

NATIONAL FEDERATION OF STATE
HIGH SCHOOL ASSOCIATIONS



2022-23 Volleyball Rules Interpretations

Publisher's Note: The National Federation of State High School Associations is the only source of official high school interpretations. They do not set aside nor modify any rule. They are made and published by the NFHS in response to situations presented.

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2022-23 NFHS Volleyball Rules Book Corrections: (Underlining shows additions; ~~strikethrough~~ shows deletions.)

Page 2, 2022-23 Volleyball Rules Changes: ~~40-2-4a~~, 11-2-1; Page 42, 10-2- 1a – The head coach or ~~playing captain~~ may verbally request or visually signal...; **Page 56,**

COMMENTS ON THE 2022-23 RULES CHANGES – ~~40-2-4a~~, 11-2-1.

2022-23 NFHS Volleyball PowerPoint Corrections: Slide 7 Notes – Rule 3-1- 3 PENALTY; Slide 17 – Assistant~~nee~~ coaches...

2022-23 SITUATIONS

SITUATION 1: During team warmups, the officials notice a player on Team A wearing plastic beads at the end of hair braids. The braids, pulled back in a ponytail and secured with an elastic hair tie, (a) extend down the player's back swaying back and forth as the player moves; (b) fall above the player's shoulders moving within the plane of the player's shoulders.

RULING: (a) illegal, (b) legal.

COMMENT: Hair-control devices and other adornments in the hair that are securely fastened and do not present a risk of injury to the player, teammates or opponents are permitted. In situation (a), the official shall notify the coach of Team A and allow the player to make the equipment legal by securing the beads closer to the head and within the plane of the shoulders to minimize risk of injury from swinging beads. (4-1-6)

SITUATION 2: No. 5 on Team R is struck in the head by a hard-hit attack and immediately displays signs and symptoms of a concussion (loss of balance, dizziness and confusion). The R1 calls an injury time-out. The R2 explains to the head coach of Team R that No. 5 must be removed from the contest and will not be able to return to play until cleared by an appropriate health-care professional.

RULING: Correct procedure.

COMMENT: When an athlete exhibits signs, symptoms or behaviors consistent with a concussion, that athlete shall be immediately removed from the contest and shall not return to play until cleared by an appropriate healthcare professional. The officials are not to diagnose injuries, but to remove the athlete and notify the coach. Allow the health-care professional to determine the outcome of the injury. (5-4-3c(18), 5-6-3i, 10-3-5, 11-4-1, NFHS Suggested Guidelines for Management of Concussion, Appendix B)