in our trust.

Thank you for unexpected joy,

for growth that surprises,

for faith that makes room for celebration.

Amen.

### **The Lord’s Prayer**

**Scripture: Luke 17:5–6**

### **Reflection Prompt**

What small act of faith have you seen grow into something joyful?

### **Prayer of Intercession**

God of delight,

we pray for those who can’t yet rejoice—

those in despair, those stuck in waiting.

Let hope crack through the surface.

Let joy rise quietly.

Bless every seed of faith.

Amen.

### **Closing Prayer**

Christ of mustard seeds and resurrection,  
grow joy in us this day.

Let our lives whisper of your kingdom

and sing of your love.  
Amen.