

# Brush Secondary Campus

## ATHLETIC HANDBOOK

### 2025-2026



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### **GOAL STATEMENT**

The goal of the Brush RE-2 (J) athletic program is to help students who participate in athletics to achieve their full potential through the following:

1. Developing and applying the concept of teamwork.
2. Promoting athletic success and academic achievement.
3. Building character and self-esteem
4. Understanding and demonstrating exemplary sportsmanship
5. Learning the value of discipline and responsibility
6. Enhancing interpersonal relationships through extracurricular activity.
7. Demonstrating school spirit by attending games and positively supporting our athletes.
8. Providing experiences that may lead to continuing education beyond high school.

### **CHAIN of COMMUNICATION**

Athletes or parents who may have concerns about their experience in a BSC Athletic Program are encouraged to resolve issues by utilizing the following procedures:

1. **Coach and Player Meeting:** If an athlete has a concern, that individual should bring this concern to the attention of the coaches. This will usually be the quickest way to get the issue resolved. Questions within 24 hours of a contest are not allowed. If a satisfying resolution is not reached, proceed to the next option.
2. **Coach, Parent and Player Meeting:** Set up a meeting with the coaches at a time convenient for both parties. Please do not confront a coach before, or at the end of a contest. At the coach's request, the Athletic Director may attend as well.
3. **Coach, Parent, Athlete and AD Meeting:** If the concern has not been resolved, request a meeting with the coach, and the Athletic Director. Other members of the BSC Administration and the District Office may also be present upon request.
4. **Coaches' Committee Meeting:** If the concern has not been addressed, a committee of off-season coaches will be appointed to hear the details of the issue from both the coaches and the athlete/family. The committee will consist of at least 3 coaches selected by the athletic director based upon availability and familiarity with students.
  - a. The athlete must be present at all meetings.
  - b. The committee will recommend a course of action to the Athletic Director in a timely manner.

**BOARD of EDUCATION PHILOSOPHY and OBJECTIVES  
FOR THE BRUSH HIGH and MIDDLE SCHOOL ATHLETIC PROGRAMS**

The development of a sound mind, body, and character is the basic reason for establishment and implementation of high school athletics. This is the basis upon which we expect our programs to be conducted. Other goals, which complement the development of a sound mind and body include:

1. The basic mastery of the rules of the various sports
2. The development of the fundamental movement skills present in all sports
3. Application and competency of the principles of sportsmanship
4. Enhancement of the ability to participate successfully in both individual and team efforts
5. Learning to win humbly and to lose gracefully
6. Learning the importance of proper conditioning and sports nutrition
7. Self-discipline

BSC recognizes that the athletic program is just one part of the student's overall education. Athletics are intended to complement the other areas of a student's overall educational experience. The faculty, coaches and staff at BSC are committed to working together to provide all student athletes with the opportunity to achieve success both athletically and academically. In addition, we strive to provide a platform for developing responsible citizens, who represent the Brush Beetdigger Athletic Program and the Brush community in a positive manner at all events, and at all times.

It is recognized that the athletic coach, by virtue of his/her close association to the athletes, will exercise considerable influence upon the students. This power to influence must not be underestimated in relation to its relative importance and impact upon the lives of the athletes. It is expected that each coach will use common sense, discretion and good judgment in helping the students to form attitudes and behavior patterns, which often will last a lifetime. All coaches are expected to know, model and enforce all of the rules of the school, the conference and the state organizations while at home and while at away competitions. Rule enforcement will be consistent and timely.

Character building is esteemed as a critically important goal of the athletic program. This principle is, therefore, placed high on the list of the many positive outcomes we hope to provide for the students who participate in school-sponsored athletics. We aspire to instill in our athletes the many qualities of strong character so that they may move forward in life demonstrating and representing Beetdigger Pride.

**EXPECTATIONS of ATHLETES**

1. Athletes are expected to know, understand, and strive to achieve the goals as outlined in the K-12 Athletic Goal Statement.
2. Athletes are expected to maintain academic eligibility, attend school regularly, and demonstrate positive character within the school.
3. Athletes are expected to take responsibility for their own behavior and set a quality example on the playing field, in the classroom, and outside of school.
4. Athletes are expected to commit themselves to the sport in which they are competing through hard work and 100% effort.
5. Athletes are expected to show good sportsmanship and respect to teammates, opponents, officials, coaches, parents, and other students.
6. Athletes are expected to be cooperative and maintain open and honest communication with teammates, coaches, and parents.
7. Athletes are expected to improve both fundamentally and emotionally.

8. Athletes are expected to be prepared mentally, physically, and emotionally for practice and games.
9. Athletes are expected to set realistic goals and strive to achieve them.
10. Athletes are expected to pursue a balanced perspective and always work toward maintaining a hard-working, positive attitude.
11. Athletes are expected to seek joy and satisfaction during their sports experience at Brush Middle and High Schools.

