ASK Five Steps of College, Career and Life Readiness

C3 Grade 11 High School Student Presentation *Used with permission*

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Step # 1 KNOW

Who am I?

Let's get started!

- ☐ 2023-24 College and Career Survey Click HERE

KNOW Resource Sheet HERE

Research tells us that those who are most happy with their work are those workers who KNOW what they like to do.

- ☐ **Take** the 16 Personalities Preference Assessment
- ☐ **Learn** about MBTI® Basics: learn more. For a description of all MBTI types View.
- ☐ **List** your four personality style results and five career possible occupations based on your MBTI results.
- ☐ **List** your Core Values VIEW
- ☐ **Reflections** Include in your C³

- Share your:
  - MBTI Preference Type
  - 4 Possible careers that match your personality preferences
  - Core Values
  - KNOW reflections

"KNOWING yourself is the beginning of all wisdom."

Aristotle

MBTI® Preference - Personality Styles Result **Myers-Briggs Personality Type Indicator**	
Circle one on each of the 4 lines below than record your type in the summary	**List** possible careers based on your MBTI®
1. **Extraversion or Introversion**	1.
2. **Sensing or Intuition**	2.
3. **Thinking or Feeling**	3.
4. **Judging or Perceiving**	4.
Summary: ____ ____ ____ ____	5.

MY CORE VALUES **WHAT MATTERS MOST?**

Record your answers to these KNOW reflections	
If you could write a book, what would it be about?	
What does your ideal day look like?	
What is the happiest moment in your life so far? What made it so special?	
What is the best piece of advice you've ever been given?	
Who are you when no-one is looking?	
What activities do you find boring?	
What are you good at or like to do?	
What else would you like to share?	

Sources: Your Future Make It Your Own.org., Questa Education Foundation, Learnmoreindiana.org, Indiana Commission for Higher Education, CareerOneStop, Indiana Department of Education and the Indiana Department of Workforce Development adapted by the ASK program funded through the Olin B. and Desta Schwab Foundation.

Step #2 CONNECT

What do you like to do?

CONNECT Resource Sheet HERE
Explore careers that connect with your strengths, passions, talents, interests etc.

- ☐ **Explore** careers-Learn about Careers that might be best for you!. Take the O*NET Interest Profiler!

  START ASSESSMENT

- ☐ Record your scores on the 6 Interest Areas.
- ☐ Determine your interest profile (your top three interest scores above)
- ☐ Find occupations/careers that match your interests, skills, etc.

  Careers sorted by INTERESTS

  SEARCH CAREER MATCHES

- ☐ Connect your HS Courses to your Career Field
- ☐ **Reflections**. **Include in your C³**

  - Your 6 Interest Scores
  - Your Interest Profile (3 highest scores)
  - 3 Career matches to your interests/strengths
  - Explain your choices
  - List your HS Courses that will prepare you now for the future

Find RELEVANCE in your coursework now for the future!

RECORD YOUR SCORES ON THE 6 INTEREST AREAS:

Realistic
Investigative
Artistic
Social
Enterprising
Conventional

MY INTEREST PROFILE

Record the three interests with your highest scores.
This is your interest profile

YOUR CAREER MATCHES

Interest/Strength	Industry	Possible Careers
1		
2.		
3		

CONNECT HS COURSES TO A CAREER FIELD

AP Advanced Placement		**DC** Dual Credit/**DE** Dual Enrollment		**CTE** Career Technical Course/s	
	Gr 9		Gr 9		Gr 9
	Gr 10		Gr 10		Gr 10
	Gr 11		Gr 11		Gr 11
	Gr 12		Gr 12		Gr 12

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Step #3 Select

Where am I Going?

Select **CAREERS** to explore - Follow Your Dreams

SELECT Resource Sheet HERE

PATHS TO EDUCATION AFTER HIGH SCHOOL

Discover common pathways: Apprenticeships, Military, Two-Year Colleges, Four-Year Colleges

☐ **Explore** these websites:

Paths to Education after High School
iCAP Indiana Course Access Portal
Degrees & Certificates - Ivy Tech
Compare Credential Types
Learn the Benefits of stackable credentials
Career-ready and transferable degree programs
College Majors & Career Search | Explore your interests for College

Search for apprenticeship jobs and programs on apprenticeship.gov.
Use the MyNextMove.org tool for career exploration and job analysis
Find training programs: compare completion rates, employment rates, and more on TrainingProviderResults.gov.
Visit CareerOneStop.org, your source for career exploration training and jobs.
Explore the Occupational Outlook Handbook (OOH) for detailed information about over 300 occupational profiles.

☐ **Shorten** your list of occupations
☐ **Determine** your DC/DE HS classes
☐ **Reflections**. **Include in your C³**

- 2 Careers-what do you want to do for a living?
- What kind of education/training is needed?
- How will I prepare

Shorten your list of favorite occupations.

It is important to shorten your list of favorite occupations *before or during the early high school years* in order to create your **four-year education plan** (high school courses). List 2-3 possible occupations.

1.

2.

3.

