

ASK Five Steps of College, Career and Life Readiness

[C3 Grade 11 High School Student Presentation](#) *Used with permission*

 Aubrey C3 June 2023.pptx *Used with permission*

Step # 1 **KNOW**

Who am I?

Let's get started!

- 2023-24 College and Career Survey Click [HERE](#)

[KNOW Resource Sheet HERE](#)

Research tells us that those who are most happy with their work are those workers who **KNOW** what they like to do.

- Take the [16 Personalities Preference Assessment](#)
- Learn about MBTI® Basics: learn [more](#). For a description of all MBTI types [View](#).
- List your four personality style results and five career possible occupations based on your MBTI results.
- List your Core Values [VIEW](#)
- Reflections **Include in your C³**
- Share your:
 - MBTI Preference Type
 - 4 Possible careers that match your personality preferences
 - Core Values
 - KNOW reflections

“KNOWING yourself is the beginning of all wisdom.”

Aristotle

MBTI® Preference - Personality Styles Result Myers-Briggs Personality Type Indicator

Circle one on each of the 4 lines below than record your type in the summary

List possible careers based on your MBTI®

1. **Extraversion or Introversion**

1.

2. **Sensing or Intuition**

2.

3. **Thinking or Feeling**

3.

4. **Judging or Perceiving**

4.

Summary: _____

5.

MY CORE VALUES WHAT MATTERS MOST?

Record your answers to these KNOW reflections

If you could write a book, what would it be about?

What does your ideal day look like?

What is the happiest moment in your life so far? What made it so special?

What is the best piece of advice you've ever been given?

Who are you when no-one is looking?

What activities do you find boring?

What are you good at or like to do?

What else would you like to share?

Step #2 CONNECT

What do you like to do?

[CONNECT Resource Sheet HERE](#)

Explore careers that connect with your strengths, passions, talents, interests etc.

- Explore** careers-Learn about Careers that might be best for you!. Take the O*NET Interest Profiler!

[START ASSESSMENT](#)

- Record your scores on the 6 Interest Areas.
- Determine your interest profile (your top three interest scores above)
- Find occupations/careers that match your interests, skills, etc.

[Careers sorted by INTERESTS](#)

[SEARCH CAREER MATCHES](#)

- Connect your HS Courses to your Career Field

- Reflections. Include in your C³**
 - Your 6 Interest Scores
 - Your Interest Profile (3 highest scores)
 - 3 Career matches to your interests/strengths
 - Explain your choices
 - List your HS Courses that will prepare you now for the future

Find RELEVANCE in your coursework now for the future!

RECORD YOUR SCORES ON THE 6 INTEREST AREAS:

Realistic
Investigative
Artistic
Social
Enterprising
Conventional

MY INTEREST PROFILE

Record the three interests with your highest scores.
This is your interest profile

YOUR CAREER MATCHES

Interest/Strength	Industry	Possible Careers
1		
2.		
3		

CONNECT HS COURSES TO A CAREER FIELD

AP Advanced Placement		DC Dual Credit/DE Dual Enrollment		CTE Career Technical Course/s	
	Gr 9		Gr 9		Gr 9
	Gr 10		Gr 10		Gr 10
	Gr 11		Gr 11		Gr 11
	Gr 12		Gr 12		Gr 12

Sources: [Your Future Make It Your Own.org.](#), [Questa Education Foundation](#), [Learnmoreindiana.org](#), [Indiana Commission for Higher Education](#), [CareerOneStop](#), Indiana Department of Education and the Indiana Department of Workforce Development adapted by the ASK program funded through the [Olin B. and Desta Schwab Foundation](#).

Step #3 **Select**

Where am I Going?

Select **CAREERS** to explore - Follow Your Dreams

[SELECT Resource Sheet HERE](#)

PATHS TO EDUCATION AFTER HIGH SCHOOL

Discover common pathways: Apprenticeships, Military, Two-Year Colleges, Four-Year Colleges

Explore these websites:

- [Paths to Education after High School](#)
- [iCAP Indiana Course Access Portal](#)
- [Degrees & Certificates - Ivy Tech](#)
- [Compare Credential Types](#)
- [Learn the Benefits of stackable credentials](#)
- [Career-ready and transferable degree programs](#)
- [College Majors & Career Search | Explore your interests for College](#)
- Search for apprenticeship jobs and programs on [apprenticeship.gov](#).
- Use the [MyNextMove.org](#) tool for career exploration and job analysis
- Find training programs: compare completion rates, employment rates, and more on [TrainingProviderResults.gov](#).
- Visit [CareerOneStop.org](#), your source for career exploration training and jobs.
- Explore the [Occupational Outlook Handbook \(OOH\)](#) for detailed information about over 300 occupational profiles.

- Shorten** your list of occupations
- Determine** your DC/DE HS classes
- Reflections. Include in your C³**
 - 2 Careers-what do you want to do for a living?
 - What kind of education/training is needed?
 - How will I prepare

Shorten your list of favorite occupations.

It is important to shorten your list of favorite occupations *before or during the early high school years* in order to create your **four-year education plan** (high school courses). List 2-3 possible occupations.

1.
2.
3.