### **EXPECTATIONS of COACHES**

1. Coaches are expected to know and teach the goals as outlined in the K-12 Athletic Goal Statement.
2. Coaches are expected to help each participating student to achieve a competent level of skill and knowledge of the sport.
3. Coaches are expected to assist athletes in developing an appreciation for the values of discipline and sportsmanship.
4. Coaches are expected to demonstrate the basic ability to communicate effectively and nurture an appropriate respectful relationship with their athletes.
5. Coaches are expected to show support for other school programs by encouraging athletes to participate in a wide variety of school activities. They will lead by example, by working at other sporting activities or by attending other school events throughout the school year.
6. Coaches are expected to encourage their athletes to be active in community service activities.
7. Coaches are expected to demonstrate the ability to treat athletes, officials, opponents, and fans in a respectful and sportsmanlike manner.
8. Coaches are expected to know and enforce the rules of the School District, League, State, National Federation, and the sport.
9. Coaches are expected to plan, organize, and conduct practices that teach fundamentals leading to the success of the group.
10. Coaches are expected to strive to instill positive work habits and healthy living attitudes in athletes.
11. Coaches are expected to complete all necessary paperwork to meet various deadlines.
12. Coaches are expected to promote the sport and athletic program through sound public relations by working with the media.
13. Coaches are expected to attempt to achieve success by staying abreast of the latest methods and techniques and by attending in-service programs and clinics.
14. Coaches are expected to complete preseason paperwork and upload to Arbiter Athlete.
15. Coaches are expected to ensure a healthy and safe environment by using safe procedures and being responsible for the safety of those in the athletic program.
16. Coaches are expected to supervise their activities until the sport/activity is over and the students safely leave school property.
17. Coaches are expected to be responsible for the care and security of equipment and facilities.
18. Coaches are expected to develop lettering policies and team handbooks/contracts that will outline team policies that coincide with BSC athletic policies and the BSC Athletic Department. This information should be communicated in writing, verbally, and electronically prior to the start of the season.

### **EXPECTATIONS of PARENTS**

1. Parents are expected to know, understand, and support the goals as outlined in the K-12 Athletic Goal Statement.
2. Parents are expected to attend pre-season meetings held by coaches in order to better understand the goals of the coach and the policies of the sports program.
3. Parents are expected to strive to support the efforts of the entire team, not just their child.
4. Parents are expected to recognize the coach as head of the team, respect him or her accordingly, and avoid trying to coach their own child.
5. Parents are expected to allow their son or daughter to handle his or her own problems, when they occur. If parents have a conflict with a coach, it should be discussed following the established chain of communication, and try to resolve any problem at the most direct level possible.
6. Parents are expected to encourage their children to play to the best of their ability, be positive in their support, and realistic about their child's athletic ability.
7. Parents are expected to recognize that they are important role models for their children and demonstrate respect and appreciation for all involved in the sport program, including coaches, officials, opponents, their own child, and his/her teammates.
8. Parents are expected to be supportive of the District in enforcing the training rules.
9. Parents are expected to encourage their son/daughter as student-athlete to continue the sport throughout the whole season after he/she decides to start.
10. Parents are expected to encourage their student-athletes to take care of athletic equipment and to return it on time to the school after the sport's season.

### **EXPECTATIONS of ADMINISTRATORS**

1. Administrators are expected to know, understand, and be committed to the K-12 Athletic Goal Statement.
2. Administrators are expected to know and to enforce the rules of the School District, League, State, National Federation, and the sport.
3. An administrator is expected to support with fairness and equality all of the athletes and coaches who are involved in the athletic program.
4. Administrators are expected to follow District policies in terms of resolving the problem at the most direct (lowest) level possible (usually at the player-coach level).
5. Administrators are expected to make sure that there is a process to address problems efficiently and effectively through the chain of communication; making sure there is follow up on the results.
6. Administrators are expected to provide proper supervision of coaches to ensure the positive outcomes of the K-12 Athletic Goal Statement.
7. Administrators are expected to provide current information and education to coaches through regularly scheduled meetings and in-services.
8. Administrators are expected to work with the Superintendent and School Board to find the resources to provide proper equipment and facilities for the safe conduct of the athletic programs.
9. Administrators are expected to help educate parents and community members toward understanding the K-12 Athletic Goal Statement.
10. Administrators are expected to organize and to facilitate the athletic program, while managing the athletic budget, facilities, and equipment.
11. Administrators are expected to provide job descriptions, evaluation procedures and on-going feedback to coaches regarding expectations and performance.

## **BRUSH SECONDARY CAMPUS ELIGIBILITY REQUIREMENTS**

Student participation in athletics, clubs and organizations will be based on CHSAA Eligibility and on the weekly eligibility. A student must be academically eligible to be allowed to participate in any extra-curricular activity. Eligibility is based on the CHSAA state Option A that states that a student becomes ineligible on the 1<sup>st</sup> failing grade during any grading period. Additionally BSC holds students to a higher standard. Any student with more than one D in any reporting period will also be considered ineligible. Student athletes can still practice if they do not meet this requirement, but may not compete in a scheduled competition.

Eligibility reports will be run weekly beginning the third full week of each semester. Grades will be a continuous semester grade for BHS and continuous quarter for BMS each grading period. Eligibility is turned in every week during the eligibility period and reported to sponsors and coaches, with eligibility for each reporting period running from Monday through Sunday of the following week. Eligibility is pulled on the preceding Wednesday prior to it going into effect for the next week.

