

Hey, Georgia.

Made you something that can increase the engagement, views, and clicks on your Instagram posts.

It's a specific Instagram caption method used by the top players of alternative healing, Like Donna Eden and many more.

Not just used by every famous energy healer but by everyone who wants to reach out to more people and acquire more clients

The reason why I made it is because I saw you don't have any captions on your posts, and it wasn't too much of a hassle for me.

Oh, And you popped up when I searched "energy healer" on Instagram, so that is how I found you.

The method is below with details of how it's different from most captions, and what it does.

So, Do you like the idea or not?

Cheers,
Kristiyan

Explanation: This caption is using desires and pains of your target market as a driving factor, making the audience read it and follow the step, which is— to make them proceed with the link in your bio.

It is also optimized for the algorithm of Instagram to like it, so it will be viewed by more people and accumulate more engagement.

I also attached the right hashtags which may be one of the few reasons this caption can make you more organic views.

PLUS it can turn some of your followers who are in the state of “I am not sure” into clients.

Caption:

Are you seeking relief from anxiety, depression, and negative emotions?

While struggling to find inner peace amidst a restless mind...

..where an inner battleground unfolds between anxiety and the attempt to seek distraction.

You may have sought help and support,

yet it looks like no one cares even to address the root cause of the issue, merely offering whatever product they have.

No one and nothing appears to provide a long-term answer.

But there is the ancient energy healing that releases the emotional & mental wounds that refrain you from finding joy.

Which healing process is accompanied by me who will support your growth in every part of the healing.

And Remember that joy is everywhere, you simply need to unlock yourself and see what the universe can bring you.

So if you are ready to change yourself for the better.

Then See the link in bio. 

#shamanic #spiritualgrowth #anxietyrelief #energyiseverything #HealingJourney