

WHAT WE NEED

HOW TO SIGN UP

>>>>>>>> You can select [the lines here](#). <<<<<<<<<<<<<

HOW TO FILM YOURSELF

- For the rotating lines: keep your feet planted but slowly rotate your upper body and phone around anticlockwise (from right to left). Keeping your face square-on and centered in the image.

SENDING US YOUR FOOTAGE

As soon as you can after the action please send us all your recordings.

You can send it by uploading it to [this google drive link](#) or by emailing the file to xrvideo@protonmail.com

If you have any good wide shots of your action, please feel free to send a couple of those to us as well.

Thank you!

*Love & rage,
XR UK video team*