**Academic Eligibility Team Policy:** The purposes of this policy, a student is to hold a student accountable who is not making satisfactory academic progress if he/she is placed on:

1. **Academic Warning:** An athlete will be given two weeks to show a percentage progress on his/her current grade. If percentage continues to rise he will remain on warning until compliant by raising any deficient letter grade to a C average. After two weeks, if the letter grade percentage does not rise or declines, the athlete will be placed on probation, as well as, given mandatory study hall.
2. **Academic Probation:** Athletes will be removed from the active roster and placed on the Development Squad and mandatory study hall. Athletes will have two weeks to show a percentage progress on her current grade level. If percentage rises he/she will remain on Probation until compliant by raising any deficient letter grade to a C average. If the grade does not rise or declines he/she will be put on academic suspension.
3. **Academic Suspension:** Athlete will be suspended from all team participation and given two weeks to raise current letter grade to a C average. The athlete will be required to continue to attend mandatory study hall. If the athlete fails to comply, he/she will be dismissed from the team.
4. **Academic Dismissal:** An athlete who has been on Academic Probation/Suspension: The player shall be placed on Academic Dismissal. If the student fails to comply with previous levels of intervention, and letter grades are below a C average, the athlete will be dismissed from the team. The coach shall inform, verbally, any student who is not making satisfactory academic progress. The Athletic Director will review the process to confirm the appropriate action has been taken.

## **ATHLETIC PARTICIPATION**

### **The Athlete:**

1. Any student who is enrolled in Brush High or Middle School and who meets the criteria of the eligibility policy may try out for any sport offered at BSC.
2. Student athletes must provide all required documentation (physical forms, medical emergency contacts, parental consent, etc..) and must make arrangements for the payment of athletic fees prior to the start of the competitive season.
3. At BHS, the athletes will be given lettering qualifications at the time they enter the sport.

**The Manager:**

1. Any student who has met eligibility requirements may approach a head coach and request the opportunity to become a team manager. Coaches will then select their managers from those students indicating a desire to participate and commit to the responsibilities of the job.
2. The manager of a sport will be delegated duties by the coach. It is the manager's job to see that his/her responsibilities are carried out to the satisfaction of the coach.
3. The manager is considered a part of the team and is thereby subject to the same rules and requirements expected of athletes.
4. Managers should NEVER be in possession of a school FOB without the coach directly supervising its use.
5. Managers are expected to be at all practices and to travel with the team to away games.
6. BHS lettering qualifications will be stated in the manager's job description which is issued to the student upon acceptance of the position. A manager will letter at the end of the season pending satisfactory performance of the duties and responsibilities.

**Student Athletic Trainers:**

1. The certified athletic trainer employed by Brush High School can offer internships to students interested in sports medicine. Students must meet the eligibility requirements of the athletic handbook prior to inquiring about the volunteer position.
2. The goal of the sports medicine internship program is to educate students on the basic principles of first aid, care and treatment of sports injuries, taping/wrapping, and training room management. At no time, will a student trainer be expected to perform duties specific to injury assessment and care without direct supervision of a certified and licensed sports medicine professional.
3. A student trainer is expected to follow the same rules as the athlete and to meet the requirements described in this handbook.
4. Student trainers will be subject to the same rules with respect to FOB usage as team managers.
5. Lettering qualifications will be stated in their job description and given to the student when application is made.

**Team Statisticians:**

1. Students who are interested in assisting with the gathering of statistical data will be considered part of the team managers' group. In order to be considered for this task, a student must be in good standing from an eligibility standpoint and will be subject to the same athletic program rules and regulations as all other athletes and managers.
2. If selected by the coaching staff to be a statistician, the student will be proficiently trained in the use of a software or computer application (HUDL) designed to gather the information on players during contests.
3. Although statisticians are expected to follow the same general training rules as athletes, coaches may alter the rules in order to meet the needs of the student.  
Example: attendance at practices may be optional.
4. Statisticians may be given the opportunity to ride the bus with the team, if space is available.
5. Statisticians are required to be at all games and are responsible to see that statistics are accurately kept.

**All Participants (Athletes, Student Trainers, Managers, and Statisticians):**

It is the responsibility of all participants to know and adhere to the rules and guidelines of the athletic handbook.

### **THE ATHLETE'S RESPONSIBILITIES**

1. All athletes should report to practice on the first official day of the season. If extenuating circumstances cause an athlete to be absent, prompt communication is necessary so that absence can be excused.
2. At BSC when two seasons overlap, those involved in the first sport will be required to finish that sport before they are allowed to report for the next sport. In this instance, the athlete will not be penalized for reporting late. Baseball pitchers are an exception to this rule, because the gradual progression of the conditioning of the throwing arm is necessary in order to prevent injury. If the head coach approves, the pitchers (only) may begin throwing one week prior to the official starting date. This conditioning session for pitchers must occur at a time that does not interfere with the practice time of the first sport.
3. If an athlete has been in school he/she must have permission from the coach directly in charge of the group to be excused from practice.
4. Students must be in school in order to compete that day, unless they have an excused absence, approved in advance. Students who are tardy or miss a period the day of a game, may be subject to disciplinary action at the discretion of the coach and/or the AD.
5. Students that accumulate 3 unexcused absences from school in a season are ineligible to play in the next contest. Having a parent call into the school does not guarantee the absence is excused.
6. Students must participate in practice to play in a competition. Athletes must attend a pre-game practice in order to be eligible to play, unless prior arrangements with the coach or AD have been approved.
7. Students must be in school for ½ of the day, (including college classes) in order to be allowed into that day's practice, unless the absence is considered excused. Excused absences include doctor's appointments, court dates, funerals, college visits, etc. and must be communicated in advance. Having a parent call into the school does not guarantee the absence is excused. Documentation may be required.
8. If a sports team will be leaving during school hours, athletes must attend all classes that day prior to departure.
9. Students who want to join a sports program later in the season must do so before the season is 50% completed. Ex: Joining the basketball team must happen no later than the 12th game of a 23 game season unless a player has been injured and a physician has been holding them out of competition. A note from the doctor must be provided in this instance.
10. Athletes are to report all injuries to their coach so that an injury report and proper office clearance can be handled quickly and efficiently.
11. Insubordination to coaches, teachers, or other school staff will not be tolerated and may result in loss of eligibility.
12. Athletes who are consistently and habitually tardy to practice may be removed from the squad.
13. Profanity by athletes at any time, or in any situation, will not be tolerated and may result in suspension from the team.
14. It is the athlete's responsibility to maintain proper conduct at all times. Athletes who act inappropriately in school and at all school-related activities will be disciplined, and may be removed from the squad.
15. Athletes are to be well-groomed and dressed in acceptable attire at all times.
16. BSC athletes should attend and participate in all school pep rallies.
17. BHS participants shall meet all requirements set forth by the Colorado High School Activities Association regulations.
18. While traveling to/from and while at away games, athletes must treat all property with respect. Athletes are not to take equipment or uniforms from other schools. This rule applies to Brush Schools equipment as well. Failure to comply with this expectation will result in disciplinary action.