Pathways to Education After High School	
What did you like about the occupations that matched your interests and abilities?	*Describe:*
Prepare **What do I need** to do now to prepare? (Hint eligibility for rigorous courses, goals, extracurricular activities)	*List:*
Determine **What schools/training/work experiences** are needed?	*List:*
Plan **A PLAN to reach my goals. Please describe**: Example: Talk with parents, teacher, advisor, guidance counselor,to ensure that you have study habits, classes, internships, experiences, extracurriculars etc. to reach your goal.	*Describe:*

My Career Goal/s:

The degree(s)/credentials I will need

The future of my career in the labor market

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Step #4 INVEST

Identify time, effort and cost to pursue a pathway/career

INVEST Resource Sheet HERE

- ☐ **Explore** websites below:

What is Questa?

  - **Traditional Scholars Program** (High School Seniors/College Freshmen) – Learn more at https://www.questafoundation.org/traditional-scholars-program
  - **Parkview Opportunity Scholars Program (FWCS Seniors)** – Learn more at https://www.questafoundation.org/parkview-opportunity

  - FAFSA One-Pager
  - Indiana Scholarships Guide Scholarships-One-Pager
  - 529 College Savings Plan for Hoosiers
  - Student Loans in Indiana
  - Indiana College Core cost savings

- ☐ **Review** your HS four-year education plan. Find programs, schools to attend after high school that offer the major(s) needed for the occupation's selection. Note: Compare important features of up to three schools side by side.

- ☐ **Assessing** financial needs including extensive information on financial aid tools to help with FAFSA.

- ☐ **Explore** scholarship and grant opportunities and financial aid for college expenses

- ☐ **Reflections**. **Include in your C³**

- How long will it take?
- How much will it cost?
- How will you pay for it?
- Describe your scholarship/grants and other funding opportunities
- Explain how your scholarship/grant and other funding is like applying for a job. (Hint-resume)

Determine	*School/ Field of Study #1*	*School/Field of Study #2*
How long will it take for your training, certification or degree/s		
How much will training cost?		
Possible Institutional Scholarships/Grants		
Federal Grants		
State Grants		

STARTING THE SEARCH

SCHOLARSHIP DATABASE | INDIANA RESOURCES | INVESTED

Pay attention to details regarding requirements and deadlines

Scholarship/Grants and other funding Be sure to include hyperlink to your resource	**Eligibility - Deadlines** Describe requirements, your suitability or why you will be selected.	**Comments** Describe your challenges in achieving and maintaining eligibility. Note: Share your strengths, abilities, interests, values, challenges, & goals.

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Step #5 GO!

How will I get there?

GO Resource Sheet HERE

REALITY CHECK GOAL setting helps to PLAN in order to have needed credentials and experiences.

- ☐ **Start/update** your Planning Dashboard
- ☐ Is your **graduation plan** current?
- ☐ **Reflections**. **Include in your C³**
- ☐ In what ways do you **feel prepared** to make the transition to college?
- ☐ What are some **steps** you will take to be **better prepared**?
- ☐ What **barriers** have you identified in planning for success?
- ☐ Do you have any **gaps** between your plans and the grades you have achieved? Other challenges?
- ☐ Describe your **academic plan**:
  - AP Courses
  - Dual Credit
  - Dual Enrollment
  - CTE
  - Mentorship
  - Internship
  - Co-curricular
  - Volunteer Activities
- ☐ Where do you see yourself in 5 years?
- ☐ What type of education will you need to achieve your life and career goals?

Not started
In progress
Completed

Planning For Success

This dashboard provides a status/view of your efforts/activities to **EXPLORE**, **ENGAGE** (challenge yourself), and **EXPERIENCE** to be READY for transitions beyond high school. *(Click HERE for a 5 year template) To make a Copy: File >Make a copy*

Planning Dashboard
Explore Create Review Apply Complete Request Earn



STAY ON TRACK (example)
Activities to ensure you are on track for high school graduation and well prepared for postsecondary success.
* 21st Century Scholars Program

Employability Skills DWD Employability Skills Poster		Not started
Goals-Long and Short Term		Not started
O"Net Interest Assessment	*10	Not started
Scholarships Guide- Indiana -Identify scholarships. grants, and other financial aid	*11	Not started
Scholarships Search Tool (Questa)	*11	Not started
COLLEGE How to Pay for it? 101	*9	Not started
College Cost 101(estimating)	*10	Not started
College Success 101 5 years old	*12	Not started
Graduation Plan -create/review	*9	Not started
CHOOSE RIGOR H, AP, DC, DE, ICC High School Plan		Not started
Take a college Entrance Exam, ASVAB etc.		Not started
Resume		Not started
Participate in Extra and, Co Curricular Activities	*9* 10	Not started
C³ College and Career Conversation		Not started
College Application 9/25-9/29 2023	*12	Not started
FAFSA	*12	Not started
Internship		Not started
Job Shadow		Not started
Mentor/Mentorship		Not started

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Congratulations!

- You have now completed all 5 steps for your C^3.
- Next you will create your C^3.
- Create a PPT that is original, creative and that will be fun to share.

☐ **Click below for a 2023-24 C^3**

C3 Template

☐ ***Insert url for C3 2023-24***

My C3 2023-24

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