



Sharing of Personal Information:

Serene Mind Counseling will not share, sell, or disclose your personal information or mobile opt-in data to third parties without your explicit consent, except where required by law. Your information is kept confidential and used solely for the purposes you have agreed to. All the above categories exclude text messaging originator opt-in data and consent; this information will not be shared with third parties. Text messaging opt-in data is not being shared with third parties.

Opting Out of Text Messages:

*You have the right to opt out of receiving text messages from Serene Mind Counseling **at any time. To opt out, you can reply "STOP" to any text message you receive from us.***

Consent and Opt-In:

By providing your phone number and opting in to receive text messages, you consent to the collection and use of your personal information as described in this policy. We ensure that your consent is obtained explicitly and that you are informed about the types of messages you will receive.

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