19. All participants must have the following uploaded onto Arbiter Athlete in order to register for athletic teams. All items must be completed and submitted in conjunction with the athletic fee at the time of registration for athletics. Students are not allowed to participate until they are registered.
  - a. A CHSAA physical form signed by a parent and a doctor.
  - b. A parent's insurance waiver properly signed.
  - c. A weight certification for wrestlers signed by parents allowing wrestlers to maintain certain weight.
  - d. Consent for treatment form.
  - e. A BHS CHSAA form signed by parents.
  - f. A Catastrophic Injury Warning form signed by parents.
  - g. BSC athletic fee paid in full. -May be paid online on ALMA or paid at the BSC Office. Payment plans and other arrangements to fulfill the financial obligation will be handled on a case-by-case basis by the AD.
20. The coaching staff and administration request and prefer that all students ride school transportation to and from all activities. If a parent desires for the athlete to travel in a vehicle not provided by the school district, the parent must submit a written request to the coach and administrator at least 24 hours in advance of the activity. As an additional precautionary safety measure, coaches will assist with these requests by obtaining a written signature and photo ID from the person previously authorized to transport the athlete (on the sign-off sheet). When a parent elects for the athlete to NOT ride school-provided transportation, the school accepts no liability for accidents or injury resulting from accidents as a result of the parent's choice of transportation.

#### **LOCKER and SHOWER ROOM PROCEDURES**

There are certain policies pertaining to the locker and shower room that we must follow for safety and health reasons. It is expected that all athletes do their part to keep the locker room clean and safe.

1. No horseplay or hazing of any kind. Participation in any type of horseplay or hazing in the locker room may result in suspension and/or expulsion from school and suspension or removal from the team.
2. **CELL PHONES OR ELECTRONIC DEVICES ARE FORBIDDEN IN THE LOCKER ROOMS.** If at any time a cell phone is out and visible, it will be confiscated and that student athlete will be referred to administration for discipline as it pertains to the Brush High and Middle School discipline matrix. If a call must be made, student athletes should step out into the hall to make it.
3. Girls will not be allowed in the boys' locker room until all boys have cleared the area and boys' scheduled practices are over. The same policy will be in effect for the boys regarding the girls' locker room.
4. Theft will not be tolerated and may result in removal from the squad and/or suspension from school. Stealing means the taking of property that belongs to another student, adult, or the school without his/her permission.
5. Please keep all gear, uniforms and practice clothing clean.
6. Following practice athletes, who opt to shower, should do so as quickly as possible.
7. Cooperate in every way with the managers and custodians. Keep all equipment picked up and locked in your lockers.
8. Each athlete is responsible for his/her own equipment and locker. Report any damage to equipment or your locker to your coach immediately.
9. Report any unauthorized person in the locker room to your coach immediately.
10. Do not leave valuables in the locker room. BSC administration and coaches accept "NO" responsibility for lost or stolen valuables

### **ATHLETIC FEES and EQUIPMENT**

Athletes participating in high school sports will provide their own shoes, socks, shorts and t-shirts. Sports braces, mouth guards and eye protection are also the responsibility of the athlete. A BHS athletic towel fee will apply.

1. **Loss of Equipment:** An athlete is responsible for the care of his/her equipment. The athlete will be expected to pay for any lost equipment that was owned by the school. The athletic director and the head coach of the sport will determine the replacement cost.
2. **Equipment Maintenance:** In conjunction with the BHS Athletic Trainer, the Athletic Department employs a diligent process to assess the quality of the protective equipment used by our students. Football helmets and other protective gear are inspected by a certified technician and deemed satisfactory for use on a yearly basis. Helmets are taken out of rotation after a specific manufacturer-determined time frame and replaced accordingly.
3. **Athletic Fee Schedule:** The BSC Athletic Department charges an athletic participation fee to offset costs:

	1st Sport	2nd Sport	3rd Sport	Family Max
High School Athletics	\$100	\$75	\$25	\$400
Middle School Athletics	\$100/Year			\$200/Year
6th Grade Participation	\$50/Year			

No student will be allowed to participate until fees for the current season have been paid in full. Payment plans and/or opportunities to work for the athletic program in exchange can be established. Payment plans will have an expected due date.

