Positive thinking

1. Negative Thought: My spoken English is poor.

   Positive Spin: I am living in an English-speaking country and currently, I am in education. Soon, I will become fluent.

2. Negative Thought: I don't live with my family (I am alone).

   Positive Spin: I have many friends whom I can contact anytime or in difficult situations.

3. Negative Thought: I don't have work experience in coding or anything else.

   Positive Spin: I am gaining coding experience while studying at CYF. Even though it is not a job, I am still getting valuable coding experience, and I will have job experience in the future.

4. Negative Thought: Others are more skilled and knowledgeable than I am.

   Positive Spin: I can learn from those who are more skilled and knowledgeable.

5. Negative Thought: I am not going to find a job.

   Positive Spin: I am learning what it takes to be hired. Beyond that, I trust in God, who knows what is best for me.