

TAKE A POSITION (AGREE + DISAGREE)

<https://www.beautifultrouble.org/training/for-trainers>

snapshot:

Participants take up a physical position in a space based on their opinion of that topic.

time: 45 min-60 minutes

energy level: high

materials: Open space, rope or chalk

STEPS

1. **Prepare questions** or a statement of an issue to ask members of the group for each round.
2. **Segment the space** in such a way that you can tell one side from another. You can use chalk or a rope to create this distinction
3. Let members of the group know what each location of the room represents. Example: agree, disagree and/or neutral.
4. Provide **clear instructions** to members of the group that they are going to move to the space that most represents their perception or opinion about the stated issue, or answer to the question provided.
5. Share with the members of the group **the question or statement**. With every statement/question/issue etc ask members of the group to move to what aligns most with their opinion, and create room for both sides to share why they are positioned where they stand.
6. **Offer time** for participants to move to another location if the argument or points presented are compelling.
7. **Summarise opinions and cluster** the main points.
8. **Discuss** and debrief.

OPTIONS

- [SPECTRUMS](#) are a way to do this kind of exercise by using a line to create the positions from one extreme to another. Using lines also creates a way to do this with two dimensions or issues. See this write up: [Spectrums](#)

TIPS

- Support members of the group to expand their opinion to ensure that they have room to explain or analyse their perspective.

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origins: *widely used*