4. Patriot League rules do not allow seniors to play at the sub-varsity level without prior approval of the league.

### **GENERAL HEALTH, CONDITIONING, TRAINING RULES and PENALTIES**

#### **General Health:**

1. It is recommended that the athlete maintain a healthy lifestyle including age-appropriate nutrition, hydration and sleep.
2. Injured athletes have the opportunity to seek medical care from the BSC Athletic Trainer or the School Nurse. If the severity of injury warrants further care, it will be recommended that the parents take the student to an ER or family physician. In the case of such action, a note signed by a physician will be necessary for an athlete to return to play. Parents always have the right to bypass the Trainer and Nurse options and go directly to their choice of medical practitioner.
3. Any athlete with a suspected concussion should be immediately removed from play, and should not be returned to activity until they are assessed medically. If an athlete enters concussion recovery protocol, a note signed by a physician will be required before an athlete is allowed to return to play.

#### **Conditioning:**

Athletes should make every effort to be involved in programs that will help to develop a sound body. Conditioning should include activities which increase strength and endurance as well as developing skills and mental alertness. An athlete can do a lot on his/her own to keep in top physical condition. A conditioning and weight-training program will be offered by the school on a year-round basis. Athletes who are not out for a sport during any season are encouraged to participate in the weight-training program.

**Training Rules:**

For the benefit of all participants and the team, it is necessary that certain training rules be followed. The responsibility of abiding by these rules rests with the individual and parents. Training rules will be enforced beginning with the first day of practice and will continue until the conclusion of the sport season or the last day of school. The following is a list of the rules observed at BSC:

1. Consumption and/or possession of alcoholic beverages is prohibited.
2. Use of tobacco or vaping products is prohibited.
3. Use/possession of controlled substances or look-a-like substances and the possession of paraphernalia for their use are prohibited. Vaping products containing THC will be considered a controlled substance violation.
4. To avoid violations of code, and/or the perception of impropriety or code violations, athletes should use careful judgment if attending an event in a public place or private residence where alcohol or other substances are served.
5. Specific Sport Rules: The head coach, assistants and athletic director have the prerogative to establish additional rules pertaining to their specific sport or activity. These rules include attendance at practices, curfew, dress code, and general conduct of participants during practice, contests, trips, and classroom behavior. The rules that are set will be approved by the administration and communicated to the athletes verbally and in writing when the season begins.
6. Athletes are expected to refrain from any of the detrimental behaviors that are listed in any BHS/Brush RE-2J Policies or Handbooks.

**Penalties for Violation of Training Rules:**

Rule enforcement will be consistent and immediate following the provision of due process. School officials and coaches are not expected to supervise non-school activities occurring off-campus. However, if an alleged violation occurs at an aforementioned activity and is brought to our attention, it may be investigated. Parents of the athlete will be notified prior to an investigation and all due process rights will be observed during the inquiry. If a violation of our policies is clearly proven, appropriate sanctions may be imposed.

**Allegations of Training Rule Violations:** The head coach/sponsor will confidentially confront the student with the charge(s) and known circumstances regarding the accusation. The student will be given the opportunity to present his/her side of the story and deny or admit to the offense. Should the individual be found to have violated the training rules, the head coach will recommend to the athletic director that one of the penalties listed below be immediately enforced.

**Positive Random Drug Tests:**

The policy and procedures outlined in that Brush School District Policy will be followed. Students are suspended from the team/activity immediately for 4 days for their safety and the safety of others. Students may request a retest at their prepaid expense within 72-hours from a different nationally approved lab or at the lab under contract with the Brush School District. The athlete may also request an appeal within 5 days of being notified of a positive test. After due process has occurred, consequences will be administered as stated below.

1. For training rules, 1, 2, and 3, (Drugs, Tobacco and Alcohol) the penalties may include, but are not limited to:
  - a. **First Offense:** The individual may be suspended from competitions or school representation for 40% of that sport season, activity, or upcoming season. The student will be expected to continue practice/participation in all extracurricular activities in which he/she was involved throughout the suspension. Additionally, completion of an approved drug/alcohol counseling program will be required prior to being reinstated to competitions. A reduction in penalty may be considered by

the Brush High School Administration for individuals that self-report prior to being drawn for testing.

- b. Second Offense: The individual may be suspended for one full calendar year from the date of the infraction.
- c. Third Offense: The individual will be banned from competitions or activities in which he/she represents the school for the remainder of his/her high school career.

Any situation in which a student and/or their parent/guardian seeks counseling or information from a professional staff member for the purpose of overcoming substance abuse shall be handled on an individual basis depending upon the details of the case.

1. For violations of training rules 4, 5, & 6 (detrimental behaviors and specific team rules) the coaching staff and the athletic director will impose consequences taking into consideration the severity and the circumstances involved.
2. The athletic director will oversee all student suspensions from the athletic program.
3. Students suspended from school by the Administration will not be permitted to participate in athletics while they are on suspension, and will be ineligible to participate in any athletic contests for seven calendar days, starting on the day of suspension.

#### **BSC ATHLETIC HANDBOOK RANDOM DRUG TESTING POLICY (Adopted 2/17/21)**

**Teams that train well, generally have a strong team discipline and great team morale. Brush High have the right to drug and alcohol test any student participant through the Random Drug Testing Policy. Any refusal by the student participant or parent/guardian of the student-participant to the drug and alcohol testing, could result in loss of extracurricular privileges for up to one calendar year.**

#### ***DRUG MONITORING FREQUENCY***

Testing will be randomly conducted throughout the school year. The date of tests will be randomized by the vendor among any days school is in session. All students enrolled in athletic/extracurricular activities or who anticipate enrollment via the Consent to Test Form will remain in the random pool throughout the school year. Volunteer students will also become participants in the random pool. Any student who refuses to submit to drug monitoring will not be allowed to practice or participate in athletic/extracurricular activities. The district will incur the cost of the random drug and alcohol tests.