Pathways to Education After High School

What did you like about the occupations that matched your interests and abilities?	<i>Describe:</i>
Prepare What do I need to do now to prepare? (Hint eligibility for rigorous courses, goals, extracurricular activities)	<i>List:</i>
Determine What schools/training/work experiences are needed?	<i>List:</i>
Plan A PLAN to reach my goals. Please describe: Example: Talk with parents, teacher, advisor, guidance counselor, to ensure that you have study habits, classes, internships, experiences, extracurriculars etc. to reach your goal.	<i>Describe:</i>

My Career Goal/s:
The degree(s)/credentials I will need
The future of my career in the labor market

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Step #4 INVEST

Identify time, effort and cost to pursue a pathway/career

[INVEST Resource Sheet HERE](#)

Explore websites below:

[What is Questa?](#)

- **Traditional Scholars Program** (High School Seniors/College Freshmen) – Learn more at <https://www.questafoundation.org/traditional-scholars-program>
- **Parkview Opportunity Scholars Program (FWCS Seniors)** – Learn more at <https://www.questafoundation.org/parkview-opportunity>
- [FAFSA One-Pager](#)
- [Indiana Scholarships Guide Scholarships-One-Pager](#)
- [529 College Savings Plan for Hoosiers](#)
- [Student Loans in Indiana](#)
- [Indiana College Core cost savings](#)

Review your HS four-year education plan. Find programs, schools to attend after high school that offer the major(s) needed for the occupation's selection. Note: Compare important features of up to three schools side by side.

Assessing financial needs including extensive information on financial aid tools to help with FAFSA.

Explore scholarship and grant opportunities and financial aid for college expenses

Reflections. Include in your C³

- How long will it take?
- How much will it cost?
- How will you pay for it?
- Describe your scholarship/grants and other funding opportunities
- Explain how your scholarship/grant and other funding is like applying for a job. (Hint-resume)

Determine	School/ Field of Study #1	School/Field of Study #2
How long will it take for your training, certification or degree/s		
How much will training cost?		
Possible Institutional Scholarships/Grants		
Federal Grants		
State Grants		

STARTING THE SEARCH



[SCHOLARSHIP DATABASE](#)

[INDIANA RESOURCES](#)

[INVESTED](#)

Pay attention to details regarding requirements and deadlines



Scholarship/Grants and other funding <i>Be sure to include hyperlink to your resource</i>	Eligibility - Deadlines <i>Describe requirements, your suitability or why you will be selected.</i>	Comments <i>Describe your challenges in achieving and maintaining eligibility. Note: Share your strengths, abilities, interests, values, challenges, & goals.</i>

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Step #5 GO!

How will I get there?

[GO Resource Sheet HERE](#)

REALITY CHECK GOAL setting helps to PLAN in order to have needed credentials and experiences.

- Start/update** your Planning Dashboard
- Is your **graduation plan** current?
- Reflections. Include in your C³**
- In what ways do you **feel prepared** to make the transition to college?
- What are some **steps** you will take to be **better prepared**?
- What **barriers** have you identified in planning for success?
- Do you have any **gaps** between your plans and the grades you have achieved? Other challenges?
- Describe your **academic plan**:
 - AP Courses
 - Dual Credit
 - Dual Enrollment
 - CTE
 - Mentorship
 - Internship
 - Co-curricular
 - Volunteer Activities
- Where do you see yourself in 5 years?
- What type of education will you need to achieve your life and career goals?

Not started

In progress

Completed

Planning For Success

This dashboard provides a status/view of your efforts/activities to **EXPLORE**, **ENGAGE** (challenge yourself), and **EXPERIENCE** to be **READY** for transitions beyond high school. (Click [HERE](#) for a 5 year template) To make a Copy: File > Make a copy

Planning Dashboard

Explore Create Review Apply Complete Request Earn



STAY ON TRACK (example)

Activities to ensure you are on track for high school graduation and well prepared for postsecondary success.
* [21st Century Scholars Program](#)

Employability Skills DWD Employability Skills Poster		Not started -
Goals-Long and Short Term		Not started -
O"Net Interest Assessment	*10	Not started -
Scholarships Guide- Indiana -Identify scholarships, grants, and other financial aid	*11	Not started -
Scholarships Search Tool (Questa)	*11	Not started -
COLLEGE How to Pay for it? 101	*9	Not started -
College Cost 101(estimating)	*10	Not started -
College Success 101 5 years old	*12	Not started -
Graduation Plan -create/review	*9	Not started -
CHOOSE RIGOR H, AP, DC, DE, ICC High School Plan		Not started -
Take a college Entrance Exam, ASVAB etc.		Not started -
Resume		Not started -
Participate in Extra and, Co Curricular Activities	*9* 10	Not started -
C ³ College and Career Conversation		Not started -
College Application 9/25-9/29 2023	*12	Not started -
FAFSA	*12	Not started -
Internship		Not started -
Job Shadow		Not started -
Mentor/Mentorship		Not started -

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 Aubrey C3 June 2023.pptx

Congratulations!

- You have now completed all 5 steps for your C³.
 - Next you will create your C³.
- Create a PPT that is original, creative and that will be fun to share.

Click below for a 2023-24 C³
[C3 Template](#)

Insert url for C3 2023-24

My C3 2023-24