

Avatar Research

Email One - Intro

Subject: Claim your Free Porn Guide 📁

Hey *|FNAME|*,

[Your free guide](#) as promised.

Before you claim your free guide reply to the question below:

What are you hoping to get out of the guide and future emails?

We read every reply.

Talk soon,
name

P.S. I'll be talking about how deadly Porn is in my next email. You may be surprised by the facts.

[Image of guide]

Other emails on the next page



Email Two - HSO

SL: Porn ruins lives

Porn destroyed my life.

I was introduced to porn at twelve years old, and it became a daily habit.

After school, I would rush home and watch porn. I would spend hours looking for the “perfect scene” and then finally release my load, and I would do it over and over.

Anything to get a quick and easy orgasm. Right?

All it takes is one quick search and you get multiple sources saying excess dopamine is bad.

[Images of proof]

The list goes on...

It's **destroying** your mind. Porn is **frying** your brain receptors!

People are too lazy to put in the work to become the man women desire. That's why they created Porn.

“Why do all that hard work when I can just watch porn and wank alone in my room?”

And that's the reason why you can't speak to any girl confidently. It's why you'll never experience a real loving relationship.

Do you want to feel love from real women? Or will you just wait till they create AI sex robots?

In my next email, I'll be showing you how I transitioned from a porn addict to a man who can talk to any girl. I've overcome porn, and I'm going to help you do the same.

Talk soon,
Kyri

P.S. This is better than wanking alone in your room all day. Trust me.

Email Three - Pure Value

SL: How I Quit Porn

The gurus tried to hide this one, but I'll always tell you the truth.

You need to truly want to quit. This might seem like common sense, but there's a difference between saying you want to quit and **committing** to it.

Everyone says, "I want to quit watching porn," but I ask,

"Will you quit porn? Or are you just lying to yourself and others to make it seem like you're trying?"

There's no secret trick. It's a mind game.

Do you want to be a father with a wife and kids while secretly being addicted to watching porn?

Reply and answer the question.

I hope none of you find yourselves in the situation I just described. If you are, or if you're in a similar situation, contact me, and let's have a chat.

Email:

Instagram:

Best,
Kyri

P.S. I hope none of you find yourselves in the situation I just described. If you are, or if you're in a similar situation, contact me, and let's have a chat.



Email Four - DIC

SL: The Fastest Way to Quit Porn

This will give you an unfair advantage.

Whether it's quitting porn, learning to talk to girls, learning to be confident, etc. You will achieve your goal faster with a coach to guide you.

Remember, I was also addicted to porn too. I know exactly what you are going through

I know how the exact problems you face with porn and I know the exact counters to those problems. I know you. I was you, and I know the way out, and I'm willing to guide you to success!

Are you in or not?

[If you want to quit porn as fast as possible, click here!](#)

P.S. Remember...



Email Five

SL: A success story

I'm changing lives one by one.



[Redacted Name]

 United Kingdom

★★★★★ 5 |

I recently had the privilege of working with Kyri, and I cannot express how grateful I am for the experience. Kyri is an exceptional coach who brings a unique blend of empathy, wisdom, and practical tools to their coaching practice. From the very first session, Kyri's warm and compassionate presence put me at ease where I felt comfortable sharing my deepest fears and struggles with him. He took the time to listen deeply, which helped me gain clarity and an perspective on the challenges I was facing. Overall, I highly recommend Kyri's life coaching services to anyone looking to grow, evolve, and achieve their full potential. [See less](#)

I'll keep them anonymous, but I just want them to know I am proud of them!

Looking forward to meeting everyone else who's booking.

Will you be the next success story?

[You can book here](#) or contact me

Email:

Instagram:

Talk soon,
{name}