#### ***DEFINITION OF TERMS OF SUBSTANCE ABUSE POLICY***

Controlled substance is any illegal substance or drug, in any form as defined under Colorado Law, including alcoholic beverages, tobacco, intoxicants, inhalants, prescription medication, marijuana, and shall include any other substances represented as a controlled substance (look a-likes) even if it is not actually a controlled substance.

#### ***SCOPE OF SUBSTANCE ABUSE POLICY***

The substance abuse policy shall apply to all Brush High School students enrolled in grades 9-12. The provisions and penalties of this policy shall be imposed without regard to whether the violation was related to a school event and regardless of the day of the week on which the violation occurred. All provisions and penalties of the substance abuse policy shall be cumulative in nature and should apply throughout the student's enrollment in Brush School District, whether continuous or not.

#### ***SUBSTANCE ENHANCEMENT POLICY***

Possession, use or distribution of substances or supplements used or intended for use for abnormal enhancement of athletic performance and/or may atypically alter a body's physiological function are not permitted. This may include, but are not limited to narcotics, stimulants, anabolic agents, diuretics, hormones, masking agents, and other such items. Penalty will be the same as for possessing tobacco products.

## **SOCIAL MEDIA GUIDELINES and PENALTIES**

BSC and the Athletic Department recognize and support the student-athletes' rights to freedom of speech, expression, and association. This includes the use of social networks. However, each student-athlete must remember that playing and competing for Brush Secondary Campus is a privilege. As a student-athlete, you represent Brush Schools and the community of Brush. You are expected to portray yourself, your team, and the School District in a positive manner at all times.

### **Social Networking Guidelines:**

- Everything posted is public information. Any text or photo placed online is completely out of your control from the moment it is posted even if you limit access to your site. Information (including pictures, videos, and comments) may be accessible even after you remove it. Once you post a photo or comment on a social networking site, that photo or comment becomes the property of the site and may be searchable even after you remove it.
- What you post may affect your future. Many employers and college admissions officers review social networking sites as part of their overall evaluation of an applicant. Carefully consider how you want people to perceive you before you give them a chance to misinterpret your information (including pictures, videos, comments, and posters).
- The BSC Department of Athletics will not tolerate disrespectful comments, derogatory language, or any accusatory remarks that may harm your teammates, coaches, teachers, members of the Brush community and finally the teams from opposing schools.
- Other actions subject to discipline include: posting incriminating photos, depicting violence, hazing, sexual harassment, full or partial nudity, inappropriate gestures, vandalism, stalking, underage drinking, selling, possessing, or using controlled substances, or any other inappropriate behaviors.

In short, do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. The online social network sites are NOT a place where you can say and do whatever you want without repercussions. The information you post on a social networking site is considered public information.

### **Penalties for Violation of Social Media Guidelines:**

Social Media violations may result in a loss of playing time and traveling opportunities. **Any student athlete that chooses to self-report may decrease their suspension or discipline.** Any conflicts regarding the training rule discipline structure from above may override the consequences for the social media violation.

- a. First Offense: The athlete may be warned and counseled as to the appropriateness of their use on social media and suspended for up to 1 week of competition.
- b. Second Offense: The athlete may be suspended for up to 3 weeks depending on the infraction.
- c. Third Offense: The athlete may be removed from the team.
- d. Fourth Offense: The athlete may be ineligible for one calendar year.

### **SPORTSMANSHIP EXPECTATIONS and PENALTIES**

Student athletes of the Brush School District are expected to show opponents, coaches, fans and officials respect before, during, and after competitions. It is unacceptable to represent Brush in a negative manner. Student athletes that fail to meet this expectation by receiving an unsportsmanlike penalty for their sport (unsportsmanlike flag, red card, technical foul, team point deduction, etc.) or via the judgment of the head coach and/or athletic director will face the following penalties:

- a. First Offense: The athlete may be removed for the remainder of the competition and will complete the NFHS Sportsmanship Course, prior to the next competition. Failure to complete the course prior to the next competition will result in the athlete not being allowed to compete.
- b. Second Offense: The athlete will be removed for the remainder of the competition and will not be allowed to play in the next two contests.
- c. Third Offense: The athlete will be removed from competition for the remainder of the season in that sport.

### **HIGH SCHOOL AWARDS**

1. All awards will be in accordance with the requirements set down by the coach of the sport in which the athlete participates. The athlete, statistician, manager, trainer must meet all the scholastic and athletic handbook requirements of Brush High School. Awards will be presented at the end of each season.
2. The head coach of the program will outline the lettering policy at the beginning of the season. Their personal discretion may be a factor.
3. All-Conference nominations are at the discretion of the head coach of the program.
  - a. No parent or student athlete should communicate with league schools to try to influence the voting/nominations.
4. First year varsity letter winners are eligible to receive the official varsity letter, certificate of participation, a metal symbol for each sport in which they receive a varsity letter, and a bar for each sport in which they lettered.
5. The school district appropriates funds for the 'B' club to purchase athletic awards for athletes who qualify.
6. Each athlete will be eligible to receive only one varsity letter. He/she will be eligible to receive bars, symbols of the sport he/she lettered in, and certificates of participation for each season during each sport throughout their high school career.
7. Junior varsity and freshman participants will receive a certificate of participation for their appropriate level of competition.
8. All-conference certificates are provided by the respective conferences.
  - a. In team sports, the conference coaches select all-conference players.
  - b. In individual sports, athletes must place in a conference meet to receive an all-conference award.
9. The school district will appropriate the funds necessary in order for the "B" club to furnish and maintain the All-Conference photo wall folder and the All-State pictures and frames for the Wall of Fame.

### **MIDDLE SCHOOL AWARDS**

At the middle school level of competition, we believe that all athletes shall participate and those who complete a season should earn a certificate of participation. Teaching of the fundamentals and strategies of the game, sportsmanship, and participation are the main emphasis of the middle school athletic program.

### **STATE TOURNAMENTS**

1. Head coaches of each sport are to submit to the athletic director a list of all personnel they would like to take to state tournaments when their team or members of the team are involved. The number of personnel allowed to go should be broken down into designated jobs (players, coaches, managers, etc.).
2. It is not possible to pay the expenses for all personnel connected with a particular sport. The athletic department will give tickets to the games or events to them. The head coach will also allow them to ride the team bus, if room is available, and the team is returning to Brush after the game, event or meet.
3. If the head coach has any special problems concerning preparation and scheduling for State Tournament play, the athletic director should be consulted and a decision between the two should be reached.

### **SCHOOL YEAR RULES and REGULATIONS**

1. No coach of an interscholastic team will either directly or by implication, require a student to participate in a particular practice session before the recognized opening date by the school as a condition to practicing, participating, or otherwise influencing a student's opportunity to participate in that sport.
2. All students must have necessary forms and paperwork turned into the coach before they will be allowed to practice. The student's parent or legal guardian must sign all forms.
3. All rules and regulations governing attendance at practice will become effective on the first practice date established by CHSAA.
4. Practices during vacations for Brush Middle and High School athletes are voluntary. Practices during the school year for BHS will be held on days that CHSAA will allow. No athlete will lose his/her playing status due to missing a voluntary practice.

### **SUMMER RULES and REGULATIONS**

All summer programming and activities must be pre-approved and coordinated through the Athletic Department.

### BRUSH SCHOOL DISTRICT ATHLETIC DISCIPLINE MATRIX

Violation	1st Offense	2nd Offense	3rd Offense	4th Offense or More
<b>Drug/Alcohol/ Tobacco/Vaping</b>	-40% Of Season -Required Counseling Program -Repeat Testing -Reduction for self-reporting	-365 Day Suspension -Potential reduction with approved extended counseling and testing plan	High School Career Ban	
<b>Social Media</b>	-1 Week Suspension -Counseling on Appropriate Use of Social Media	3 Week Suspension	Removal from team	1 year suspension or High School Career Ban (determined by severity)
<b>Sportsmanship</b>	-The athlete should be removed for the remainder of the competition -The athlete must complete the NFHS Sportsmanship Course, prior to the next competition. -Failure to complete the course prior to the next competition will result in the athlete not being allowed to compete.	The athlete will be removed for the remainder of the competition and will not be allowed to play in the next two contests.	The athlete will be removed from competition for the remainder of the season in that sport.	
<b>School Attendance</b>	Unexcused Absence can result in non-participation in practice or game that day	Unexcused Absence will result in non-participation in practice or game that day	3rd Unexcused Absence will result in non-participation in practice or game that day and the following competition	-4 or more unexcused absences will result in the loss of playing time for up to 2 weeks. -Referral for truancy
<b>Unexcused Absence from Practice</b>	Non-participation in next contest and loss of playing time in following contest	Non-participation in two contests	Removal from team	
<b>School Behavior Referral</b> -If resulting in ISS or OSS, student ineligible during week or weeks of suspension.	If minor, additional consequences are decided by the coach and may include loss of playing time, extra conditioning, additional community service.	Non-participation in events for two contests	Removal from team	
<b>Detrimental Behavior (Violation of Not Listed Above)</b>	Meeting with coach, parents, athlete, and possibly Athletic Director to determine best course of action	Non-participation in events for two contests	Removal from team	
<b>Extracurricular Eligibility Policy</b> -If at any point a student has two or more failing grades on the weekly check, the student is ineligible for that week.  -Failing two or more courses for a semester, may result in being ineligible until the CHSAA Regain date or summer school credit is regained.	<b>Academic Warning:</b> An athlete will be given two weeks to show a percentage progress on his/her current grade. If percentage continues to rise he will remain on warning until compliant by raising any deficient letter grade to a C average. After two weeks, if the letter grade percentage does not rise or declines, the athlete will be placed on probation, as well as, given mandatory study hall.	<b>Academic Probation:</b> Athletes will be removed from the active roster and placed on the Development Squad and mandatory study hall. Athletes will have two weeks to show a percentage progress on their current grade level. If percentage rises he/she will remain on probation until compliant by raising any deficient letter grade to a C average. If the grade does not rise or declines he/she will be put on academic suspension.	<b>Academic Suspension:</b> Athletes will be suspended from all team participation and given two weeks to raise current letter grade to a C average. The athlete will be required to continue to attend mandatory study hall. If the athlete fails to comply, he/she will be dismissed from the team.	<b>Academic Dismissal:</b> If the student fails to comply with previous levels of intervention, and letter grades are below a C average, the athlete will be dismissed from the team. The coach shall inform, verbally, any student who is not making satisfactory academic progress. The Athletic Director will review the process to confirm the appropriate action has been taken.



**BRUSH SCHOOL DISTRICT  
RANDOM DRUG AND ALCOHOL TESTING PROGRAM  
CONSENT TO TEST FORM**

Student Name: \_\_\_\_\_ Student ID # \_\_\_\_\_

The student and his/her parent(s) or guardian acknowledge that the Brush RE-2J School District has the right to perform random drug and alcohol testing on students who wish to exercise the privilege of participating in athletic/extracurricular activities.

The student and his/her parent(s) or guardian understand that, as a condition of the student being allowed to participate in extracurricular activities in the District, the student may be required to undergo and successfully pass random screening for alcohol, illegal drugs or other banned substances, as set forth in the District's Drug Testing Policy for Students Involved in Athletics and Extracurricular Activities at Brush High School. The student and his/her parent(s) or guardian acknowledges that they have read and understand this policy and that they agree to all terms and conditions contained in the policy and procedure.

The student and his/her parent(s) or guardian hereby consents to participate in the Random Drug and Alcohol Testing Program and to the disclosure of testing results to the District's Drug Program Coordinator and parent(s) and guardians. The student and his/her parent(s) or guardian further understand that the student's refusal to submit to a drug screening will be treated in the same manner as if the student had tested positive for banned substances.

The student and his/her parent(s) or guardian may voluntarily consent to participate in the random drug and alcohol testing program and to the disclosure of testing results to the District's Drug Program Coordinator and parent(s) or guardian.

No student shall be penalized academically for testing positive for banned substances during random drug testing. The privilege of being allowed to participate in athletics/extracurricular activities in the Brush RE-2J School District is contingent on the signing of this consent form.

This consent form shall remain in effect for the entire school year. Any revocation of this consent form shall disqualify the student from participating in athletics/extracurricular activities for the remainder of the school year.

I plan to participate in one or more of the following:

☐ Athletic Program: Circle the sports you wish to participate in

VB   CC   FB   SB   Boy's Golf

Boys' WR   Girls' WR   Boys BB   Girls BB

Track & Field   BSB   Girl's Tennis   Girl's Golf   E-Sports

☐ Extracurricular Activity: List Organizations and/or Clubs

\_\_\_\_\_

☐ I am volunteering to be placed in the drug/alcohol testing pool.

***Signatures & Contact Information Required on the Back of this sheet.***

**BRUSH SCHOOL DISTRICT  
RANDOM DRUG AND ALCOHOL TESTING PROGRAM  
CONSENT TO TEST FORM**

Student Name:\_\_\_\_\_ (Please Print)

Current Grade:\_\_\_\_\_

Student Signature: \_\_\_\_\_ Date:\_\_\_\_\_

Parent/Guardian Name:\_\_\_\_\_ (Please Print)

Parent/Guardian Signature:\_\_\_\_\_ Date:\_\_\_\_\_

Parent/Guardian Signature:\_\_\_\_\_ Date:\_\_\_\_\_

Home Phone:\_\_\_\_\_

Cell Phone:\_\_\_\_\_

Work Phone:\_\_\_\_\_

**BSC PARENT TRANSPORTATION PERMISSION FORM**

The coaching staff and administration request and prefer that all students ride school transportation to and from all activities. If a parent desires for the athlete to travel in a vehicle not provided by the school district, the parent must submit a written request to the coach and administrator at least 24 hours in advance of the activity. As an additional precautionary safety measure, coaches will assist with these requests by obtaining a written signature and photo ID from the person previously authorized to transport the athlete (on the sign-off sheet). When a parent elects for the athlete to NOT ride school provided transportation, the school accepts no liability for accidents or injury resulting from accidents as a result of the parent's choice of transportation

**ALL SIGNATURES MUST BE WITNESSED BY THE COACH OR AN ADMINISTRATOR.**

I give my permission for my daughter/son,

\_\_\_\_\_ (Student's name)

to return home with us **OR** with \_\_\_\_\_

Signature:\_\_\_\_\_

Today's Date:\_\_\_\_\_

### Links to CHSAA Approved Physical Forms

**\*\*Please make sure your athletes and parents use these CHSAA forms when getting a Pre-Participation Physical for the upcoming seasons\*\***

- [INSTRUCTIONS Sports Physical /Preparticipation Physical Examination \(PPE\)](#)
- [PPE Form - ALL PAGES 1-4](#)
- [PPE Form - ALL PAGES 1-4 - Spanish](#)

Parents need to fill out the History Form below and take to the doctor's appointment

- [PPE Form - Medical History Form](#) (PAGES 1-2) \*Must be filled out by legal guardian/parent prior to physical examination appointment
- [PPE Form - Medical History Form - Spanish](#) (PAGES 1-2) \*Must be filled out by legal guardian/parent prior to physical examination appointment
- [PPE Form - Physical Examination Form](#) (PAGE 3) \*To be completed by provider
- [PPE Form - Physical Examination Form - Spanish](#) (PAGE 3) \*To be completed by provider
- [PPE Form - Student Medical Eligibility Form \(Page 4\)](#) \*To be completed by provider - ONLY FORM TURNED INTO SCHOOL
- [PPE Form - Student Medical Eligibility Form \(Page 4\) - Spanish](#) \*To be completed by provider - ONLY FORM TURNED INTO SCHOOL
- [Athletes with Disabilities Form](#)